

# BIKE FRIENDLY BUSINESS



Columbus Public Health is seeking businesses that are interested in creating a more welcoming bicycling atmosphere for employees, customers, and the community. We provide resources to help more employees bike when commuting to work, going to lunch, and traveling to meetings. We can assist you with making your business more bicycle friendly, and help you receive national recognition.

## WHY BECOME A BIKE FRIENDLY BUSINESS? RETURN ON INVESTMENT.

### PARKING

1 parking space can be used to **park 12 bikes**.  
A parking space downtown costs **\$100 + a month**

### PRODUCTIVITY

Regular physical activity increases work performance by **up to 52%**

### ABSENTEEISM

People who cycle take **32% fewer sick days**



### ENVIRONMENT

If everyone left their car at home 1 day a week, nearly **5 million tons of pollution** could be saved every year

### HEALTH

30 minutes of daily bicycling **saves \$544 per person** in annual medical expenses

### TALENT

Nearly **20% of Millennials** ride a bicycle once a week

## HOW TO BECOME A BIKE FRIENDLY BUSINESS

### INFRASTRUCTURE

- Secure bike parking
- Lockers, changing rooms, showers
- Tools, repair station
- Entrance access
- Corporate bike fleet

### ENGAGEMENT

- Federal commuter tax benefit
- Incentive programs
- Bike challenges
- Bike to work day
- Corporate CoGo passes
- Encouragement apps

### EDUCATION

- Workshops and classes
- Social and educational rides
- Share the road materials
- Educational resources
- Commute routing services

### SUSTAINABILITY

- Employee orientation
- Wellness policy
- Survey employees
- Goals and objectives
- Tie into sustainability plans

### HOW WE CAN HELP

- Assessing your place of business for barriers and opportunities
- Connecting you to education providers and resources
- Providing a menu of bicycle friendly policies
- Assisting with your Bicycle Friendly Business application
- Introducing you to encouragement apps, rides and events
- Creating employee surveys



**CONTACT US:** Email: [stulrich@columbus.gov](mailto:stulrich@columbus.gov) | Phone: 614.645.5318

**HELPFUL LINKS:** [BikeLeague.org/business](http://BikeLeague.org/business) | [YayBikes.com](http://YayBikes.com) | [Columbus.gov/publichealth](http://Columbus.gov/publichealth)