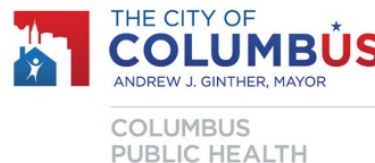


A photograph of a baby being held by a parent, with the baby looking directly at the camera. The image is overlaid with a semi-transparent dark purple rectangle containing text.

Happy Dads. Healthy Babies.

Infant Vitality Toolkit

Dad's Role in Breastfeeding
Breast For Success by Ohio Practitioners'
Network for Fathers and Families

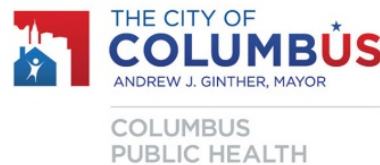


Agenda

- Test Your Knowledge - Pre Test
- Breast for Success for Fathers – Part I
- Breast for Success for Fathers – Part II
- Test Your Knowledge - Post Test



Pre-Test





Question 1

- Which of the following is a benefit of breastmilk?
 - A. Breastmilk is easy for babies to digest
 - B. Breastmilk contains antibodies to help fight infections
 - C. Breastmilk contains special ingredients to promote brain growth
 - D. All of the above



Question 2

- Which of these are signs that your baby is hungry?
 - A. Sucking on their hands, lips, or tongue
 - B. Stretching or increasing motion
 - C. Crying or turning red
 - D. All of the above



Question 3

- True or False:

Dads who know about breastfeeding, give encouragement, and who are positive and supportive about breastfeeding improve mom's breastfeeding success.

A. True

B. False



Question 4

- How can dads help with breastfeeding?
 - A. Help with housework and cooking
 - B. When mom is breastfeeding, help her feel comfortable and relaxed
 - C. If you see baby searching for mom's breast, sucking his fist, or making sucking noises, take him to mom for a feeding
 - D. All of the above

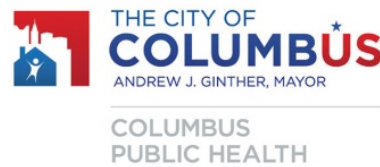


Question 5

- How can dads bond with their breastfed baby?
 - A. Cuddle baby skin-to-skin
 - B. Talk, sit, sing, rock, read to, burp, or diaper the baby
 - C. Make time for just him and baby
 - D. All of the above



PART I



Breast for Success for Fathers – Part I

- Recorded Webinar
 - <https://fccdl.in/WYeY6d6NdX>

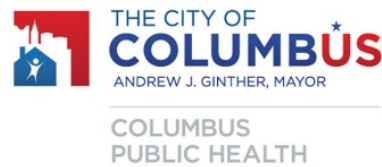
Source: Ohio Practitioners' Network for Fathers and Families, New Beginnings for New Fathers Training Materials, https://opnff.net/nbnf_training.asp

PART I

GROUP DISCUSSION



PART II





Part II

- Recorded Webinar
 - <https://fccdl.in/7nJwAq2hcK>

Source: Ohio Practitioners' Network for Fathers and Families, New Beginnings for New Fathers Training Materials, https://opnff.net/nbnf_training.asp

PART II

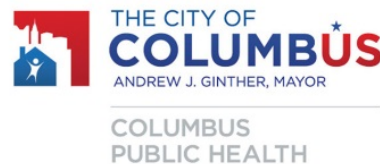
WEBINAR & HANDOUT DISCUSSION



QUESTIONS



Post-Test





Question 1

- Which of the following is a benefit of breastmilk?
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Additional Information

- Ohio Practitioners' Network for Fathers and Families
 - https://opnff.net/breast_for_success_fathers.asp
- Ohio Commission on Fatherhood
 - <https://fatherhood.ohio.gov/>

Local Resource

- Dads2B Program by Turnkey Development Institute
<https://www.turnkeydvi.org/>

