

Infant Vitality Toolkit for Men and Fathers



When dads are healthy, happy, and strong, babies will be too!

The **Infant Vitality Toolkit for Men and Fathers** is a comprehensive online education curriculum with resources that relate to nearly all aspects of infant vitality. As a project of the Ohio Equity Institute (OEI) -- a partnership between the Ohio Department of Health, Columbus Public Health, and CelebrateOne -- this toolkit provides useful content for men of all ages.

Its ultimate goal: to show how fathers can make a world of difference in their child's health.

Overview

Involving men in the pregnancy process and educating them about their role in infant care is an often overlooked, yet significant way to protect and improve the health status of their babies. The Infant Vitality Toolkit for Men and Fathers is a resource that can help do just that! Whether fathers are looking for information on their own or in a group setting, this Toolkit provides valuable resources. It takes all of us -- including fathers -- to ensure that all babies see their first birthdays and beyond.

Program Details

- **Curriculum:** Gathered from a multitude of online sources
- **Total Number of Lessons:** Twelve (12)
- **Duties of Host Agency:**
 - Meeting space
 - Pen or pencils for participants
 - Attendee handouts
- **Data Requirements:**
 - Assessing Change in Knowledge
 - Pre-test given at the beginning of each lesson
 - Post-test given at the end of each lesson
- **Included Materials:**
 - Curriculum guide
 - Facilitator guide
 - Facilitator tools
 - Supplemental materials for men, fathers, and facilitator

**Note that a computer/projector may be useful for facilitation of discussion (not provided with Toolkit)*