No Hassle Birth Control

S Here. Get it and forget it. Find reversible, safe, reliable birth control that fits your busy lifestyle. Low-maintenance options are available at these locations.

Find a Provider

Columbus Public Health*

Women's Health Family Planning Center 614-645-1850

Nationwide Children's Hospital 614-722-6200

- Adolescent Medicine BC4Teens
- Adolescent Medicine BC4Teens Linden 3
- Adolescent Medicine Dublin Close To HomeSM Center
- Close To HomeSM Center East Broad
- Pediatric and Adolescent Gynecology -Dublin Close To HomeSM Center

Pediatric and Adolescent Gynecology -Main Campus

OhioHealth

- Doctors Hospital Women's Health Center 614-544-1006
- Grant Family Medicine East Main 614-566-0950
- 10 Grant Family Practice SW Grove City 614-566-0987
- 11 Grant Medical Center Outpatient Center 614-566-9108
- 12 Riverside Methodist Hospital OB/GYN Community Care 614-566-5757

- 13 Wellness on Wheels South HS 614-566-9989
- 14 Wellness on Wheels Walnut Ridge HS 614-566-9989
- 15 Wellness on Wheels East HS 614-566-9989
- 16 Wellness on Wheels Van Buren Shelter 614-566-9989
- 17 Wellness on Wheels Northland HS 614-566-9989

Ohio State University

- 18 OSU Family Medicine at CarePoint East 614-688-6490
- 19 OSU OB/GYN Clinic at McCampbell Hall 614-293-8045
- 20 OSU Family Medicine at Thomas Rardin 614-293-2700

Planned Parenthood*

800-230-7256

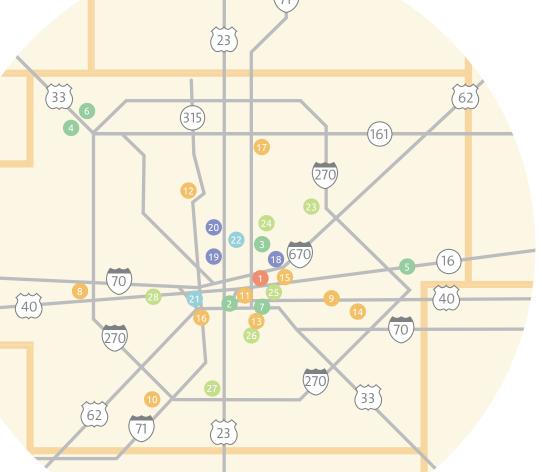
- 21 Franklinton Health Center
- 22 North Columbus Health Center

PrimaryOne Health

614-645-5500

- 23 Agler Road
- 24 East 17th Avenue
- 25 East Main Street
- 26 Parsons Avenue
- 27 South High Street
- 28 West Broad Street

^{*} Birth control available without parental consent







Is the IUD or implant the right birth control for your lifestyle?

Did you know that the IUD and implant are 20 times* more effective than birth control pills, the patch or the vaginal ring? Find out if an IUD or implant is right for you.

Get built-in, fail proof birth control
—IUDs and implants
work every time,
all the time.

The effects
are completely
reversible when the
IUD or implant is
removed.



Implant

More than 99% effective

Lasts for 3 years

A tiny plastic rod placed under the skin of the upper arm by a health care professional



Non-Hormonal IUD

More than 99% effective
Lasts up to 10 years
A small T-shaped device
made of plastic and
copper placed into
the uterus by a health
care professional



Hormonal IUD

More than 99% effective Lasts up to 3 or 5 years depending on type

A small T-shaped device made of plastic placed into the uterus by a health care professional

	Implant	Non-Hormonal IUD	Hormonal IUD
I don't plan to get pregnant for at least a year	•	•	•
I want birth control that I don't have to remember to take every day, week or month	•	•	•
I can have it removed at any time if I want to become pregnant	•	•	•
I want birth control that can make my periods lighter and less painful	•	•	•
I want birth control that does not contain hormones	(7)	•	•

For more information, visit

www.celebrateone.info www.ohiobetterbirthoutcomes.org www.bedsider.org

Ohio Better Birth Outcomes (OBBO) collaborative is a partner in CelebrateOne, a community-wide initiative to reduce infant mortality and help more babies celebrate their first birthdays. For more information and resources, visit www.celebrateone.info and www.ohiobetterbirthoutcomes.org.

Mount Carmel Health System does not promote, condone or endorse all the values expressed herein. While Mount Carmel is a member of OBBO no resources from Mount Carmel were used in the development or dissemination of this document.

Even when using an IUD or implant, always use condoms during all sexual encounters. Only condoms protect against STIs and HIV, the virus that

^{*} The American Congress of Obstetricians and Gynecologists and the American Academy of Pediatrics. (2014). Long-acting reversible contraception (LARC): IUD and implant. FAQ 184. Retrieved from www.acog.org/Patients/FAQs/Long-Acting-Reversible-Contraception-LARC-IUD-and-Implant.