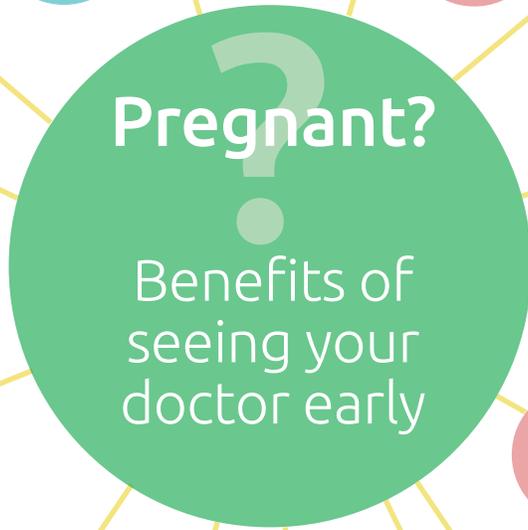


STEP ONE

For a Healthy Pregnancy



Track your baby's development

Get the care needed to help you deliver a healthy, full-term baby

Get important information on women's health

Support for emotional and physical needs of pregnancy

Detect any potential health concerns

Prepare you for baby's delivery

Call **614-721-0009** or visit celebrateone.info/StepOne



Learn about nutrition for your baby

Understand the benefits of breastfeeding

Learn about what you should and should not eat while pregnant

Build a better understanding of well-baby care

Connection to programs and community resources