Zika is an illness mostly spread by mosquitoes. Infection during pregnancy may be linked to birth defects in babies. If you are visiting a Zika-affected area (find out where at cdc.gov/zika), take steps to prevent mosquito bites.

Travelers to Zika-Affected Areas

PREVENT ZIKA

- Use insect repellent.
- Use air conditioning or window/door screens.
- Wear long-sleeved shirts and long pants.
- Use condoms or abstain from sex to avoid sexual transmission.

LEARN MORE at columbus.gov/zika

This message was developed in partnership with Columbus Public Health, Franklin County Public Health, Mount Carmel Health System, Nationwide Children’s Hospital, OhioHealth, and The Ohio State University Wexner Medical Center.