

# SCHOOL-BASED SUPPLEMENTAL HEALTH SERVICES INFORMATION FOR PARENTS & STUDENTS

School-Based Supplemental Health Services are being offered to any CCS student through a partnership of Columbus City Schools (CCS), Columbus Public Health (CPH), Nationwide Children's Hospital (NCH) and OhioHealth. The goal is to help improve the health and well-being of students so that they can be successful in school. The health services offered provide quality healthcare in a friendly and familiar school setting at a time that works well for the student and family. We are not trying to replace your regular source of healthcare. **School nursing and emergency services will still be provided as always whether or not you choose to take part in these added services.** Some Supplemental Services may not be available at all CCS school buildings (check with your school nurse for questions about service availability). **No child will be denied care due to inability to pay for services.**

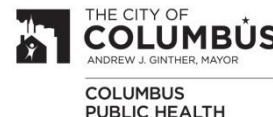
## To Receive School-Based Supplemental Health Services

If you would like your child to receive these School-Based Supplemental Health Services:

1. Keep this handout for your information
2. **Sign the consent form** (4 pages)
3. **Return the consent form** to your child's school
4. Throughout the school year, notify the school nurse with all updates or changes to your child's health condition(s), immunization (shot) records, medications or health insurance.
5. The Notice of Privacy Practices forms for CPH, NCH and OhioHealth, and blank consent forms are available at any CCS school building upon request. They can also be viewed online at: <http://columbus.gov/schoolbasedhealthservices/>
6. A signed consent form will remain valid throughout the 2016-2017, 12 month academic year unless revoked by you, in writing, to have your child removed from services
7. Questions? Talk with your school nurse or call 3-1-1 (614-645-3111)

## Columbus Public Health Services

**Alcohol and Drug Abuse Program** - Provide health education and counseling for the prevention of risk-taking behaviors such as: drug and alcohol use, smoking, as well as education on abstinence and pregnancy prevention, sexually transmitted infections, and HIV, as age appropriate. Art, games, books, and videos may be used to introduce topics. Any artwork that your child completes may be used for educational purposes, art exhibits, slide shows, etc. No names or identifiable information will be used. Available programs include: Leadership Resiliency; Saving Our Selves; You're Extra Special; Application, Purpose, Pride, and Success; and after-school/summer program. More information can be found online: <http://columbus.gov/publichealth/programs/alcohol-and-drug-abuse/>. This is a free, grant-funded service provided by Columbus Public Health. You or your insurance will not be billed.



**Dental Sealant Program** - Teams of dental hygienists and dental assistants provide a dental screening (tooth check) and dental sealants (protective plastic coatings to prevent cavities) on back permanent molars of 2nd and 6th graders. Sealants are easy to apply and there are no drills or needles. Sealants will be checked the year after they are placed, and reapplied if needed. More information can be found online: <http://columbus.gov/dental-sealants/>. Insurance is billed when possible to help cover costs and keep the program operating. If you do not have insurance, there is no cost to you for these services. You will not be billed.

**Immunization Program** - Columbus Public Health nurses give required and recommended immunizations (shots) to students. This includes Tdap [Tetanus (lockjaw), Diphtheria, Pertussis (whooping cough)] which is required for all students entering 7th grade, Meningococcal (MCV4) which is required for all students entering 7<sup>th</sup> and 12<sup>th</sup> grades and the seasonal influenza (flu) immunization. Children and teens that are not up-to-date with their age-appropriate immunizations may receive: DTaP/Tdap, Hepatitis B, MMR (measles, mumps, rubella), Polio, Varicella (chickenpox), Td (tetanus), Hepatitis A, HPV and Meningococcal (meningitis). A VIS or Vaccine Information Statement handout that explains the benefits and risks of an immunization will be sent home with your child before each immunization is given. This information about all immunizations is also available online: <http://www.cdc.gov/vaccines/hcp/vis/index.html>. On the day that vaccines are given, written notice of the immunizations received will be sent home with your child. The *Vaccines For Children (VFC) Program* provides free vaccines to children who are: Medicaid-eligible; without insurance; American Indian or Alaska Native; or underinsured. Medicaid and private insurance is billed. You will not be billed.

**Maternal Child Health Program** – A nurse, social worker or outreach worker is available to conduct a pregnancy test for female teenagers. Results of the urine (pee) pregnancy test are given at the time of the test. If the test is positive (pregnancy is present), a proof of pregnancy statement will be given to your teen and referrals to community resources will be provided if needed. Testing includes teaching on ways to prevent teen pregnancy as well as the prevention of Sexually Transmitted Diseases (STDs). This is a free, grant-funded service provided by Columbus Public Health. You or your insurance will not be billed.



**STD Prevention Program** – Offers quality services to test and treat Sexually Transmitted Diseases (STDs), including chlamydia, gonorrhea, syphilis and HIV. Teens having any kind of sex should know about and be tested for STDs. Some common STDs may not have symptoms or the symptoms may go away without treatment, even though the infection is still in the body. Routine screening is the best tool to prevent and treat STDs. Testing includes teaching a teenager individually about ways to avoid STDs that are focused to your child. Testing may include giving a urine (pee) sample, a blood draw, a finger stick, and/or a mouth swab. Anyone with a positive test result (sexually transmitted infection is present) will be followed up with for treatment. Insurance is billed when possible, however if you do not have insurance, there is no cost to you for these services. You will not be billed.

## Nationwide Children's Hospital Services

**School-Based Behavioral Health Program** - Provides in-school and in-home services to students and their families who have barriers to school success not related to school work (such as attendance problems/school avoidance, disruptive behavior in class, depressed mood, excessive worry, anger outbursts, panic attacks, bullying, alcohol or drug use/abuse, family conflict, reactions to traumatic events, grief/loss, peer conflict, social isolation, loss of interest/motivation in life or fun activities, or suicidal writings, thoughts, comments, and/or actions). Services offered include therapy and family interventions. School-based clinicians typically have two contacts per week with the student, including home visits involving the family, as well as meeting with school staff. School-wide prevention support is also available through: PAX Good Behavior Game, Signs of Suicide, Too Good For Violence and skill streaming groups. Ongoing (24/7) crisis support is also provided for students involved in the program. Sessions do continue through school breaks and snow days; referrals may be made for psychiatric care or other NCH programs, if needed; and that the length of treatment will vary depending on the needs of the student and family. Medicaid or your private insurance will be billed for these services. To the extent any of these services are not covered by your insurance, you may receive a bill.



**School-Based Primary Care Services** - A nurse practitioner will provide health services for children and adolescents in many of the Columbus City Schools. The goal of providing care at school is to keep your child healthy with regular physical exams, vision, hearing, developmental checks, and immunizations against diseases. Nurse practitioners will also be available to see your child when they are sick or injured and for specialized care including sports physicals and reproductive health. You, and/or your teenager, may have concerns about their reproductive health. Our nurse practitioners can also provide health education and care about menstrual (period) problems, abstinence counseling and pregnancy prevention, STD screening and treatment, and referrals to other health providers, if needed. To help teens lead a healthy life, information and services will be given about healthy weight, drug, alcohol and tobacco use prevention, and how to avoid teen pregnancy and sexually transmitted diseases, including HIV/AIDS. Unless prohibited by law from doing so, a summary of services provided and recommendations for follow up (if needed) will be sent home with your child and will also be sent to your child's primary care physician. A VIS or Vaccine Information Statement handout that explains the benefits and risks of an immunization will be sent home with your child before each immunization is given. This information about all immunizations is also available online: <http://www.cdc.gov/vaccines/hcp/vis/index.html>. Medicaid or your private insurance will be billed for these services. To the extent any of these services are not covered by your insurance, you may receive a bill.

## OhioHealth Services

**Wellness on Wheels Sports Physicals** - OhioHealth has offered Sports Physicals to the Central Ohio Community since 1998 via Wellness on Wheels. Students will have access to a free physical examination to help determine whether it's safe for them to participate in a school sport. If there are no health issues that would prevent them from safely participating in a particular sport, the doctor will sign and approve. If any concerns are identified that need follow up or if more evaluation is needed, the doctor will share these issues with the school nurse and the parent or guardian. In these situations the student may not be cleared for participation. Our goal is to increase students' ability to participate in sports but to ensure that they are healthy enough first. The student and parent must complete the History Form of the Ohio High School Athletic Association Pre-participation Physical Evaluation before having the sports physical. This is a free service provided by OhioHealth. You or your insurance will not be billed.



## Payment Assistance For Services

*No child will be denied care due to inability to pay for services.* **We can help if you need assistance applying for or checking the status of Medicaid.** You can stop by the Columbus Public Health Resource Room (240 Parsons Ave). No appointment needed; wait times may vary. One-on-one help is available: Monday 9am-5pm, Tuesday 11am-3pm, Wednesday 9am-1pm, Thursday 9am-5pm, and Friday 11am-3pm. You can also contact Franklin County Department of Job and Family Services at 614-233-2000 or the Ohio Medicaid Consumer Hotline at 800-324-8680.