

Xaqiiqaha Cagarshow C



Aasaasyada

Waa maxay Cagarshow C?

Cagarshow C (HCV) waa cudur fayris ah oo saameya beerka wuxuuna sababi kar cudurka beerka oo halis ah. Ku dhawaad afar milyan oo qof oo Mareykan ah ayaa qaada Cagarshow C.

Waa maxay Astaamaha?

Astaamaha Cagarshow C sida caadiga waa u yar. Xaqiiqdii, 4 qof 3 ayaa qaada Cagarshow C aan laheyn astaamaha wuxuuna qaadis karaa kuwa kale iyada oo aan la ogayanin. Waxay qaadan kartaa dhowr sano laga bilaabo watiga uu qofka qaaday fayris ka hor inta aysan astaamaha soo bixin, sida daal badan, beerka oo babara, kansarka beerka, ama beerka oo shaqeyn waaya.

**4 qof 3
ayaa qaada
Cagarshow
C aan laheyn
astaamaha.**

Xaqiiqaha Caabuqa

Sideen ku Qaadi Karaa Cagarshow C?

Cagarshow C wuxuu aad ugu fiidaa dhiiga. Tani waxaa laga yaaba inuu ku dhacdo:

- Qaadaashada dhiig kuu shubida, beerida xubin ama waxyabaha dhiiga ka hor ku tabarucida qaaba baaritaanka waa in la meelayaa (1987).
- Isticmaalka daawoyinka IV, ama wadaagista cirbadaha iyo aagadaha.
- Helista kalyo dhaqsita mudado dheer.
- Ka shaqayenta shaqooyinka halkaas oo u ugu soo gaaro dhiig, sida daryeelka caafimaadka, EMS ama studiyah farshaxanka jirka.
- Cirbadaha aan nadiifka aheyn loo isticmaalo shabaada ama durista jirka.

Waa Qaarka mid ah Qaabka aan ku QAADI Karin Cagarshow B?

Ma qaadi kartid Cagarshow C qof kale:

- Hindhiso ama qufac
- Laab gelin
- Taabasho ama Salan
- Dhunkasho
- Wadaagista maacunta cuntada ama galasyada cabitaanka
- Cagarshow C ma ku faafo cuntada ma biyaha.

Macluumaad Dheeraad ah

Caafimaadka Dadweynaha Columbus

(614) 645-1474 / www.publichealth.columbus.gov

Mu'asada Beerka ee Mareykanka (The American Liver Foundation)

800-465-4837 / www.liverfoundation.org

Mu'asadada Caalamiga ah Cagarshowga (The Hepatitis Foundation International)

800-891-0707 / www.hepfi.org

Xarumaha Ka hortagga iyo Xakameynta Cudurka (CDC) Faraca Laanta Cagarshow C

888-443-7232 / <http://www.cdc.gov/hepatitis>

Mashruuca Taageerada Cagarshow C

www.HCVadvocate.org

Caawi-4-Caga - 877-435-7443 / <http://help4hep.org/>

Baaritaanka laga Helay Cagarshow C

Waxaad u Baahantahay Daryeelka Dhakhtar

- Cagarshow C waa cudurka halista ah ee beerka taas oo ah in la raaco dhakhtar, xitaa haddii aad dareemeyso fiicnaan.
- Haddii laga helo Cagarshow C, la xiriir dhakhtar si loogu daaweyo.

Waxaa laga inaad Halis gelineyso Kuwa Kale.

- Cagarshow C ayaa lagu qaadis karaa kuwa kale taabashada jirka qof qabo iyada oo loo galmoonayo iyo la wadaagayo buraashka ilkaha, sakiimaha ama cirbadaha.
- Haddii laga helo Cagarshow C, fadlan la xiriir dadka laga inay helis ugu wax ka mid ah sababahan.

Waxaad ka Caawin Kartaa Kuwa Kale.

Haddii qabto Cagarshow C, waad ka ilaalin kartaa kuwa kale inaysan qaadin iyada oo la raacayo sharciyada guud ee socda:

- Ha la wadaagin agabyada nadafada gaarka ah ee ku jira dhiiga sida burushka ilkaha ama sakiimaha.
- Xiro cinjir xiliga galmada
- Nadiif dhicnaha dhiiga ku dar riinijiga qoyska (1/2 koob oo riini ah ia 2 1/2 koob oo biyo ah).
- Ku dabool dhaawacyad Faashad.
- Ha ku tabarucin dhiigam xubin, ama xuubka jirka.
- Ha la wadaagin cirbadaha maandooriyaha xashiisada "istorowga" qofna

Waxaad laga yaabaa Inaad rabto Inaad weydiso Su'aalo

Haddii aad rabto inaad ka hadasho wax ku saabsan qabista Cagarshow C, fadlan wac Caafimaadka Dadweynaha Columbus (614) 645-1474

Dadka waa weyn 100 kiiba ayaa qaba Cagarshow C

75-80 ayaa qaba Cagarshow C darran

60-70 ayaa qaba cudurka beerka oo darran

5-20 ayaa qaba nabarka beerka

1-5 ayaa u dhinta cudurka beerka ama kansar

Haddii laga helay Cagarshow C ama aad u maeelayso inaad halis ugu jirto, hadda raado daryeel si laga caawiyo ka hortga dhibaatooyinkan.

CAAFIMAADKA DADWEYNAHA
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