

EXECUTIVE SUMMARY

This Community Health Assessment is the result of a broad collaborative effort and is intended to help the local public health system better understand the health needs and priorities of the Worthington, Columbus and Franklin County community. To develop a complete picture of the health and well-being of our community, data were drawn from national, state and local sources. The assessment included a systematic process and a multi-stakeholder effort, where a broad range of local organizations worked together to identify health indicators and subsequent health priorities that, if addressed, will improve the health of community residents. In addition, local jurisdictions in Ohio are required by the state health department to align with at least two of the state-selected health priorities and at least one health outcome within those priorities.

Over 1.25 million people live in Franklin County, making it the second most populous county in Ohio. With over 849,000 people, the city of Columbus makes up almost 68% of the Franklin County population. Franklin County has wide variations in socioeconomic level and is experiencing rapid growth, particularly among the aging, Hispanic and Asian populations.

Below are key indicators related to selected health priorities, and those we believe are most impactful to the health of residents in our community. Residents can find this full report at www.columbus.gov/publichealth/.

SOCIAL DETERMINANTS

A growing body of knowledge tells us that health is not only the result of personal behaviors, but is also impacted by our homes, schools, workplaces and communities.

In Franklin County:

- 18% of residents are living below the poverty level which is higher than for Ohio.
- Almost 17% of adults age 18 to 64 are uninsured.
- The violent crime rate is 40% higher than the rate for Ohio.

MENTAL HEALTH AND ADDICTION

Mental health and substance use disorders can have a powerful effect on the health of individuals, families and communities.

In Franklin County:

- 1 in 5 adults has been diagnosed with a depressive disorder.
- 1 in 10 adolescents (those age 12 to 17 years) has been diagnosed with a depressive disorder.
- The rate of suicide is 11.8 per 100,000 and the highest rate is among non-Hispanic White males.

MENTAL HEALTH AND ADDICTION, *CONTINUED*

- Approximately 1 in 8 Franklin County residents reports illicit drug use in the past month.
 - 1 in 12 of those age 18 to 25 years reported needing, but not receiving, treatment for illicit drug use in the past year.
- The rate of unintentional drug overdose deaths increased between 2011 and 2015 with the largest increase of 42% between 2014 and 2015.
- The rate of EMS runs for suspected poisoning or drug related ingestion increased 162% between 2012 and 2014.

CHRONIC DISEASE

According to the Centers for Disease Control and Prevention, chronic conditions are among the most common, costly and preventable of all health problems.

In Franklin County:

- Heart disease is the second leading cause of death.
- Over 60% of adults are overweight or obese. Individuals who are obese are almost twice as likely to suffer from arthritis, COPD, diabetes and heart disease.

MATERNAL AND INFANT HEALTH

Maternal and Infant Health indicators are often the most sensitive predictors of a community's overall health and well-being. Together, they help tell a story about how health and social services delivery systems affect the quality of life of our most vulnerable residents.

In Franklin County:

- Nearly 9% of all births were born low birth weight (< 2,500 grams or 5.5 pounds).
- Almost 11% of all Franklin County births were preterm (< 37 weeks gestation).
- The overall infant mortality rate is 7.7. A total of 147 infants died before reaching their first birthdays.
 - Since 2000, Franklin County's non-Hispanic Black infant mortality rate has been 2.5 times higher on average than that of the non-Hispanic White population.

OTHER IMPORTANT FINDINGS

Infectious Disease

Sexually Transmitted Infection rates are much higher in Franklin County than in Ohio and the U.S. overall.

- In Franklin County, the chlamydia rate is 40% higher than the rate for Ohio. Among Franklin County ZIP codes, rates range from 5.9 to well over 2,000.
- In 2014, a syphilis outbreak was declared by local public health in Franklin County.

Health Behaviors

- 20% of Franklin County adults are current smokers.

Food Insecurity

- 17.9% of Franklin County households are food insecure and 21.8% of households with children are food insecure.



COLUMBUS
PUBLIC HEALTH