

CHRONIC DISEASE PREVENTION ADVISORY BOARD

AGENDA

DATE & TIME

February 23rd, 2017
2:00pm-4:00pm

LOCATION

Columbus Public Health, 240 Parsons Ave, Columbus, OH 43215 – 119C

ATTENDANCE

Joyce Johnson (Breathing Assn.), **Kate Whitman** (Mt Carmel), **Emily Fisher** (CPH), **Sarah Ginnetti** (ODH), **Elise Fester** (CPH/CDC), **Steve Aumiller** (CRPD), **Cayla Orr** (CPH), **Kristin Peters** (FCPH), **Brandon Kimbro** (Healthy Columbus), **Shalini Madireddy** (CPH), **Jackie Broderick-Patton** (CCS), **Harry Pukay-Martin** (Worthington Resource Pantry), **Ali Segna** (HCHW/GHKC), **Dana Dorsey** (CPH/CHC), **Harmony Cox** (United Way of Central Ohio/FFH), **Ladonya Brady** (CPH/Mount Caramel), **Grant Seredick** (CCS), **Amanda Shreve** (Student), **Jonathan Youngman** (Franklinton Cycleworks), **Brad Draper** (LSS), **Casey Slive** (Mt Carmel), **Amber Jones** (CPH/CHC), **Scott Ulrich** (CPH/HP), **Jane Acri** (COAAA), **Phil Hanson** (CPH), **Geno Bailey** (CPH), **Cheryl Sells** (Y2Y/Comp Drug), **Kelly Hill** (CPH), **Barb Seckler** (CPH), **Joe Mazzola** (FCPH), **Berrie Mabins** (ODA), **Katie Stone** (CPH), **Scott Ulrich** (CPH), **Alex Smith** (DoD), **Kate Moening** (SRTS), **Anna Mendlein** (CPH)

AGENDA

2:00-2:05 **Welcome and Introductions** – *Scott Ulrich*

- Get cardstock for next meeting to make name tents with name and organization

2:05-2:25 **Upcoming Events & Group Updates** – *Katie Stone*

- **How to view Check-In Form**
 - People found it difficult to use, and needed more insight as to why we are using it
 - Agency updates will be done from the google form, don't feel like you have to have an update from your agency
 - Broken down by categories
 - Really important to fill form out whenever its sent out, we had 22 responses from last meeting
 - The second link on the slide goes to an excel spreadsheet that shows what every agency is doing, it's a live form
 - See slides for breakdown of polling
- **Member Updates - PSEC Breakdown**
 - Healthy Gatherings Workshop (April 25th), register by April 7th (online) the first 50 receive healthy gatherings kit. Register online at Columbus.gov/healthygatherings.
 - Breathing Association- based on mayo clinic, week long course to become a certified tobacco specialist, cost \$1000
 - April is Minority Health Month, see attached events- Mexican Consulate, Story Telling Training, Somali fair

- Story Telling training is for CPH employees and for members for the community, tell stories about what we are doing (April 12th, 1:30-3:00pm)
 - AHA policy change-Tobacco for 21 and tax increases
 - Mobile app for Celebrate One has launched for Linden area. Community driven projects, connects residents with resources, incentives to get involved
 - United Way Fresh Foods Here program (FFH) has 6 new stores that will be up and operational in March
 - Application for Safe Route to school grant for helmet safety signs
- **Other pressing updates**
 - CDPAB meets bimonthly
 - Summer registration for Rec and Parks camp March 16th- Outdoor adventure camps fills up in 10 minutes
 - ODT active transportation, an announcement with webinar 3 day conference to address active transportation policy, and help with planning (march 14th)-community based training (additional information will be sent out upon request)
 - Youth to Youth 2 day leadership retreat for Middle School students, focuses on prevention and education skills, open to franklin co students
 - Walk with the Doc program starts April 1st, with 4 locations around the city

2:25-2:40 Regular CDP Updates

- **Tobacco Free Collaborative – Amber Jones**
 - Next meeting is April 12th
 - Looking to connect more faith based mental health, and disability organizations. If you have connections, please contact Amber
 - 45 communities that are smoke free- that impacts over 3,000 people
 - Shelters are increasing their smoke-free enforcement (due to limited space)
- **Build Grant-Scott Ulrich**
 - Submitted application for grant, \$250K grants with match from hospital (total \$500,000)
 - Mt Carmel joined in that effort and committed to match
 - Working with Franklinton for active commuting (Bike friendly Franklinton)
 - Support for Franklinton Cycle Works programming and initiatives
 - Franklinton loop
 - Connectivity- including parks, schools, trails, paths, community organizations, and hospitals
 - Expanding COGO bike share
 - Possibly creating subsidies for memberships to make them more affordable
 - Should know by next meeting if invited to round 2
- **Breaking CDP News – Elise Fester**
 - CDC- the real cost campaign initiative- around 350K teens were prevented from smoking
 - Russia to ban cigarettes for people born after 2015
 - Finland-national tobacco free goal by 2040

- CDC- kids are too caffeinated and sugared out leading to an increased risk for T2DM
- Fair health states there are more kids that are chronically ill
- ASTHO: kids are policy priority
- Active Transportation- Ohio house bill 154- need 3 ft. when passing bicyclist
 - Starts as a law in March 19th 2017

2:40-3:10 Member Engagement Survey Results – Ladonya Brady & Elise Fester

- 23 surveys were completed, 19 face to face, and 4 email respondents
- Limitations:
 - Some people had not attended a recent meeting
- Common Themes:
 - People wanted to see a defined purpose, clarifying the mission and vision of the group, and defined reachable goals
- Why people participate:
 - To contribute to long term permanent social change
- Barriers for participations:
 - Time of day/day of week, dependent on current programs, history of the productivity of the meeting
- 70% are willing to take on roles and tasks with the group
- 100% of people like meetings at CPH, but are open to other sites, 62% would be willing to host at their sites
- Should have more involvement with local officials, attend meetings or get meeting updates
- Send out a skills survey, members can see where their skills can help the group

3:10-3:15 Activity Break – Katie Stone

3:15-3:30 Health Works Franklin County (Healthiest Cities Challenge) – Joe Mazzola

- Joe Mazzola is our Franklin Co Health Commissioner
 - Website: www.franklin.oh.networkofcar.org/ph
- The goal of 'Health Works' is to expanding our Public Health system, but this is not new initiative
- This model is needed to improve the work of the public health system, it's the missing piece to bring together more policies, planning, and data
- The 5 domains:
 - health behaviors, community safety, build environment, soc/eco factors, environmental exposure
- Outcomes for project listed on handout (FAQs)
- Bring plans together, give opportunities for synergy
- There is a steering committee with 30-40 organizations involved
 - Meeting next week March 28th at 1pm located at Franklin County Public Health
- 'Health Works' would like the CDPAD to work with the domain for Healthy Behaviors, specifically looking at the model policies
 - Healthy Domain should focus on Tobacco, Nutrition, and Physical Activity
 - Possibly other domain of Built Environment (to include food deserts, and active transportation)
- For additional information please visit www.healthworks.franklinco.org

3:30-4:00 **Small Group Goal Development and Report Out** – *Joe Mazzola*

- Based on 3 “Health Works” Outcomes
 - Space during gaps in time, and identify what they can do- connect with Kate Moening, to promote physical activity and healthy eating
 - Where mission and visions overlap and find that common theme to focus in on and capitalize on those themes
- CDPAB is happy to serve the role in the healthy behaviors domain
- Reserve space on the agenda for future meetings to discuss the health works project
- Might be a way to tie in mental health to our group (reoccurring theme)

4:00 **Wrap-up, Networking, Adjourn**