

## CHRONIC DISEASE PREVENTION ADVISORY BOARD

# AGENDA

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### DATE & TIME

June 22nd, 2017  
2:00pm-4:00pm

### LOCATION

Columbus Public Health, 240 Parsons Avenue

### ATTENDANCE

Berrie Mabins (Ohio Department of Administration), Elise Fester (CPH), Cory Swwland (AHA), Ladonya Brady (Mt Carmel), Cheryl Graffagnino (CPH), Emily Fisher (CPH), Amelia Costanzo (MORPC), Carleah Garland (CPH), Harmony Cox (United Way of Central Ohio), Brandon Kimbro (Healthy Columbus), Amy Headings (Mid-Ohio Food Bank), Caroline Parker (YMCA), Joe Mazzola (FCPH), Autumn Trombetta (CPH), Ali Segna (CPH), Dana Dorsey (CPH), Katie Stone (CPH), Jackie Broderick-Patton (CCS), Julie McMahan (Komen Columbus), Scott Ulrich (CPH), Betsy Blakley (CPH), Shalini Madireddy (CPH), Kelly Hill (CPH), Barb Seckler (CPH), Ashton Grigley (FCPH)

### AGENDA

2:00-2:10 **Welcome and Introductions** – *Katie Stone*

- Include name and organization

2:10-2:30 **CDPAB Member Updates** – *Katie Stone*

- Check-in Form
- Member Updates – PSEC Breakdown
  - Job posting for a new SRTS program Manager (Contact Scott Ulrich for more information [Stulrich@columbus.gov](mailto:Stulrich@columbus.gov))
  - Hiring PM1 for Healthy Food Access (Contact Cheryl Graffagnino at [Clgraffagnino@columbus.gov](mailto:Clgraffagnino@columbus.gov))
  - 2018 RFP released for Creating Healthy Communities
  - Seeking a new graduate student intern for Creating Healthy Communities Program (contact Katie Stone at [Klstone@columbus.gov](mailto:Klstone@columbus.gov))
  - MORPC is seeking graduate student intern—Active transportation (city and regional planning) MORPC website (contact Amelia Costanzo at [acostanzo@morpc.org](mailto:acostanzo@morpc.org))
  - *Policy Changes*
    - *Tobacco 21* - working on an educational campaign for store owners, youth, community members etc.

- *Lutheran Social Services*—starting to work towards taking all of their properties smoke-free (with technical assistance from CPH)
- *American Heart Association*—working on budget bill for tobacco tax (1.00/per pack tax increase)
- Preventative breast/cervical cancer screenings—expand access
- *System Changes*
  - *Columbus Public Health*—Veggie SNAPS trying to expand to state-wide network (Produce Perks will be the official state-wide network name)
  - Nationwide Children’s program to educate on healthy eating and get prescription for foods to use at Farmers markets
  - *Healthy Children Healthy Weights*—funds from ODH to convert 15 hours of curriculum for early care and education into interactive online modules and live webinars to pilot by September 2017
  - *Worthington Resource Pantry*—summer feeding programs are being planned 3 seminars on healthy eating will be provided this summer with 2 separate chefs
  - *Central Ohio Greensways*—someone suffering from chronic illness can get a prescription from doctors for physical activity (walking on close trails/parks)
  - *Mid-Ohio Foodbank*—expanding food is health program
- *Environmental Changes*
  - *SRTS*—helmet promoting signage at CCS bike racks
  - *Smoke-Free Around Baby and Me campaign*—educational campaign (billboards, bench ads, media buys, magnets, and print materials)
  - *Creating Healthy Communities*—implemented bike share program in Franklinton; partners are Mount Carmel, FUEL, Franklinton Cycle Works, Dowd, St John’s Episcopal Church; had a bike festival in June (hope to make annual)
- *Acknowledgments*
  - *Columbus Public Health*
    - Smoke-free initiatives program—assisted with updating Rec and Park tobacco/smoke-free policy
    - Institute for Active Living—healthy food fund for Franklinton Bike Fest
  - *Bike Friendly Franklinton*—Bike Festival



- *Columbus City Schools*—Awarded the 2017 Farm to School Grant (apples; provide fruit/vegetable processing line to allow the schools to use fresh field washed apples to use in the schools) help them work directly with farmers ; all apples are coming from Ohio producers. This will cut down on waste from apples
- *Rec and Parks*—expand tobacco policy to include language around e-cigarettes and extended policy to include trails
- Central Ohio Greenways website was launched—map that shows the trails in the community (even an interactive map)
- MORPC hosted another river fest event (500 people out on the water) to kayak and canoe. A lot of minorities were represented and children.
- *Health Works Franklin County*—thanks to CDPAB for serving on the steering committee for Chronic Disease
- Franklin County Public Health holding 5 forums for Community Health Assessment

#### 2:30-2:50 **Affordable Care Act Update** – *Emily Fisher*

- May 24<sup>th</sup> House passed the AHCA to replace ACA; Senate drafted own version that came out today (6/22)
- AHCA eliminates
  - Individual penalties for not having health coverage
  - Penalties for employers that do not offer coverage
  - Cost sharing reductions in the marketplace (2019)
  - States option to expand Medicaid (2018)
  - Medicaid enrollment for new enrollees (2020)
  - Retroactive coverage for enrollees in Medicaid
  - The Prevention and Public Health Fund
- AHCA Changes
  - Premiums and penalties
    - Marketplace—insurers can charge 30% more for one year for enrollees who had a break in coverage of more than 62 days in the previous year
    - Changes financial assistance eligibility from income based to age based (places burden on older Americans)
    - Allows premiums to be up to five times higher for the oldest individuals, compared to the current threefold max in place now

- Allows for insurers to charge more for those with pre-existing conditions (anything ranging from asthma, pregnancy, any chronic conditions, cancer)
  - High Risk Pools—AHCA allocates a max of \$128 billion over nine years, but even the least expensive high-risk pool option would cost around \$359 million over 10 years of all states set them up
  - HAS
    - Raise limits for health savings accounts and lowers the threshold for medical care deductions
    - Authorizes higher tax-free contributions
  - What plans must cover (EHBs)—changes requirements for state Medicaid can cover (10 essential health benefits) states don't have to cover all of them; can pick and choose what insurance can cover
- Medicaid
  - Reduces medical federal matching rates from 90% to 50-75%
  - Restructures funding based on per capita allotments (states can adopt fixed block grants)
  - Changes re-determination dates for Medicaid recipients from once a year to every 6 months (potentially getting kicked off more often)
  - Continues Medicaid coverage for those enrolled prior to 2020, but if off for more than a month, can't get coverage again
  - Ends federal funding to planned parenthood
  - Allows state Medicaid program to impose a work requirement as a condition of eligibility
- Who's At Stake in Ohio
  - Medicaid expansion (good things that happened when expanded)
    - 64% reported easier access to health services
    - 59% better management of chronic conditions
    - 43% less unmet medical needs
  - Economic Impact
    - Cost by 2026 41,000 jobs in the health care sector
- Updates from Senate: Better Care Reconciliation Law

2:50-2:55 **Activity Break** – *Katie Stone*

2:55-3:30 **CDP Updates**

- CDPAB Goals and Objectives (Framework)—Scott Ulrich
  - Health Improvement Planning process

- Community Health Assessment - Community Health Improvement Plan - Agency Strategic Plan (data gathering/identify needs - long-term systemic community-wide goals and objectives - agency-specific alignment)
  - We tackle health behaviors and Health conditions
  - Not starting from scratch - sticking to already created sources and materials
  - Next steps: identify Gaps, strategies, partners, performance measures, data sources
- Food Plan—Cheryl Graffagnino
  - Local Food Action Plan—adopted November 21/22 2016 to establish the action plan as the guiding document for policy framework in regards to local food
  - Purpose—inform public policy, inspire program development to foster community collaborations, guide local funding strategies, and establish the foundation for successful philanthropic and public grant applications
- Breaking CDC News—Elise Fester
  - 8 leading causes of death kill 2 million Americans in the past year, affect nearly half of all Americans.
  - Largest amount of wasted food is nutritious food/fresh foods
  - Nutritious Standards winners and losers: Losers are school lunches; winner is New York, NY.
  - Physical Activity education website
  - Road injuries leading cause of death among adolescents; bicycle accidents continue to rise
  - FDA has delayed e-cig regulations, but e-cig use amount among teens dipped an overall tobacco use was at an all-time low

**3:30-3:50 CPH Tobacco Initiatives – Kelly Hill**

- 5 areas –main focus is indoor/outdoor spaces and multiunit housing
- What does smoke-free or tobacco free mean?
  - Cigarettes, e-cigs, smokeless tobacco, hookah, beetlenut
  - Always have cultural humility especially when talking about tobacco (e.g. Native Americans consider tobacco sacred)
- Smoke-free Outdoor spaces
  - Benefits: eliminating secondhand smoking exposure, eliminating cigarette butt waste, reduces smoking acceptability (reducing visibility)
  - Accomplishments: 180 smoke-free signs provided to Rec and Parks
  - Smoke-free signs to CCS

- Enhanced smoke-free policies at homeless shelters, Columbus Commons
- Smoke-Free Workplaces
  - Recommend all workplaces become tobacco free and have cessation information available to employees
  - Provide technical assistance and education to worksites and the TFC
  - 3794.02 Smoking Prohibitions
    - No specified distance from doorway or building for smoking
    - A covered patio that allows smoking must not have more than 2 walls
  - COTA and Ohio State are top offenders
- Smoke-Free House
  - Reduces fires, turnover rental costs
  - HUD rule requires public housing agencies administering public housing to adopt a smoke-free policy by July 30 2018
- Ways to get involved: please let Kelly/amber know of any workplace/outdoor places that need assistance or if you want to join the TFC

3:50-4:00 **Wrap-up, Networking, Adjourn**