

COLUMBUS AQUATICS CENTER



1160 HUNTER AVENUE, COLUMBUS, OHIO 43201 | 614-645-6122
<http://columbus.gov/Aquatics>

OPEN SWIM SCHEDULE

Tuesday	12 – 4:30 PM
Wednesday	12 – 5 PM
Thursday	12 – 4:30 PM
Friday Morning	9 AM – 1 PM
Friday Evening	7 – 9:30 PM
Saturday	2-5 PM

REQUIREMENTS

Anyone 6 years and older must have a leisure card, which can be purchased for \$1.

DAILY ADMISSION: \$1 per person | **ANNUAL ADMISSION:** Adults under 50 - \$20
Adults over 50 - \$15, Family of 4 - \$45

NOTICE

Beginning October 30, open swim will end at 3:30p.m., to accommodate Centennial High School Swimming and Diving Team practice.



THE CITY OF
COLUMBUS
RECREATION AND PARKS

SESSION INFORMATION

	Saturday	Tuesday & Thursday
Fall I Registration: Sept. 4	Sept. 22-Oct.27	Oct. 2-25
Fall II Registration: Oct. 1	Nov. 3-Dec. 15	Oct. 30-Nov. 20
Fall III Registration Nov. 5		Nov. 27-Dec. 20

SWIMMING LESSONS

Columbus Recreation and Parks Department offers affordable swimming lessons taught by American Red Cross Water Safety Instructors. All classes are 40 minutes, with the exception of Infant Toddler Lessons which are 30 minutes.

Class Fees: \$40 for residents and \$50 for non-residents. | PLAY scholarships are available to help cover \$20 in fees for those who demonstrate financial need by producing: Copy of Medicaid/Care Source/Molina Health card or copy of ADC/OWF card.



AGE RANGE	SATURDAY MORNING	TUESDAY & THURSDAY
Infant & Toddler 6 months – 3 years	9:30 AM, 10:10 AM, 12:25 PM	10:30 AM
Pre-School 3-5 years	10 AM, 10:45 AM, 11:30 AM, 12:15 PM	10:15 AM, 2:30 PM, 4:30 PM, 5:15 PM
School Age 6-14 years	10 AM, 10:45 AM, 11:30 AM, 12:15 PM, 1 PM	4:30 PM, 5:15 PM
Adult (15 years & Up)	1 PM	11:15 AM, Tuesdays Only

WATER AEROBICS

The water offers a unique workout environment that is low impact but also high resistance making it an excellent option for a variety of fitness needs including therapeutic, strength and flexibility.

We offer a variety of affordable fitness programs which fall under three main categories: **Water Aerobics Programs, Adult Lap Swimming** and **Youth Lap Swimming and Diving.**



PROGRAMS	DESCRIPTION	SCHEDULE/FEE
<p>Morning Adult Dates: Sept. 25 – Dec. 21</p>	<p>Medium intensity for all areas of the body. Class begins at 15 after the hour and runs for 45 minutes.</p>	<p>Tuesday, Thursday & Friday: 9 – 10 AM Fee: \$20 Resident, \$25 Non-resident, \$2 drop-in</p>
<p>Evening Adult Dates: Sept. 25- Dec. 21</p>		<p>Tuesday & Thursday: 6 -7 PM Fee: \$20 Resident, \$25 Non-resident, \$2 drop-in</p>
<p>50+ Water Aerobics Dates: Oct. 1 – Nov. 7</p>	<p>Low resistance, low impact program that stretches all areas of the body. Registration required on the day of class.</p>	<p>Monday, Wednesday: 10-11 AM Fee: \$20 session or \$2 per class</p>
<p>Deep Water Aerobics Monday Dates: Oct. 1 – Dec. 3</p>	<p>Deep water exercises in the diving well. This aerobics class is a high resistance, high effort program that stretches and works all areas of the body.</p>	<p>Mondays: 11 AM – 12 PM Fee: \$25 Resident or \$30 Non-resident</p>
<p>Deep Water Aerobics Wednesday Dates: Oct. 3-Dec. 5</p>		<p>Wednesdays: 11 AM - 12 PM Fee: \$25 Resident or \$30 Non-resident</p>

LAP SWIMMING PROGRAMS

PROGRAMS	DESCRIPTION	SCHEDULE/FEE
Morning Masters Swim Dates: Sept. 25 – Dec. 20	Masters are for earlier risers or after work lap swimmers who are looking to get in some yardage. Follow one of the workouts provided or make your own. This program is geared towards all level of fitness lap swimmers.	Tuesdays & Thursdays: 6:30 – 10 AM Fee: \$40 Resident or \$50 Non-resident
Evening Masters Swim Dates: Sept. 26 – Dec. 21		Mondays, Wednesdays & Fridays: 6 - 7 PM Fee: \$40 Resident or \$50 Non-resident
Stroke Clinic (Ages: 6-18) Dates: Sept. 26 – Dec. 21	This class is for competitive swimmers who want to stay in shape or improve stroke technique. Participants must be able to demonstrate skills equivalent to Level 4 of the Red Cross Learn-to-Swim Program.	Wednesdays & Fridays: 5 - 6 PM Fee: \$40 Resident, \$50 Non-resident
Beginner Diving Clinic (Ages: 8-18) Dates: Sept. 25 – Oct. 18	Learn the basics of springboard diving. Participants must be able to tread water for 1 minutes, swim 25 yards and swim in deep water.	Tuesday & Thursday: 6:15 - 7 PM Sept 25 – Oct 18 Fee: \$40 resident, \$50 Non-resident
Intermediate Diving Clinic Dates: Sept. 26 – Oct. 19	Learn fundamentals of basic and competitive diving, and advanced positions including reverse, inward and twist dives.	Wednesday & Friday: 6:15 – 7 PM Sept 26 – Oct 19

IMPORTANT DATES

Tuesday, Sept. 4 | Fall 1 registration begins
 Saturday, Sept 22 | Saturday lessons and open swim begin
 Monday, Oct. 1 | Fall 2 registration begins
 Monday, Oct. 9 | Columbus day – Facility open
 Tuesday, Oct. 30 | Open swim schedule shortens for high school swim season
 Monday, Nov. 5 | Fall 3 registration begins
 Monday, Nov. 12 | Veteran's Day - Facility closed
 Thurs-Fri, Nov. 22-23 | Thanksgiving – Facility closed
 Saturday, Nov. 24 | No lessons. Only open swim from 2-5 PM
 Monday, Dec. 3 | Winter 1 registration begins
 Monday-Tuesday, Dec. 24-25 | Christmas holiday – Facility closed
 Monday-Tuesday, Dec .31-Jan. 1, 2019 | New Year's Holiday – Facility closed