

COLUMBUS AQUATICS CENTER



1160 HUNTER AVENUE, COLUMBUS, OHIO 43201 | 614-645-6122
<http://columbus.gov/Aquatics>

OPEN SWIM SCHEDULE

Tuesday	12 – 3:30 PM
Wednesday	12 – 3:30 PM
Thursday	12 – 3:30 PM
Friday Morning	9 AM – 12 PM
Friday Evening	7 – 9:30 PM
Saturday	2 – 5 PM

REQUIREMENTS

Anyone 6 years and older must have a leisure card, which can be purchased for \$1.

DAILY ADMISSION: \$1 per person | **ANNUAL ADMISSION:** Adults under 50-\$25
Adults over 50-\$15, Family of 4-\$60

NOTICE

Beginning October 30, open swim will end at 3:30 PM to accommodate Centennial High School Swimming and Diving Team practice.



THE CITY OF
COLUMBUS
RECREATION AND PARKS

SESSION INFORMATION

	Saturdays	Tuesdays & Thursdays
Winter I Registration:	Jan. 5 – Feb. 9	Jan. 8 – Jan. 31, 2019
Winter II Registration: Jan. 7	Feb. 16 – Mar. 23	Feb. 5 – Feb 28
Winter III Registration: Feb. 4		Mar. 5 – Mar. 28
Spring I Registration: Mar. 4	Mar. 30 – May 11	Apr. 2 – May 2

SWIMMING LESSONS

Columbus Recreation and Parks Department offers affordable swimming lessons taught by American Red Cross Water Safety Instructors. All classes are 40 minutes, with the exception of Infant Toddler Lessons which are 30 minutes.

Class Fees: \$40 for residents and \$50 for non-residents. | PLAY scholarships are available to help cover \$20 in fees for those who demonstrate financial need by producing: Copy of Medicaid/Care Source/Molina Health card or copy of ADC/OWF card.



AGE RANGE	SATURDAY MORNING	TUESDAY & THURSDAY
Infant & Toddler 6 months – 3 years	9:30 AM, 10:10 AM, 12:25 PM	10:30 AM
Pre-School 3-5 years	10 AM, 10:45 AM, 11:30 AM, 12:15 PM	10:15 AM, 2:30 PM, 4:30 PM, 5:15 PM
School Age 6-14 years	10 AM, 10:45 AM, 11:30 AM, 12:15 PM	5:15 PM
Adult (15 years & Up)	1 PM	11:15 AM, Tuesdays Only

WATER AEROBICS

The water offers a unique workout environment that is low impact but also high resistance making it an excellent option for a variety of fitness needs including therapeutic, strength and flexibility.

We offer a variety of affordable fitness programs which fall under three main categories: **Water Aerobics Programs, Adult Lap Swimming** and **Youth Lap Swimming and Diving.**



PROGRAMS	DESCRIPTION	SCHEDULE/FEE
<p>Morning Adult Dates: Jan 8. – Mar. 15</p>	<p>Medium intensity for all areas of the body. Class begins at 15 after the hour and runs for 45 minutes.</p>	<p>Tuesday, Thursday & Friday: 9 – 10 AM Fee: \$20 Resident, \$25 Non-resident, \$2 drop-in</p>
<p>Evening Adult Dates: Jan 8. – Mar. 14</p>		<p>Tuesday & Thursday: 6 – 7 PM Fee: \$15 Resident, \$20 Non-resident, \$2 drop-in</p>
<p>50+ Water Aerobics Dates: Jan. 7 – Feb. 20 Winter 2: Feb. 25 – Apr. 3</p>	<p>Low resistance, low impact program that stretches all areas of the body. Registration required on the day of class.</p>	<p>Monday, Wednesday: 10 – 11 AM Fee: \$20 session or \$2 per class</p>
<p>Deep Water Aerobics Monday Dates: Jan. 7 – Mar. 25 No Class Jan. 21 & Feb. 18</p>	<p>Deep water exercises in the diving well. This aerobics class is a high resistance, high effort program that stretches and works all areas of the body.</p>	<p>Mondays: 11 AM – 12 PM Fee: \$25 Resident or \$30 Non-resident</p>
<p>Deep Water Aerobics Wednesday Dates: Jan. 9 – Mar. 13</p>		<p>Wednesdays: 11 AM - 12 PM Fee: \$25 Resident or \$30 Non-resident</p>

LAP SWIMMING PROGRAMS

PROGRAMS	DESCRIPTION	SCHEDULE/FEE
Morning Masters Swim Dates: Jan. 8 – Mar. 14	Masters are for earlier risers or after work lap swimmers who are looking to get in some yardage. Follow one of the workouts provided or make your own. This program is geared towards all level of fitness lap swimmers.	Tuesdays & Thursdays: 6:45 AM – 10 AM Fee: \$40 Resident or \$50 Non-resident
Evening Masters Swim Dates: Jan. 9 – Mar. 15		Wednesdays & Fridays: 6 – 7 PM Fee: \$40 Resident or \$50 Non-resident
Stroke Clinic (Ages: 6-18) Dates: Jan. 9 – Mar. 15	This class is for competitive swimmers who want to stay in shape or improve stroke technique. Participants must be able to demonstrate skills equivalent to Level 4 of the Red Cross Learn-to-Swim Program.	Wednesdays & Fridays: 5 – 6 PM Fee: \$40 Resident, or \$50 Non-resident
Beginner Diving Clinic (Ages: 8-18) Dates: Jan. 8 – Jan 31	Learn the basics of springboard diving. Participants must be able to tread water for 1 minute, swim 25 yards and be comfortable in deep water.	Tuesday & Thursday: 6:15 - 7 PM Jan. 8 – Jan 31 Fee: \$40 resident, or \$50 Non-resident
Intermediate Diving Clinic Dates: Jan. 9 – Feb 1	Learn fundamentals of basic and competitive diving, and advanced positions including reverse, inward and twist dives.	Wednesday & Friday: 6:15 – 7 PM Jan. 9 – Feb 1

IMPORTANT DATES

Monday, Jan. 7 | Winter II registration begins
Friday, Jan. 18 | No Friday Night Open Swim 7pm to 9:30pm
Monday, Jan. 21 | Martin Luther King Jr. Holiday – Facility Closed
Saturday, Feb. 2 | No Saturday Open Swim 2pm–5pm – Hosting Columbus City Schools Swimming & Diving Championship Meet
Monday, Feb. 4 | Winter III registration begins
Monday, Feb. 18 | President's Day – Facility Closed
Tuesday, Feb. 19 | Open Swim Hours return to 12pm–4:30/5pm
Monday, Mar. 4 | Spring I registration begins