

## GOAL B: ACCESS & EDUCATION

### **B-12: RECOMMENDED ACTION**

Support the expansion of nutrition and food system education in pre-K-12 curricula.

Integrating nutrition and food system education into curriculum such as growing fruits and vegetables or providing healthy food and local food in cafeterias, improves students' opportunity to eat healthy while fostering involvement in the local food system. New national standards

outlined in the Every Student Succeeds Action Reauthorization 2015 recognize health and nutrition's importance in school curricula. These new standards provide an opportunity to inform and guide curriculum opportunities.



**B-12: GETTING STARTED****CURRENT STATUS**

In process

**WHO**

Action for Healthy Kids, Franklin County Board of Health, Franklin County Farm Bureau, Franklin Park Conservatory, Local Matters, OSU Extension Farm to School, OSU Extension SNAP-Ed and the Expanded Food and Nutrition Education Program (EFNEP), and schools and districts serving Columbus and Franklin County

**OBJECTIVES**

1. All pre-K-12 schools in Columbus and Franklin County have access to nutrition and food system curriculum resources that meet Ohio Department of Education requirements
2. Established best practices and strategic models for local schools to integrate nutrition and food system curricula and resources that meet Ohio Department of Education health and nutrition requirements
3. Policy education for decision makers to support nutrition and health standards that emphasize the health, economic and environmental benefits of the local food system as they interpret the Every Student Succeeds Act Reauthorization 2015

**STARTING STEPS**

- Inventory resources and capacity of existing pre-K-12 nutrition and food system education resources
- Engage parents, school administrators, teachers and community stakeholders to assess existing pre-K-12 nutrition and food system education resources for consistency with Ohio Department of Education's requirements and feasibility of integration into the school day
- Convene stakeholders to establish and coordinate a strategic plan to build the capacity of pre-K-12 nutrition and food system education resources to consistently meet Ohio Department of Education's requirements

**POTENTIAL MEASURES**

- Number of implementable nutrition and food system curricula and resources that are available for pre-K-12 schools
- Number of collaborations between schools and community nutrition and food system education providers
- Number of pre-K-12 students engaged in nutrition and food system related education activities

**RESOURCES**

Existing resources leveraged in new ways

- District wellness committees in Columbus City Schools and other districts throughout the county are already integrating nutrition and food system education into existing curricula and student learning goals. Enhancing coordination and collaboration between schools and community agencies and organizations that currently provide nutrition and food system education to pre-K-12 students can leverage existing resources to reach more students. Additional resources may be required to expand capacity if leveraging community and school resources together are not adequate to reach all students.