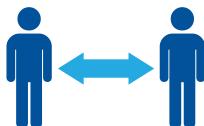


# Caawi Joojinta Faafidda COVID-19.



**Guriga joog haddii aad jirantahay** ama aad leedahay calaamadaha COVID-19 sida qandho, qufac ama neefta oo ku qabata. Calaamadaha kale waxaa ka mid noqon kara neefsashada oo dhib ah, dhaxan qabow, murqa xanuun, cuno xanuun iyo dhadhan ama urin la'aan.



**Iska ilaali inaad u dhawaato dadka kale** adiga oo ka fogaanaya 6 fiit.



**Xiro maaskaro (waji-xir) maro ah ama dabool wajiga** markaad dadwaynaha bannaanka la joogto.

Maaskarada wajiga waa inay sifiican u dabooshaa sanka, afka iyo dhinacyada wajiga. HA u xidhin maaskarad wajiga carruurta kayar da'da 2 sano.



**Gacmaahaaga si joogta ah ugu dhaq**

saabuun iyo biyo ugu yaraan 20 sekani.



**Ku dabool qufacaaga ama hindhisadaada**

cududaada ama suxulkaaga, iskana ilaali inaad gacmaahaaga ku taabato indhahaaga, sankaaga iyo afkaaga.

¿Su'aalaha ku saabsan COVID-19?

Wac 614-645-1519 ama 1-833-4-ASK-ODH.

Booqo [columbus.gov/coronavirus](http://columbus.gov/coronavirus) ama [coronavirus.ohio.gov](http://coronavirus.ohio.gov).