If You Test Positive for COVID-19,

you can help prevent the spread of illness.

While you wait for public health to call you, follow these steps:

- **Isolate yourself immediately** and stay away from other household members.
- **Stay home** except to get medical care.
- **Let your employer know** you have COVID-19.
- **Notify your close contacts** so they can quarantine themselves.

You can end isolation and resume normal activities when:

- 10 days have passed since your symptoms started (or test date if no symptoms), **AND**
- You are fever-free with temperature below 100.4ºF for at least 24 hours without the use of fever-reducing medications, **AND**
- Your symptoms have improved.

For more information:

- Visit Columbus.gov/coronavirus
- Call 614-645-1519

Close Contacts

What is a close contact?

A close contact is someone within 6 feet of you for more than 15 minutes total in a 24 hour period, while you were contagious:

- 2 days before symptoms appear (or 2 days before a positive test, if no symptoms), through the end of your isolation period.

Tell your close contacts to:

- Start quarantining right away.
- Quarantine for 14 days from your last contact with a COVID+ case, even if you receive a negative test result.
- Stay home except to get medical care.
- Monitor yourself for symptoms. If you develop symptoms, get tested.
- **You cannot test out of quarantine!**

THE CITY OF COLUMBUS
ANDREW J. GINTHER, MAYOR

COLUMBUS PUBLIC HEALTH