



Resiliency, Peer Support and Suicide Prevention

Course Information

This two day training module is taught by author and former Marine, Silouan Green. He has worked with the military, law enforcement, and other first responders for over a decade on issues of resiliency, peer support, suicide prevention and mental fitness. A survivor of a tragic jet crash as a US Marine and someone who overcame severe PTSD and suicidal ideations, he understands personally what it takes to overcome the trials and traumas of life to live with meaning and purpose. As a mentor and teacher to many police departments and law enforcement officers across the country, he is committed to helping them all “come home”.

Law enforcement is facing a host of pressures: morale, budgeting, staffing, a hostile media environment, and a myriad of other issues. In many ways, their struggle to “come home” can be as challenging as that of a military veteran.

This class will increase the resiliency of officers while equipping them to train and respond to their fellow officers. A resilient, pro-active department focused on mental fitness increases performance, morale, retention, and recruitment.

Upon Completion:
Students Will Be Able To:

- Investigate the connection between suicide, PTSD, and the traumas of service
- Address the impact of service on family and personal issues and how to find balance at work and at home
- Better understand the mindset of a veteran whose head is still on the battlefield
- Learn tools for helping officers make healthy transitions from conditions of trauma
- Create a culture of resiliency and pro-active community awareness for first responder issues
- Learn and use simple peer support tools that can be used in your department and your community
- Promote a culture of mental fitness that makes your officers stronger and more resilient
- Respond quicker to officers in crisis to decrease the risks of self-mediation, family troubles, and suicide

Instructor

Silouan Green

Silouan graduated from Vanderbilt University in 1991 and then accepted a commission in the United States Marine Corps. While serving in the Marines, Silouan was involved in a jet training accident. In the ejection, Silouan's back was broken and his co-pilot tragically killed. This horrible event and the complications that followed led to the development of Post Traumatic Stress Disorder, PTSD. He was disability discharged and then had to learn to put his life back together. It began with a two-year motorcycle journey where he learned to live.

Silouan instructs on Responding to PTSD and Officers in Crisis, Overcoming Adversity, and Foundational Leadership. He teaches people to become leaders in all aspects of their lives, and to use the trials and transitions we all face as fuel to live free and lead with purpose. He has taught around the country at places such as: Walter Reed Medical Center, Fort Campbell, Camp LeJeune, to thousands of police officers and first responders from hundreds of law enforcement agencies, mental health professionals, corporations, non-profits and major universities. Silouan is a dynamic speaker whose classes are focused on delivering solid information and practical tools for living and leading. He provides a broad perspective that officers find refreshing, educational, and most of all, motivating to lead

Dates:

August 10-11, 2021

Cost

$99 Made Payable to Columbus Police Department- ETP

Location:

Columbus, Ohio Division of Police Training Academy - 1000 North Hague Ave., Columbus, OH 43204-2121

Course Contact / Registration

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Please complete registration form and return to the course contact.