



Moms2B

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Kamilah Dixon-Shambley, MD



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER



How Moms2B started in 2010:



Why are black mothers and babies in the United States dying at more than double the rate of white mothers and babies? The answer has everything to do with the lived experience of being a black woman in America. By Linda Villarosa



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Moms2B Mission:

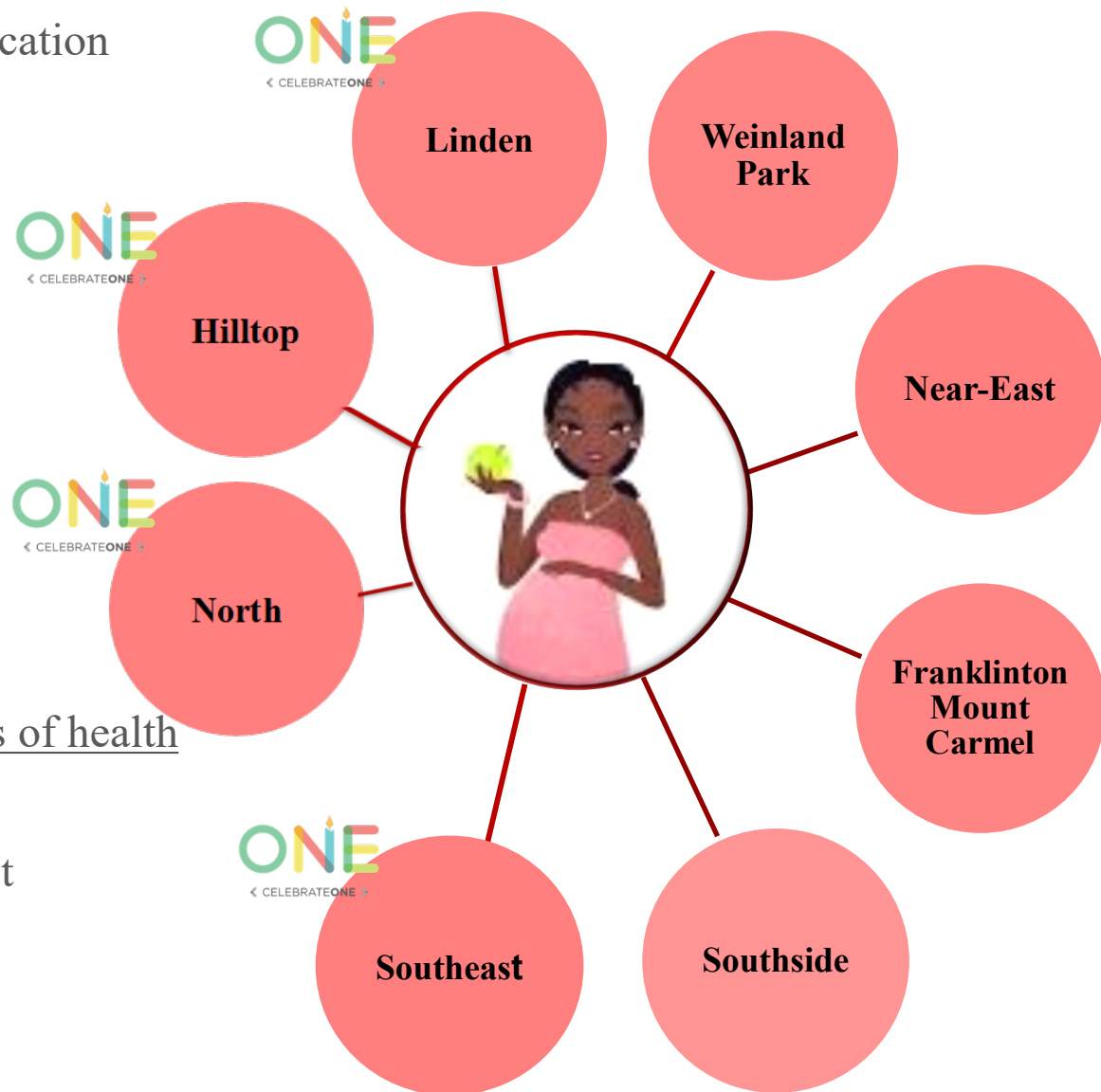
To improve the health status of historically disadvantaged communities by empowering pregnant women to deliver full term healthy babies and to eliminate disparities in infant mortality. Moms2B addresses the social and clinical determinants of health and inspires future health care providers to serve with empathy.



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Components of Moms2B

- Weekly 2 hour session at each location
- Group Education:
 - Nutrition
 - Stress reduction
 - Breastfeeding
 - Safe sleep
 - Reproductive health
 - Smoking cessation
 - Car Seat Safety
- Prenatal:
 - Connect to prenatal care
 - Address social determinants of health
- Postpartum:
 - Connect to Nurse home visit
 - Breastfeeding support
 - “Baby’s First Year” group
 - Connect to primary care



Social Determinants of Infant Mortality

Poverty

Housing insecurity

Food insecurity and nutrition

Neighborhood with high crime rate

Lack of social support

Stress, anxiety, and depression

Education and employment

Transportation

Racism

Access to healthcare

Smoking and substance abuse

Willis E, McManus P, Magallanes N, Johnson S, Majnik, A. 2014
Conquering racial disparities in perinatal outcomes. Clinical
Perinatology 41:847-875





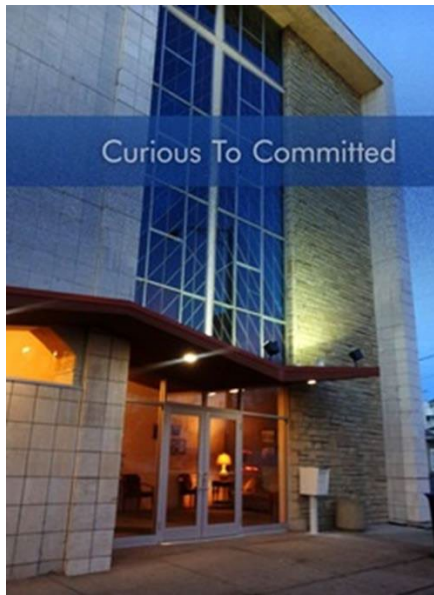
New Salem Baptist
Church
North Linden



Grace Missionary Baptist
Weinland Park



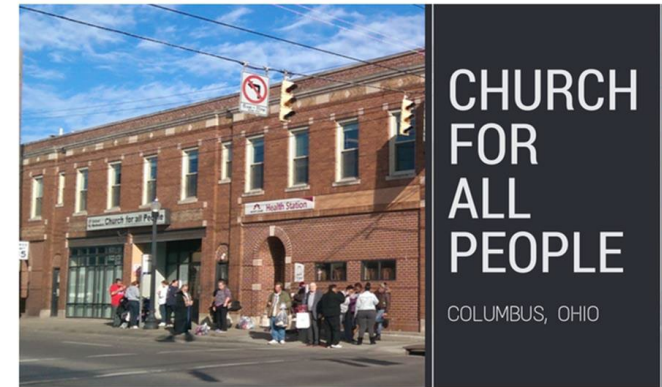
New Birth Christian
Southeast



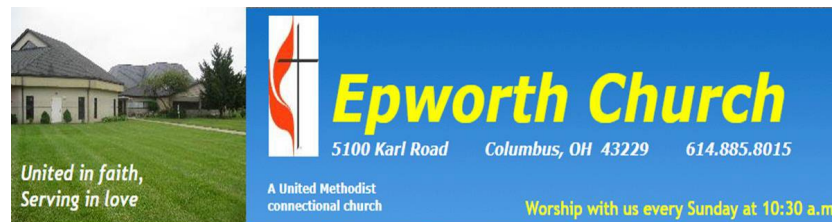
West-Hilltop

**6 Churches and 2
hospitals (OSU and
Mount Carmel West)
host Moms2B weekly
sessions**

Northeast



Southside





We are now virtually
in Dayton currently
serving 54 Moms and
4 Dads



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Dads!

- We have a Dads2B program
- We are thrilled to have David Fluellen teach at each site and virtually
- We are always looking for ways to grow and have more Dads involved!





Moms2B Virtual connections

We offer a variety of Zoom sessions each week:

- Pregnant Moms
- Parenting Moms
- Dads2B
- Kids Zooms
- Baby Zoom

We do case- management weekly too.



Facebook Live

- Using the Moms2B Facebook group we hosted facebook live sessions to discuss way to protect oneself and their family from COVID-19



Zoom education sessions

- Transitioned to Zoom education in April 2020
- At its peak we had 11 different sessions weekly
- Upon the re-opening of 3 in person sites, we now have 7 sessions weekly
- Follow the same curriculum as the in-person sites





iPad Program

- Purchased with funding through the CARES Act
- WIFI enabled devices which allows participants to participate in virtual sessions
- Can use device until their infant turns 1 and they complete the program



Food Pantry and Lifecare Alliance

- Monthly pantry events in coordination with St. Stephen's pantry
- Donated items, diapers and wipes were provided via a drive-up system
- Collaboration with LifeCare Alliance to provide meals to families





Partnering to provide care in the community

- Services resumed in 8/2021
- Provide prenatal, postpartum, well woman care
- COVID Vaccines and Flu shots available



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www.Moms2BOhio.com

Contact:

**Dr Kamilah Dixon-Shambley MD,MA or
Twinkle French Schottke MA, ECMH
614-292-1605**



Moms2B Central Office:

921 Chatham Lane ~ Suite 300, Columbus, OH 43221



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