

# Civil Service Firefighter Medical Exam Guide

## Purpose:

To become a City of Columbus Firefighter, candidates must meet the medical standards. Below are some common medical-related issues that would cause removal from consideration or require a temporary withdrawal. If you have been given a conditional offer of employment and need a temporary withdrawal due to a resolvable medical issue, please complete and submit the *Request to Withdraw from and Eligible List* form found on the Civil Service Commission [website](#).

## Medical:

1. The following conditions are disqualifying:
  - a. implantable cardiac defibrillator,
  - b. 100% dependency on a pacemaker,
  - c. heart transplant, and
  - d. hypertrophic cardiomyopathy.
2. Any medical condition that results in sudden, unpredictable loss of consciousness is disqualifying.
3. Seizures: if you have ever had a seizure, contact Mount Carmel for more details.
  - a. Seizure disorders are potentially disqualifying.
  - b. Additional medical information from your neurologist is required.
4. Asthma: if you have used an inhaler in the past two years, you must meet NFPA 6.8.1.1 requirements.
5. Diabetes: additional medical information and a note from your treating provider is required (ask Mount Carmel for more details).
  - a. Additional medical information must include the outcome of your annual eye exam, recent hgbA1C, stability of medication regimen, etc.
6. Blood thinners: are potentially disqualifying.
7. Hypertension: must be well controlled (less than 140/90).
8. Other serious medical conditions will require additional medical information and could be potentially disqualifying.
9. Injuries: require a temporary withdrawal until resolved without restrictions.
10. Pregnancy: requires a temporary withdrawal.

**Vision:** You may need glasses/contacts or eye surgery if you don't meet the below requirements.

1. Your best distance vision must be at least 20/30 in the better-seeing eye and no worse than 20/200 in the poorer-seeing eye.
  - a. If your uncorrected distance vision is worse than 20/100 both eyes together, you will need vision corrective surgery (i.e., Lasik).
    - i. The waiting period after Lasik and other corrective vision procedures is two months.
2. Your near vision must be at least 20/40 **in both eyes together**.

## Physical Fitness:

You must reach a certain VO<sub>2</sub> level during a treadmill stress test. The criteria are based on your age and biological sex.

\*\*The 2018 NFPA and The Civil Service Medical Standards are used to evaluate medical fit-for-duty.  
Mt. Carmel medical providers may request additional medical information at the time of your exam. \*\*