



Virtual and/or Face-to-Face Visiting and Support Programs For You and Your Family

Columbus, Franklin County and the State of Ohio offer family support programs for pregnant and parenting moms and families where trained and trusted health professionals connect with the family, when and where they need it. Baby Bump & Beyond is a gateway that connects families to support, resources and services that help babies and families thrive in today's world. These are visiting and support programs that may benefit you and your family.

My Baby & Me

My Baby & Me utilizes an evidence-informed or evidence-based Healthy Families America model of care to provide individualized, family-centered supportive services at the location of the family's choice. Participants receive case management services and personalized education including pregnancy health, women's and infant health, infant growth and development, safety, nutrition, breastfeeding, immunizations, and safe sleep. Pregnant and postpartum women with high-risk medical conditions or contributing factors may be able to receive enhanced clinical care from an APRN on the team. Fathers/male partners are served by a separate case manager to address contributing factors of infant mortality and strengthen the presence of fathers within their families and community.

Moms & Babies First



Moms & Babies First is a culturally-specific resource and evidence-informed support program that provides ongoing education focused around pregnancy, women's & infant health, nutrition, and safety, as well as care coordination services to high-risk, low-income, African American pregnant women and their infants up to one year of age whom reside within 17 specific Columbus zip codes. Visits may take place virtually, in the home setting, or at other preferred locations as determined by the family. This allows trained professionals to connect with families in a manner that best meets the needs of the family.



Nurse-Family Partnership

Nationwide Children's Hospital Nurse-Family Partnership program empowers first-time moms to help create better futures for themselves and their babies. Women who are pregnant with their first child may benefit from this resource, which is free to all eligible women. When enrolled, a specially trained nurse visits the first-time mom's home throughout her pregnancy and continues to visit until the child is two years old.

Healthy Families Home Visiting Program (HFHVP)

The Healthy Families America Home Visiting Program offers trained health professionals who provide support to pregnant or parenting youth who are facing challenges with navigating parenthood. Working from a strength-based lens, experienced professionals understand that every parent needs help sometimes. These trained practitioners visit with pregnant and parenting families (up to their child's third birthday) and develop culturally sensitive family driven goals. Families receive developmental education, parenting resources and supportive services. The program is administered by a number agencies including: ROOTT, Columbus Early Learning Center, Integrated Services for Behavioral Health, Columbus Public Health, The Center for Healthy Families and Nationwide Children's Hospital. Mount Carmel and OhioHealth hospitals are also collaborating partners. The program focuses on the following goals:

- improve parent-child interactions and children's social-emotional well-being;
- promote child physical health and development;
- model positive parenting;
- support family self-sufficiency; and
- increase access to primary care medical services and community service.



State of Ohio



Help Me Grow

The Ohio Department of Health's Help Me Grow program is Ohio's evidenced-based parent support resource that encourages early prenatal and well-baby care, as well as parenting education to promote the comprehensive health and development of children. Help Me Grow includes Central Intake, Help Me Grow Home Visiting and Help Me Grow Early Intervention. Making a referral to Help Me Grow is the first and easiest step for parents who have questions or concerns about their infant or child. One referral to Help Me Grow opens the door to many programs that support families, including Early Intervention, Home Visiting, and Moms and Babies First. If you are not the child's parent, you may still make a referral. Help Me Grow will first contact the child's parent before proceeding. When you call Help Me Grow at **614-656-3322**, let them know you are looking for Baby Bump & Beyond services.

To learn more, call
614.656.3322 and ask for
Baby Bump & Beyond



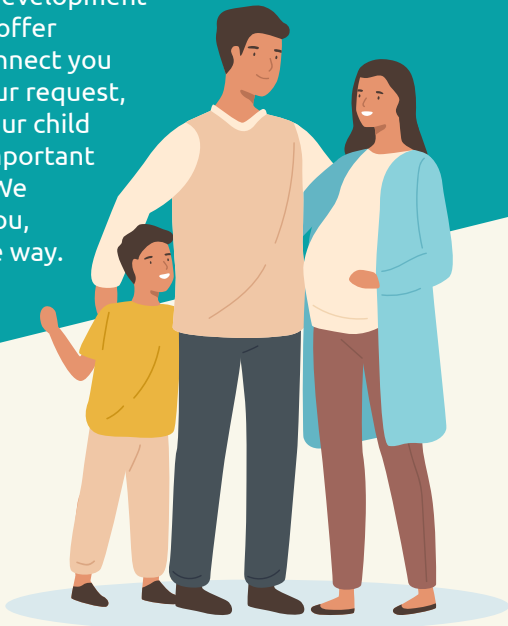
Baby Bump & Beyond
PREGNANCY AND PARENTING SUPPORT
ONE STEP AT A TIME

Baby Bump & Beyond



Baby Bump & Beyond captures a diverse array of options for moms and families to engage with trained professionals who offer support, service and resources for families and their children – at no cost to the family. Information, referrals and services for mom’s health and the care of the baby before, during and after pregnancy is important to the long-term health of mom and her child/children. All of Baby Bump & Beyond programs are part of a larger focus across these agencies to address health disparities among families of color and keep equity in service delivery and health outcomes as part of our focus.

Baby Bump & Beyond is a direct connection to help families find the level of support and resources needed through every stage of growth – for mom, dad, caregiver, child and the entire family. Our goal is to provide information and touchpoints – virtually or face-to-face – on your time, when you need us, during your pregnancy and to support your child’s ongoing development and growth. We offer guidance and connect you to services at your request, to help you as your child reaches those important life milestones. We celebrate with you, every step of the way.



Pregnancy and parenting support
- one step at a time.



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To learn more call, 614.656.3322 and
ask for Baby Bump & Beyond



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Central Ohio has several evidence-based and evidence-informed programs that focus on improving birth outcomes, infant and early childcare and providing ongoing support for children, teens and families. While individual program names differ, Baby Bump & Beyond is your point of entry into finding the program that is right for you. The focus of each individual program is the same – to offer services, resources and a caring health practitioner who supports you and your family when you need them and how you need them. These child development and family health professionals provide the information and resources needed to promote the health and wellness of children and families. Our focus is on meeting parents and caregivers where they are to build upon the success of their family.

