



Why you need a **DOCTOR**

Your primary care doctor is your partner in helping you get and stay healthy.

A doctor helps with:

Preventative Care

- You don't have to be sick to see a doctor! Your doctor follows preventative care screens that are guided by your age.
- This helps you make lifestyle changes now to do your part in avoiding health conditions.

Early Diagnosis of Health Conditions

- Doctors will help identify risk factors or signs of health conditions early before they become worse or even possibly life threatening.
- Many health issues are not detectable until it's too late- this means you might feel fine.
- Early diagnosis is important for conditions like diabetes, hypertension, and cancer.

Maintaining Your Health

- Treatment of illnesses you currently have.
- Help with mapping out next steps in your treatment including working with specialists.

You can find lists of local healthcare resources and healthcare providers on our website at www.publichealth.columbus.gov or call 645-6450 and ask for the information to be mailed to you.