

## Civil Service Police Medical Exam Guide

### Purpose:

To become a City of Columbus Police Officer, candidates must meet the medical standards. Below are some common medical-related issues that would cause removal from consideration or require a candidate to wait until the medical-related issue is resolved. If you have been given a conditional offer of employment and need a temporary withdrawal due to a resolvable medical issue, please complete and submit the *Request to Withdraw from and Eligible List* form found on the Civil Service Commission [website](#).

### Medical:

1. Implantable defibrillators: are disqualifying.
2. Any medical condition that results in sudden, unpredictable loss of consciousness is disqualifying.
3. Seizures: if you have ever had a seizure, contact Mount Carmel for more details.
  - a. Seizure disorders are potentially disqualifying.
  - b. Additional medical information from your neurologist is required.
4. Diabetes: additional medical information from your treating provider is required (ask MountCarmel for more details).
  - a. Additional medical information must include the outcome of your annual eye exam, recent hgbA1C, stability of medication regimen, etc.
5. Blood thinners: are potentially disqualifying.
6. Hypertension: must be well controlled (less than 140/90).
7. Other serious medical conditions will require additional medical information and could be potentially disqualifying.
8. Injuries: require a temporary withdrawal until resolved without restrictions.
9. Pregnancy: requires a temporary withdrawal.

**Vision:** You may need glasses/contacts or eye surgery if you don't meet the below requirements.

1. Your distance vision must be 20/20 in both eyes together.
  - a. If your distance vision is worse than 20/125 in each eye without correction, you will need corrective vision surgery (i.e., Lasik).
    - i. The waiting period after Lasik and other corrective vision procedures is two months.
2. Your near vision must be at least 20/40 in both eyes together.
3. If you are color-blind, you must pass a Farnsworth D-15 test at an ophthalmology office.

### Physical Fitness:

You must reach a certain VO<sub>2</sub> level during a treadmill stress test. The criteria are based on your age and biological sex.

\*\*The ACOEM LEO Medical Guide and The Civil Service Medical Standards are used to evaluate medical fit-for-duty. Mt. Carmel medical providers may request additional medical information at the time of your exam. \*\*