

Kenny Hampton

Kenny R. Hampton is the President of the African American Male Wellness Agency (AAMWA 501-C3 charity), the Health and Wellness arm of the National Center for Urban Solutions (NCUS), which focuses on holistically supporting Black men and their families.

He leads an organization that has taken a stand to reduce disparities in premature death and chronic diseases among African American (AA) males by annually providing over 5,000 free biometric health screenings per year and innovative health education programs that include fatherhood, financial wellness, mental health, mentorship, and research initiatives as core focus areas. Annually, the agency engages AA males in over 20 US cities (Columbus, OH; Detroit, MI; Houston, TX; Atlanta, GA; and Charlotte, NC, to name a few).

Kenny R. Hampton, Detroit Native, is a former pro athlete turned entrepreneur, award-winning speaker, and author of "The Underdog Mentality."

Embracing the underdog mindset led him to a Bachelor of Science in Computer Science (Kentucky State University, HBCU), two Ivy League certifications (Wharton School of Business and Columbia), 17 years of raising a family, accolades, awards, NFL scouting opportunities, and a purpose-filled existence.

