



Pride365+

You're you
Colleague, friend, child, sibling, partner. **Person.**



We respect and support your truth. All are welcome here.

Transgender and nonbinary people face tremendous challenges and barriers that include stigma, harassment, discrimination, violence, and limited access to health care. In fact, 48% of transgender adults report they have considered suicide in the last year, compared to 4 percent of the overall U.S. population.

Please know support and help are available.



Visit pride365plus.com for more information on additional LGBTQ+ resources

To connect with supportive LGBTQ+ peers and allies, join active discussion boards and live chat groups, visit our [Sanvello Pride Community](#).

If you are interested in discussing more personalized resources, call your Behavioral Health Benefit Plan at 800-681-3849.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Consult with your clinician for specific health care needs, treatment or medication. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

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