



**ETHIOPIAN  
TEWAHEDO  
SOCIAL  
SERVICES**

# Our Mission

To be the focal point of integration for immigrant and refugee families and low income individuals in Central Ohio in improving the quality of their lives, to facilitate their integration through education, training, supportive services, and self-development opportunities, and to increase awareness of the culture and heritage of Central Ohio's immigrant and refugee population.



# Our Vision

To see a world where refugees and immigrants are welcomed, and receive support services to enable them to be healthy and self-reliant contributing members of the American society.



# FAQs

- ETSS has served clients from over 47 countries
- “Tewahedo” in our name means “coming together as one” in Ancient Ge’ez language
- The three leaves in our logo symbolize *Faith, Family, and Freedom*



# Issues facing Immigrants/Refugees

- Neighborhood safety, low income neighborhoods (drugs, gangs & crime)
- Access to community resources
- Language
- Childcare
- Transportation
- Civic engagement & interaction
- Education (K-12, adult literacy)
- Lifestyle and nutrition
- Self-sufficiency & employment
- Case management
- Prevalence of misinformation

# Issues facing Immigrants/refugees

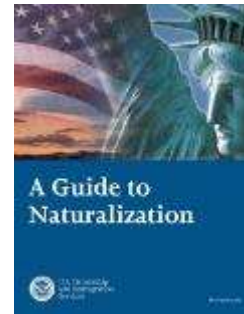
- Family Reunification
- Discrimination
- Integration
- Maintaining Culture, Customs & Values while not being isolated
- Youth Development
- Different gender roles & children disciplining practices
- Adjusting & Conflict within the family

# Goals of ETSS

- To connect refugees to community resources
- To increase interactions between refugees and the larger community
- To increase refugees' knowledge of healthy living
- To increase self-sufficiency
- To increase refugees' knowledge of English, literacy, numeracy, and technology
- To promote access to affordable housing
- To increase neighborhood safety

# Adult Programs

- ESOL (English Speakers of Other Languages)
- Workforce Development
- Computer Skills
- Citizenship Courses
- Health Literacy





# Youth Programs (5 to 24 years old)

- Afterschool Program
- Teen Leadership
- Summer Camp
- Youth Employment
- Community Service Projects
- Cultural Enrichment



# Family Care Program

**Domestic Violence can happen in ANY community at ANY time.**

ETSS Family Care aims to empower immigrants and refugees in Franklin County by giving them a voice and providing them with the tools and information needed when domestic violence, assault, human trafficking, and stalking occurs.

ETSS provides free and confidential interpretation for victims of violence.

Amy Harcar  
ETSS Family Care Manager  
(614)949-2916



# Translation and Interpretation Services

African Languages: Somali, Amharic, Tigrinya, Oromo, Fulani, Lingala, Twi, Congolese, French, Mandingo and many others.

Arabic, Spanish, French, Nepali, Zomi/Burmese

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# Cultural Competency Training

- ETSS actively engages in a **model of cultural competency** that is achieved by integrating various forms of knowledge and experiences about individuals and groups of people into specific practices and policies applied in appropriate cultural settings.
- We, at ETSS, strive to embody these goals as well as understand multiculturalism as a complex kaleidoscope of organic ongoing experiences that shape a person's reality. Thus, we do not combine multiculturalism with colorblindness, or adhere to the idea that an individual represents an entire ethnic/racial/ cultural/gender group. These mindsets lend themselves to essentializing communities and experiences that ignore the complexities of living, and contributing to a multicultural society.

For more information:

Contact Laura Berger, Director of Development, (614)252-5362

# Linking to Services/Case Management

- Referrals and links to mainstream social service agencies, business and public services such as:
  - Healthcare
  - Legal
  - Education
  - Housing
  - Social Services
  - Employability
  - Family Integration
  - Transportation



# Civic Engagement, Cultural Awareness, and Interaction

- Civic Forums
- Learning Celebration
- Annual Youth Summit
- New American Festival

At these events, refugees increase their social support network through networking with each other and the Greater Columbus community



# Our Supporters



# TRAUMA INFORMED CARE

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ETSS Youth Programs

Presented By: Emily Buster

[emily.buster@ethiotss.org](mailto:emily.buster@ethiotss.org)



Too often we forget that discipline really means to teach, not to punish. A disciple is a student, not a recipient of behavioral consequences.

**DR. DAN SIEGEL**

# Rhythm



# Relationship

# Discipline Strategies

- Option 1: Give an opportunity to “try again.”
- Option 2: Give an opportunity to calm down. Then discuss alternate choices for behavior.
- Option 3: Work together to find a natural consequence.
- Option 4: Make an accommodation.

\*These options should be used alongside positive reinforcement.

# Best Practices – Do's

- Model Calm Behavior
- Find Opportunities to Praise All Students
- Review the Daily Plans with Your Students
- Let the Little Things Go
- Talk and Walk in Parallel

# Best Practices – Don't

- Don't yell
- Don't shame
- Don't expect the same from each child
- Don't label kids as “bad” or “trouble”
- Don't take away recess

# Interventions for Oppositional Defiance

- Give a 5 minute warning for transitions
- Connect the request with safety
- Use descriptive directions
- Give space (physical & emotional) for compliance
- Pay it forward: Tell them what you know they are going to do that is positive
- Use descriptive praise

# Activities to Calm an Angry Child

- Drink Water
- Jump rope
- Blow bubbles
- Go for a walk
- Wall push-ups
- Squeeze a stress ball
- Deep breathing
- Color
- Yoga poses
- Count backwards

# Fidgets!



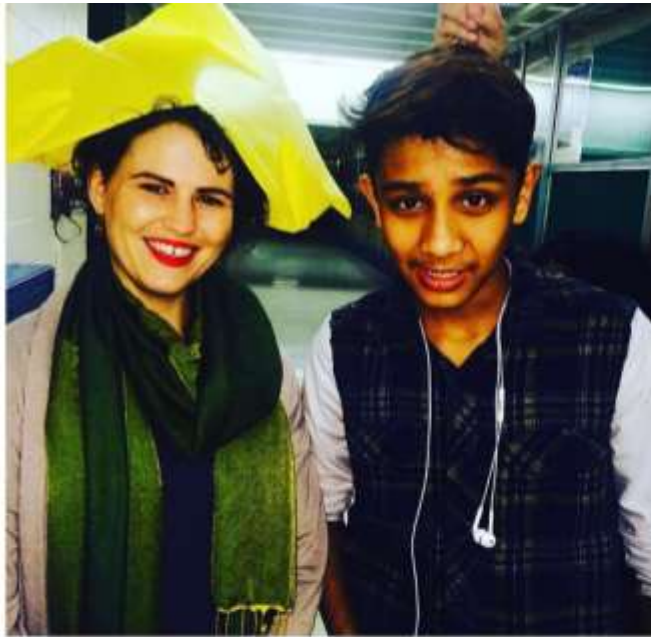




The more healthy relationships a child has, the more likely he will be able to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love.

- Dr. Bruce Perry

# Have Fun!



# Questions?

Visit [www.ethiotss.org](http://www.ethiotss.org) or “like” us on Facebook and Instagram!



# Contact



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