

# WOMEN'S HEALTH

The following report is a summary of women's health in Franklin County and Ohio. It includes information about the social determinants of health, health indicators, and various health outcomes. The majority of females in Franklin County are non Hispanic with over half reporting being White and almost a quarter reporting being Black or African American. Over 90% of women have a high school degree or higher and over 41% have a bachelor's degree or higher. The leading cause of death among Franklin County females is heart disease. One of the leading health concerns for women in Franklin County is unhealthy weight, with over 61% reporting being overweight or obese. In addition, sexually transmitted infections continue to be a health concern, particularly chlamydia. The rate of new cases of chlamydia among Franklin County females is 29% higher than the rate among Ohio females.

## COVID-19

In 2020, the COVID-19 pandemic caused significant impacts to the lives and health of our community and in particular, women. According to the Kaiser Family Foundation Women's Health Survey, "Women are more likely to have gone without health care during the pandemic compared to men, and women with health and economic challenges prior to the pandemic have experienced worsening health conditions as a result of skipping health care services during the pandemic. These gaps in care could translate into higher numbers of women experiencing severe health issues after the health emergency from the pandemic resolves."

The data in this report do not yet reflect the impact of the COVID-19 pandemic, but we recognize that the pandemic will have continued effects on the physical and mental health of our community.

## DEMOGRAPHICS<sup>1</sup>

2019

	Franklin County	Ohio
Total Female Population	673,959	5,956,893
<b>Age</b>		
Under 18 years	22.3%	21.1%
18 to 64 years	63.8%	59.7%
65 years and older	13.9%	19.2%
<b>Race/Ethnicity*</b>		
Non Hispanic	94.6%	96.1%
Hispanic	5.4%	3.9%
White Alone	64.9%	80.8%
Black Alone	23.5%	12.7%
Asian Alone	5.4%	2.4%
Some Other Race (Alone)	2.0%	0.9%
<b>Place of Birth</b>		
U.S. Born	88.8%	95.2%
Foreign Born	11.2%	4.8%

Source: U.S. Census, American Community Survey, 1 year estimate.

\*Race (White, Black, Asian and Some Other Race may include Hispanic)

Note:

1. All ages included

## SOCIAL DETERMINANTS

2019

	Franklin County	Ohio
<b>Education (25 years and older)</b>		
Less than High School Graduate	8.4%	8.6%
High School Graduate Alone (no further education)	23.6%	31.2%
High School Graduate or Higher	91.6%	91.4%
Bachelor Degree or Higher	41.7%	29.9%
<b>Employment (16 years and older)</b>		
Employed	95.9%	95.6%
Unemployment rate	4.1	4.4
<b>Poverty<sup>1</sup></b>		
Living Below Federal Poverty Level	14.1%	14.3%
<b>Health Insurance (19-64 years old)<sup>2</sup></b>		
Uninsured	8.7%	7.8%

Source: U.S. Census, American Community Survey, 1 year estimate.

Notes:

1. All ages included of those for whom poverty status could be determined.
2. Of the civilian non-institutionalized population.

## LEADING CAUSES OF DEATH<sup>1,2,3</sup>

2017-2019

Franklin County	Ohio
1. Heart Disease	1. Heart Disease
2. Cancer	2. Cancer
3. Stroke	3. Chronic lower respiratory disease
4. Chronic lower respiratory disease	4. Stroke
5. Accidents	5. Alzheimer's disease
6. Alzheimer's disease	6. Accidents
7. Diabetes	7. Diabetes
8. Influenza and pneumonia	8. Influenza and pneumonia
9. Chronic kidney disease	9. Chronic kidney disease
10. Septicemia	10. Septicemia

Source: Ohio Department of Health Vital Statistics

Notes:

1. Ranking based on number of cases.
2. See Appendix A (page 4) for complete data.
3. All ages included.

## LIFE EXPECTANCY

2017-2019

	Franklin County	Ohio
Life Expectancy (from birth; in years)	79.8	79.6

Source: Ohio Department of Health Vital Statistics, Analysis by Office of Epidemiology, Columbus Public Health.

Note: Life expectancy is the average expected number of years of life remaining from a given age, in a given population, according to the current mortality experience (age-adjusted death rates) of a person in the same population. Life expectancy is calculated from a "Life Table" and is expressed as the life expectancy from birth.

## LEADING SITES OF CANCER DEATH<sup>1,2,3</sup>

2017-2019

Franklin County	Ohio
1. Lung	1. Lung
2. Breast	2. Breast
3. Pancreas	3. Colon/Rectum
4. Colon/Rectum	4. Pancreas
5. Ovary	5. Ovary

Source: Ohio Department of Health Vital Statistics.

Notes:

1. Ranking based on number of cases.
2. See Appendix A (page 4) for complete data.
3. All ages included.

## LEADING SITES OF CANCER INCIDENCE<sup>1,2,3</sup>

2014-2018

Franklin County	Ohio
1. Breast	1. Breast
2. Lung	2. Lung
3. Uterus	3. Colon/Rectum
4. Colon/Rectum	4. Uterus
5. Thyroid	5. Melanoma

Source: Ohio Department of Health Cancer Incidence Surveillance System (2014-2018).

Notes:

1. Ranking based on number of cases.
2. See Appendix A (page 4) for complete data.
3. All ages included.

## SEXUALLY TRANSMITTED INFECTIONS<sup>1</sup>

2019

	Franklin County (Rate per 100,000)	Ohio (Rate per 100,000)
<b>Incidence</b>		
Chlamydia <sup>A</sup>	951.4	738.9
Gonorrhea <sup>A</sup>	285.6	209.7
Primary and Secondary Syphilis <sup>A,B</sup>	4.3	1.9
<b>Prevalence</b>		
Living with HIV <sup>C</sup>	161.4	85.8

Sources:

A. Ohio Disease Reporting System, 2021. Analysis by Office of Epidemiology, Columbus Public Health.

B. Ohio Department of Health STD Surveillance Program. Data are for 2019. Data reported through March 25, 2021.

C. Ohio Department of Health HIV/AIDS Surveillance Program. Data are for 2019. Data reported through June 30, 2020.

Notes:

1. All ages included

## HEALTH INDICATORS<sup>1</sup>

2019

	Franklin County	Ohio
<b>Chronic Conditions (18 years and older)</b>		
Overweight or Obese <sup>2</sup>	61.1%	65.3%
Diabetes	9.4%	11.2%
Currently Have Asthma	13.6%	13.8%
Coronary Heart Disease	2.9%	3.7%
Depression	27.4%	25.6%
<b>Behaviors &amp; Risks (18 years and older)</b>		
Met the Physical Activity Guidelines <sup>3</sup>	20.8%	17.9%
Current Smoker <sup>4</sup>	23.3%	20.0%
Chronic or Heavy Drinker <sup>5</sup>	5.3%	5.7%

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2019. Analysis by Office of Epidemiology, Columbus Public Health.

Notes:

1. Data is for adults ages 18 and older.

2. Overweight or obese indicates those with a body mass index of 25 or higher.

3. Participated in enough aerobic and muscle strengthening exercises to meet guidelines.

4. Includes those who reported they smoked at least 100 cigarettes in their lifetime and now smoke some days or every day.

5. Adult males who had more than 2 drinks per day and adult females who had more than 1 drink per day in the past 30 days.

<b>APPENDIX A: DATA TABLE</b>				
<b>Leading Causes of Death (2017-19)<sup>A</sup></b>	<b>Females</b>		<b>Franklin County</b>	
	<b>Avg. Number of Deaths</b>	<b>ADR<sup>1</sup></b>	<b>Avg. Number of Deaths</b>	<b>ADR<sup>1</sup></b>
ALL	4,972	704.7	10,123	825.2
Heart Disease	970	136.8	2,068	170.5
Cancer	966	135.4	1,970	156.4
Stroke	312	44.3	530	45.0
Chronic Lower Respiratory Disease	302	43.0	555	45.7
Accidents	289	42.1	848	65.4
Alzheimer's Disease	229	32.4	323	28.6
Diabetes	139	19.4	309	24.5
Influenza and Pneumonia	111	15.6	207	17.1
Chronic Kidney Disease	92	13.1	178	14.9
Septicemia	89	12.8	183	15.0
<b>Leading Sites of Cancer Death (2017-19)<sup>A</sup></b>	<b>Avg. Number of Deaths</b>	<b>ADR<sup>1</sup></b>	<b>Avg. Number of Deaths</b>	<b>ADR<sup>1</sup></b>
ALL CANCERS	966	135.4	1,970	156.4
Lung	227	32.0	497	39.4
Breast	154	21.5	157	12.2
Pancreas	77	10.7	161	12.7
Colon/Rectum	70	10.0	149	11.9
Ovary (Female Only)	38	5.2	38	5.2
<b>Leading Sites for Cancer Incidence (2014-18)<sup>B</sup></b>	<b>Avg. Number of Cases</b>	<b>AIR<sup>2</sup></b>	<b>Avg. Number of Cases</b>	<b>AIR<sup>2</sup></b>
ALL CANCERS	2,969	439.1	5,840	468.3
Breast	901	133.5	910	73.2
Lung	386	57.3	797	66.0
Uterus (Female Only)	230	32.6	230	32.6
Colon/Rectum	224	33.6	456	37.3
Thyroid	143	21.7	191	15.0
<b>Sexually Transmitted Infections (2019)<sup>C,D,E</sup></b>	<b>Number of Cases</b>	<b>Rate (per 100,000)</b>	<b>Number of Cases</b>	<b>Rate (per 100,000)</b>
Chlamydia (Incidence)	6,412	951.4	10,347	785.8
Gonorrhea (Incidence)	1,925	285.6	4,977	378.0
Primary and Secondary Syphilis (Incidence)	29	4.3	212	16.1
Living with HIV (Prevalence)	1,088	161.4	5,333	405.0

**Sources:**

A. Ohio Department of Health Vital Statistics.

B. Ohio Department of Health Cancer Incidence Surveillance System (2014-2018).

C. Ohio Disease Reporting System, 2021. Analysis by Office of Epidemiology, Columbus Public Health.

D. Ohio Department of Health STD Surveillance Program. Data are for 2019. Data reported through March 25, 2021.

E. Ohio Department of Health HIV/AIDS Surveillance Program. Data are for 2019. Data reported through June 30, 2020.

**Notes:**

1. Age-Adjusted Death Rate per 100,000

2. Age-Adjusted Incidence Rate per 100,000

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