# Far East Community Center



## 2018 FALL II

Registration: October 23-27 | Programs: October 30-December 15, 2018

### Center Hours

SUN	Closed
MON	6:00 p.m 9:00 p.m.
TUE	12:00 p.m 9:00 p.m.
WED	3:00 p.m 9:00 p.m.
THU	9:00 a.m 9:00p.m.
FRI	12:00 p.m 9:00 p.m.
SAT	9:00 a.m 6:00 p.m.

## **Q** Location / Contact

George Wilson, Center Manager

1826 Lattimer Drive Columbus, Ohio 43227

(614) 645-3159



RECREATION AND PARKS DEPARTMENT

ColumbusRecParks.com

ACTIVITY	TIME	DAY	FEE
Coeur De' Lion Performing Arts Academy	6:00 PM	М	45
Dance Young Men	6:00 PM	М	25
Gymnastic Parent Child 2 to 4	6:00 PM	М	0
Imagination Institute (CPAA) 3 to 5	6:00 PM	М	45
Basketball Leagues Skills 6 to 7	6:00 PM	М	0
Gymnastic 5 to 7	6:45 PM	М	0
Basketball League Skills \$ Drills 8 & 9	7:00 PM	Μ	0
Gymnastic 8 to 12	7:30 PM	Μ	0
Gymnastic 13 up	8:00 PM	М	0
Basketball League Skills \$ Drills 12 & 14	8:00 PM	М	0

38 + Adult Walking Club	12:30 PM	Tu	0
50 + Basketball	12:30 PM	Tu	0
HOME SCHOOL ART	1:30 PM	Tu	0
Teen group games	2:30 PM	Tu	0
Parent child or coach child	4:30 PM	Tu	0
Teen Fitness	4:30 PM	Tu	0
Coeur De' Lion Performing Arts Academy	6:00 PM	Tu	45
Aerobics	6:00 PM	Tu	35
ART & CRAFTS Parent Child 3 to 6	6:15 PM	Tu	0
Sporties for Shorties	6:15 PM	Tu	0
ART & CRAFTS 7 and UP	7:00 PM	Tu	0
Badminton	7:00 PM	Tu	0
DANCE FITNESS	7:00 PM	Tu	35

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38+ Senior Water Aerobics	9:15 AM	W	l
Adult Basketball	3:30 PM	W	10
Parent child or coach child	4:30 PM	W	0
Teen Fitness	4:30 PM	W	0
Piano PK (ages 4-6)	5:30 PM	W	25
Karate	6:00 PM	W	25
Piano Levels 3 & UP	6:00 PM	W	25
Basketball Leagues Skills 6 to 7	6:00 PM	W	0
Cheer Team	6:00 PM	W	
Piano Beginner Level 2	6:30 PM	W	25
Piano Beginner Level 1	7:00 PM	W	25
Basketball League Skills \$ Drills 10 & 11	7:15 PM	W	0
Guitar Beginner Level 1	7:30 PM	W	25
Drums Beginner Level	8:00 PM	W	25

PK GYMNASTIC	9:30 AM	Th	0
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All-Inclusive Recreation	10:15 AM	Th	0
Home School fitnes	11:30 AM	Th	0
Home School fitnes	11:30 AM	Th	0
38 + Adult Walking Club	12:30 PM	Th	0
50 + Basketball	12:30 PM	Th	0
Teen group games	2:30 PM	Th	0
Parent child or coach child	4:30 PM	Th	0
Teen Fitness	4:30 PM	Th	0
BALLET PK (3TO 8)	5:00PM	Th	29
Tap PK / Beginner 3 to 8	5:30 PM	Th	29
Tap 1 Beginner 3 to 8	6:00 PM	Th	29
Aerobics	6:00 PM	Th	35
Basketball League Skills \$ Drills 8 & 9	6:00 PM	Th	0
Cheer Team	6:00 PM	Th	0
BALLET 9 & UP	6:30 PM	Th	29
TAP 2 TEACHER OKAY	7:00 PM	Th	29
Basketball League Skills \$ Drills 10 & 11	7:15 PM	Th	0
LMBG! Leadership Institute (CPAA)	7:30 PM	Th	0
JAZZ 6 TO 13	7:30 PM	Th	29
Dreaming of Broadway Dancers Specialty Group	8:00 PM	Th	29
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Active Agers	9:30 AM	F	0
38+ Senior Stretch and Tone	10:00 AM	F F	0
Senior Line Dance FRIENDS Adult Basketball	11:00 AM	F F	0
	12:30 PM 2:30 PM		10
HOME SCHOOL GAMES	2:30 PM 2:30 PM	F F	0
Teen group games Parent child or coach child	4:30 PM		-
Teen Fitness	4:30 PM	F F	0
	6:00 PM	г F	0
Dance Adults Institute (CPAA) Aerobics	6:00 PM	 F	35
Futsol	6:15 PM	 F	0
Friday Night Movie	6:30 PM	F F	0
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Walk with the Doc	8:30 AM	Sa	0
Basketball Leagues Skills 6 to 7	9:30 AM	Sa	0
Sweat and Squat w/ Micah Dixon	10:00 AM	Sa	0
Cheer Team	10:00 AM	W	
Karate	11:00 AM	Sa	25
Basketball League Skills \$ Drills 8 & 9	11:00 AM	Sa	0
4H Club	1:00 PM	Sa	0
Basketball League Skills \$ Drills 10 & 11	1:30 PM	Sa	0

#### C.R.P.D & Far East Basketball League:

Registration will begin Monday October 1st Far East Community Center leagues will be using on-line with www.fareast.web.siplay.com. Deadline ends Wednesday November 15<sup>th.</sup> Please register sooner than later because team spots are limited. The first two weeks in November staff will be conducting specific position skills and drills with our REGISTERD YOUTH ONLY! If you are interested in volunteer coaching this season, our coaches meeting will be Tuesday November 20<sup>th</sup> at 7:00 pm. We will be discussing practice times, jersey colors of each team and passing out team rosters.

**Baseball** registration starts early March games in mid- May

Tee ball registration starts early March (Fee \$25.00 per player) games in mid-April **Baseball** registration starts early March games in mid- May

Trick or Treat Haunted Hallways Come out and enjoy our Trick or Treat Haunted Hallways @ Far East, October 27<sup>th</sup> from 12-2 pm. Candy, juice and cookies along with dance performances from or very own Coeur' De'Lion Arts Academy Following the performances we will have a costume parade, so come on out and have a scary good time!

#### **Far East FAMILY Holiday Party**

Friday December 14<sup>th</sup> 6p.m.

Please join the Far East staff for a fun filled night of Christmas caroling, gifts, food and games for EVERYONE!

#### **Far East Dance Programs Present:**

Their Winter Programs on December 15 Nicole Johnson will be having a Dance Recital at Whetstone starting at 1 pm: Coeur De Lion Academy will be having a Hot Chocolate Social at Martin Janis starting at 6 pm

#### Far East Adult Program

Our Active Adult Programs is typically marketed to active, healthy, younger seniors, some of whom are still working and many who are new retirees, who are seeking a lifestyle change during early or pre-retirement years. Most adult programs are fairly similar, but we offer a variety of healthy classes such as a Walking Club, Yoga Fit, Stretch & Tone, 50+ Basketball, 18 and up Basketball Hand Ceramics, Crocheting, Line Dancing, and Wood Turning. The increased opportunities for socialization with peers in an active adult setting keeps residents involved with others and with a wider community reduces social isolation and depression and promotes physical and mental health. Far East aerobics and our adult dance fitness is our most exciting and wellness classes available with the wide variety activities and movements to assure a healthy and fitness lifestyle.

Friday Night Movies It's a family fun night at Far East Community Center every other Friday with G-Rated and family movies that will have us all excited about Friday nights at Far East so please B.Y.O.P.(bring your own popcorn). Beverages provided.

#### **GIRL SCOUTS**

"Outdoor Adventure" What does it mean to be a good steward to the environment? Girls will learn fun outdoor skills and participate in team-building activities as they answer this question. This is a 5 week program.

Classes are Tuesdays 6:00pm to 7:00pm. Also look out for other Girl Scouts programs coming during our "School Out" and winter sessions.

#### **INSURER ROOFING 800.276.1562** asked for Mitch www.homeofthefreeroof.com or mitch.insuredroofing@gmail.com

They are helping our Holiday Party!