Breastfeeding/Pregnant Moms Groups in Central Ohio

**La Leche League**

**Driving Park**
3rd Wednesday at 10:30 am  
Driving Park Branch, Columbus Metropolitan Library  
1422 E Livingston Ave, Columbus, room 1  
Leaders: Rachel: 772-3031, Allyson: 740-710-1378

**Gahanna**
1st Wednesday at 7:00pm  
Gahanna Library  
310 Granville St., Gahanna  
Leaders: Barb: bibcare@gmail.com Lisa: 612-644-6604

**Hilliard**
3rd Tuesday at 7:00pm  
2nd Wednesday at 10:00am  
Scioto Ridge United Methodist Church  
4343 Dublin Rd, Hilliard  
Leaders: Allyson: allysonwessells@hotmail.com Sara: 595-9005, Susan: 746-8048, Chris: 761-9798

**Northland**
3rd Wednesday at 9:30am  
Ascension Lutheran Church East entrance  
1479 Morse Rd., Columbus  
Leaders: Connie: 301-3430, Sara: 595-9005

**Reynoldsburg**
2nd Tuesday at 7:30pm  
Reynoldsburg United Methodist Church  
1636 Graham Rd., Reynoldsburg  
Leaders: Charlene: CKHMccoy@hotmail.com or 864-1949, Rachel: 772-3031, Heather 937-542-9276

**Upper Arlington**
4th Tuesday, 10 am to noon.  
Call for location. Join us on Facebook!  
Leader: Susan 614-746-8048 or susan.littleton@gmail.com

***La Leche League is a great place for pregnant moms to learn about breastfeeding***

**Hospital Breastfeeding Support Groups**

**St Ann’s**
Every Wednesday 10:00-11:00am  
St. Ann’s Maternity Pavilion  
Contact number: 234-MILK

**Mt. Carmel East**
Every Tuesday: 2:00-3:00 pm  
Mt. Carmel East Hospital: 6001 East Broad St.  
(Maternity Floor, 4th floor of the Heart Center)  
Contact number: 234-MILK

**Mt. Carmel West**
Every Friday 11:00 am-12:00 pm  
Mt Carmel West, 777 West State St  
Contact number: 234-MILK

**Riverside Hospital**
Every Thursday at 1:30-2:30 pm  
Womens Center/ Yellow area  
3535 Olentangy River Road, 43214  
Contact number: 566-3434

**Grant Hospital**
Every Tuesday 2:00-3:00 pm  
Grant Hospital 111 S Grant Ave 4th floor classroom  
Contact number: 566-9008

**Nationwide Children’s**
Main campus  
Every Friday: 12:30-1:30  
Family Resource center/Blue Jackets Room  
Contact number: 722-6200

Updated 3/16
USDA is an equal opportunity provider and employer.
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