

Put the *Spring* Back in your Step!

City of
Columbus
Health &
Benefits Fair

May 6, 2015
8:30 a.m. to
1:00 p.m.

Franklin Park
Indoor Adventure Center,
1755 East Broad Street
Inside the Franklin Park Conservatory

Health Highlights:

- Blood Pressure Check
- Diabetes Screening
- Body Mass Index (BMI)
- Cholesterol Screening
- Hearing Test
- Bone Density
- Vision Screenings
- Skin Damage Screenings
- Nutrition and Fitness Consultations
- Dental Hygiene
- Chair Massage
- Reiki
- Food Samples

Benefits & Special Employee Discounts from:

- Local Service Providers
- Universities
- Banks
and more!

Get a \$20 Kroger Gift card for completing the screenings!

Buy a healthy lunch from the Kinetic Food Truck

Shuttle to and from the health fair available from Front Street

Details, the shuttle schedule and a list of vendors and prizes are available at www.columbus.gov/HealthFair.aspx

all prizes/incentives are subject to tax

Sponsored by:

Department of Human Resources
UnitedHealthcare
Delta Dental of Ohio
Dearborn National
VSP Vision

healthy **COLUMBUS**
CITY EMPLOYEE WELLNESS PROGRAM

THE CITY OF
COLUMBUS
HAEL B. COLEMAN, MAYOR MIC

DEPARTMENT OF
HUMAN RESOURCES