

# Put the *Spring* Back in your Step!

City of  
Columbus  
Health &  
Benefits Fair

**May 4, 2016**  
**9:00 a.m. to**  
**2:00 p.m.**

Franklin Park  
Indoor Adventure Center,  
1747 East Broad Street  
Inside the Franklin Park Conservatory

#### Health Highlights:

- Blood Pressure Check
- Diabetes Screening
- Body Mass Index (BMI)
- Cholesterol Screening
- Hearing Test
- Bone Density
- Vision Screenings
- Skin Damage Screenings
- Nutrition and Fitness Consultations
- Dental Hygiene
- Chair Massage
- Reiki
- Food Samples

#### Benefits & Special Employee Discounts from:

- Local Service Providers
- Universities
- Banks and more!

Get a \$20 Kroger Gift card for completing the screenings!

Buy a healthy lunch from the Kinetic Food Truck

Shuttle to and from the health fair available from Front Street

Details, the shuttle schedule and a list of vendors and prizes are available at [www.columbus.gov/HealthFair.aspx](http://www.columbus.gov/HealthFair.aspx)

all prizes/incentives are subject to tax

#### Sponsored by:

Department of Human Resources  
UnitedHealthcare  
Delta Dental of Ohio  
Dearborn National  
VSP Vision

healthy **COLUMBUS**  
CITY EMPLOYEE WELLNESS PROGRAM

THE CITY OF  
**COLUMBUS**  
ANDREW J. GINTHER, MAYOR

DEPARTMENT OF  
HUMAN RESOURCES