Healthy Columbus Wellness Team

**Purpose of the Wellness Team**
To assist the City of Columbus Employee Wellness Coordinator, and Employee Wellness Specialist with implementing Healthy Columbus Initiatives throughout all city departments.

- Assure that the wellness program reaches and meets the needs of all City of Columbus employee
- Increase wellness program participation through peer support and advocacy
- Provide visibility and promotion for the program.
- Overcome logistical challenges to implementing programs and initiatives at a variety of locations
- Provide input and employee feedback regarding wellness initiatives

**Wellness Team Member Responsibilities**
The Healthy Columbus Employee Wellness Team will consist of representatives from each city department/division, and the city’s Employee Wellness Coordinator and Employee Wellness Specialist.

**Team Member Responsibilities:**
1. Serve on the committee for a minimum of 12 months.
2. Attend monthly wellness team meetings (meetings will be held at a central location).
3. Assist with implementing, monitoring, and evaluating wellness initiatives as needed.
4. Actively promote and encourage other employees to participate in employee wellness programs and initiatives.
5. Provide Employee Wellness Coordinator with feedback regarding marketing and education materials for wellness initiatives.
6. Solicit ideas, feedback, perceptions from employees and share with Employee Wellness Coordinator/Specialist.

**Employee Wellness Coordinator & Specialist Responsibilities:**
1. Schedule and facilitate quarterly meetings; take notes at meetings and distribute them to all team participants
2. Coordinate all Healthy Columbus initiatives- share new initiatives with wellness team members in a format that is easy for the team members to share with their department/division staff.

**Contact Information:**
Wellness Coordinator- Jen Morel, 645-0988 or jemorel@columbus.gov
Wellness Specialist- Brandon Kimbro, 645-3892 or btkimbro@columbus.gov

**Find us online:**
www.columbus.gov/healthycolumbus
Facebook: www.facebook.com/HealthyColumbusEmployeeWellness
Pinterest: www.pinterest.com/healthycolumbus