



“I’m more confident in my health.”

If you find it difficult to manage your heart condition, the **Heart Failure Support Program** may be right for you. This program is included in your health benefits plan at no additional cost.

Connect one-on-one with a personal nurse who will work with you over the phone to help you live your healthiest life.

See how small steps can lead to meaningful results by working with your nurse to:

- Understand your condition and get information about cost-effective and appropriate tests and procedures
- Manage your condition through daily monitoring of weight and symptom changes
- Understand the right medications for heart failure and monitor your prescriptions
- Coordinate care with your doctor
- Reduce unnecessary hospital stays

The Heart Failure Support Program



Call myNurseLineSM for more information about this program.

1-800-681-3849

All quotes used herein are fictitious and are intended to illustrate typical member experiences.

The information provided through this program is for your information only. Our nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. In an emergency or urgent care situation, call 911 or go to the nearest emergency room. Your personal health information is kept private based on your plan's privacy policy. Some services may not be covered under your benefit plan. Please check your benefits.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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