



Lynn Pattin

“Lynn Pattin has been running competitively since the 7th grade. She attended The Ohio State University graduating with a BA in Journalism & Communication and has over 8 years’ experience as a Corporate Wellness Program Coordinator. Lynn regularly attends workshops on sports nutrition, injury prevention, and other running related topics. She has participated in local running groups, corporate running clubs, and coached individual runners to help them achieve their running goals, whether it is completing their first 5K or tackling the longer distances. Lynn also enjoys Piloxing, strength-training, and a regular yoga practice. She lives in Lewis Center with her hubby, Josh, and her favorite student of all - her 7-year old son, Ryan, who already has five 5Ks under his belt!”