

HELLO FROM

# Panama City, Panama

**4330 miles from Columbus**

## Facts About Panama City, Panama

- With a total metro population of 1,440,381, Panama City is the largest city and the capital of the Republic of Panama.
- The city is the political and administrative center of the country, as well as a hub for international banking and commerce.
- The Panama Canal was built by the U.S. Army Corps of Engineers between 1904 and 1914 with more than 75,000 workers. The canal allows ships to sail between the Atlantic and Pacific Oceans without having to go all the way around South America.
- Panama City has a tropical climate with typical daily temperatures between 75° and 84° F. The temperature seldom exceeds 90° F.
- Teams from Costa Rica have been in every Summer Olympic Games since 1964. Costa Rica has been in several Winter Olympic Games since 1980.
- Costa Rican athletes have won a total of four medals, all by Silvia Poll and Claudia Poll in swimming.
- Costa Rica has never medaled at the Winter Olympics.