



2022 PLAN



**COLUMBUS & FRANKLIN COUNTY
ADDICTION PLAN**

Bridging the Gap for Opiate & Drug Addiction Recovery

Greetings from the Health Commissioner

These are challenging times – especially for those living with addiction. For more than two years, COVID-19 changed our world and daily lives. The added stress and isolation from the pandemic were difficult for all of us. But it has been particularly hard – and deadly – for those fighting the brain disease of addiction.



Thousands of people overdosed in our community – and tragically, many died. As we continue to deal with the effects and aftermath of the pandemic, the epidemic of addiction and overdose is still raging in our community.

Preventing overdose is a complex issue – and there are no quick or easy fixes to a problem that continues to take mothers and fathers, sons and daughters, friends, neighbors and coworkers from those who love them most. No one is immune – and there are no quick solutions or easy answers. But as we continue to fight this battle on all fronts, we must renew our collective commitment to providing critical services to those battling addiction. We all have a role to play to end overdoses and save lives.

Overdose deaths are preventable. We must continue to expand access to the life-saving medication Narcan. You never know when you will need it. And for those who have lived to see another day and are ready to enter treatment, we can help. The Columbus and Franklin County Addiction Plan partners can link you to medical detoxification, recovery housing, and resources to achieve sobriety and sustain it. And, we must all commit to reducing stigma around the disease of addiction and ending overdose and overdose deaths in our community, once and for all.

We can do it together. We have a clear vision and collective purpose through the Columbus & Franklin County Addiction Plan, and Columbus Public Health is proud to lead this critical effort.

Mysheika W. Roberts, MD, MPH
Health Commissioner



A Message from the Mayor

The opioid crisis continues to plague vulnerable populations across America, throughout Ohio and right here in Columbus. It is important to note that, both nationwide and locally, we saw an unprecedented increase in overdose deaths during the COVID-19 pandemic – with a significant increase in the African American community, in particular. The pandemic laid bare countless inequities in our country, and this is but one example of a specific population being disproportionately impacted by challenges and hardship.



Despite this startling reality, individuals and agencies are undeterred, going above and beyond to help those in need and combat these crises. Members of the public health community are reaching out to residents; hosting pop-up events to distribute Narcan, Fentanyl test strips and COVID-19 vaccines; providing critical testing services, and more. I was fortunate to participate in one of the annual “Walk In for Recovery” events, which doubled the number of individuals served in 2021 – a remarkable feat by any conceivable measure. The compassion of our community is second to none.

The fight against addiction will continue, but I am inspired by the work that has already been done, and I am confident we will make even greater strides in this important work. Together, through kindness and cooperation, we are improving and saving lives in our community.

Andrew J. Ginther
Mayor of Columbus

A Message from the Franklin County Board of Commissioners

The past two years have been a tumultuous period as our community has faced dual public health crises – the COVID-19 pandemic and a worsening addiction crisis. Individuals have experienced increased mental health and addiction struggles and as a result, overdose incidents and the death rate have increased.



In 2021, we saw a record number of overdose deaths and increased incidents of depression and anxiety among our neighbors. As we all try to navigate a new way of life coming through the pandemic, we must have a systematic and comprehensive approach to address addiction at its root causes.

We understand that there is no one magical solution to address this crisis – instead it will take elected leaders, public-private partnerships, the nonprofit community, and those most affected by addiction working together in a comprehensive way to tackle this problem.

Erica Crawley
Franklin County Commissioner

Overview

Led by Columbus Public Health, the Columbus & Franklin County Addiction Plan has worked tirelessly over the past two years to prevent drug overdoses and overdose deaths. The Plan is supported by a principal committee of city and county officials, including Columbus Mayor Andrew J. Ginther, the Franklin County Commissioners' Office, Columbus City Attorney Zach Klein, Chief Executive Officer of the Franklin County Alcohol, Drug and Mental Health Board Erika Clark Jones, and Franklin County Health Commissioner Joe Mazzola, as well as subcommittees charged with investigating innovative practices and providing recommendations to help reduce drug overdoses deaths, overdoses and infectious diseases. Subcommittee members also are charged with implementing systemic changes in their organizations to support equitable access and substance use treatment.

The initial 2020-2021 Columbus & Franklin County Addiction Plan focused on conducting health equity, health system and population interventions with a focus on public health methodology. Members of the C&FCAP also identified evidenced-based practices to improve and expand serving individuals with substance use disorder, including:

- Naloxone Distribution
- Fentanyl Test Strip Distribution
- HIV/EIS Testing
- Syringe Collection
- Prevention Education Programs in Local Schools
- Collaborative Community Events
- Diversion Opportunities for People of Color with Substance Use Disorder into Specialized Docket Programs and Treatment
- Medical Practices and Organizations that Adopt Screening and Prescribing Guidelines
- Education on Adverse Childhood Experiences, Trauma-Informed Care, Mental Health and Substance Use

Background Data:

Since 2011:

- Ohio - 37,000 drug overdose deaths to date
- Franklin County - 4,160 of those deaths or 11.2% of state total

2019: Franklin County - 547 overdose deaths

2020: Franklin County - 804 overdose deaths

- 68% increase
- Fentanyl involved in 81% of deaths
- Not every death included heroin or an opioid such as Oxycotin or Percocet.
- 20% of deaths were among individuals who were using cocaine that was likely, unknowingly contaminated with Fentanyl.
- 17% were using stimulants like methamphetamine that were likely adulterated with Fentanyl.

Goals of Columbus & Franklin County Addiction Plan:

- Reduce overdose deaths
- Reduce overdoses
- Reduce infectious diseases like Hepatitis and HIV.

Through the commitment of each Columbus & Franklin County Addiction Plan member and the leadership of local elected officials, subcommittees conducted interventions with targeted objectives that helped achieve the plan's goals.

Measures

Measure & Definition	2020 Total	2021 Total
Hepatitis C Testing Individuals Tested for Hepatitis C in Franklin County	2,975	3,524
Syringes Collected Used syringes collected and disposed of properly	829,519	888,740
Naloxone Kits Distributed Number of Trainings for Lay People	23,902	24,144
Naloxone Community Trainings Number of Kits Provided to Individuals	383	624
Overdose Reversals Number of Naloxone Administration Incidents by LEA and EMS	3,630	3,699 (per ODMAP)
Seizures of Fentanyl Units of Fentanyl Seized by LEA by Grams	53,394	61,117.21
Schools Receiving Substance Abuse Prevention Curricula Number of Schools in the County Receiving Education for Students on Substance Abuse	174	Not reported

*Data collection was impacted by COVID-19.



Looking Ahead

Plan Overview • 2022-2025

The goals for the 2022-2025 remain the same and will continue to focus on helping people obtain substance use disorder treatment, harm reduction services, and access to integrated healthcare.

Goals

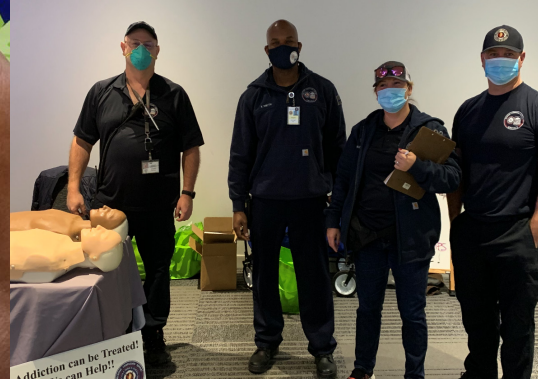
- Reduce overdose deaths by 15%
- Decrease drug overdose incidents by 15%
- Decrease infectious diseases like Hep C and HIV/AIDS by 10%

The goals are based upon data from 2021 with a decrease of 15%, 15%, and 10% annually. Goals will be every three years, instead of every two.

The goals and metrics collected and reported to the community align directly with the Ohio Department of Health's long-term health outcomes to reduce unintentional drug overdose deaths.

Each Columbus & Franklin County Addiction Plan subcommittee is responsible for ensuring that the goals, metrics and objectives are actionable, captured and realistic with the timeframe set forth by the Principal Committee, and that interventions align with the Ohio Department of Health Overdose Prevention Network.





Metrics

Treatment and Recovery Services Subcommittee

Peer Recovery Support

- # of certified PEER Recovery Support individuals

Recovery Housing

- # of recovery homes and beds (both certified and non-certified)

Healthcare and Harm Reduction Subcommittee

Disposal of Unused & Expired Medications

- # of pounds of drugs collected during Drug Take Back Days

Syringes Collected

- # of used syringes collected and disposed of by Safe Point

Syringes Distributed

- # of clean syringes distributed through Safe Point

Hepatitis C Testing

- # of individuals tested for Hepatitis C in Franklin County

Opioids Prescribed

- # of MME (Morphine Milligram Equivalent) doses dispensed by pharmacies

Stimulants Prescribed

- # of doses dispensed by pharmacies in Franklin County per patient

NAS

- Rate of newborns (to Franklin County residents) diagnosed with neonatal abstinence syndrome

Prevention & Education Subcommittee

Naloxone Kit Distribution (all sources)

- # of kits distributed free of charge

Naloxone Trainings (Community-based)

- # of trainings

Community-based Overdose Prevention Education Events

- # of events in the community

Public Safety Subcommittee

Overdose Reversals (first responders)

- # Naloxone administration events (incidents) by first responders

Linkage to MAT (Medication-Assisted Treatment) Pre-Release and/or Via the Courthouse MAT Program

- # of justice-involved individuals linked to MAT

Naloxone Kit Distribution

- % of inmates triggering the COWS (Clinical Opiate Withdrawal Score) protocol who receive a kit prior to release

Seizures of Fentanyl

- Units of fentanyl seized by law enforcement

Faith and Community Subcommittee

Recovery Congregations

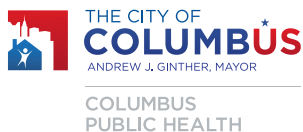
- # of faith-based congregations implementing one or more principles and using best practices of a Recovery Congregation

Data and goal progress can be found at https://public.tableau.com/app/profile/columbus/viz/CFCAP/MainMenu_1.

Plan Partners

Thank you to all Columbus & Franklin County Addiction Plan partners for their countless contributions and tireless efforts:

1DivineLine2 Health
African American Male Wellness Agency
Africentric Personal Development Shop
After-School All Stars
Alvis
Amethyst
Basecamp Recovery
Brave Technology
Central Ohio Hospital Council
City Attorney Zach Klein
Columbus City Council
Columbus City Fire and EMS
Columbus City Mayor Andrew J. Ginther
Columbus City Police Department
Columbus Public Health
Community for New Direction
CompDrug
Educational Service Center of Central Ohio
Equitas Health
Ethiopian Tewahedo Social Services
Faith in Public Life
Franklin County Alcohol, Drug and Mental Health Board
Franklin County Children's Services
Franklin County Commissioners' Office
Franklin County Office of Justice Policy & Programs
Franklin County Public Health
Franklin County Sheriff's Department
Grove City Division of Police
Grove City Start Talking
Health Impact Ohio
Jordan's Crossing
Kappa Foundation
Lower Lights Health Center
Lutheran Social Services
Maryhaven
Mount Carmel Health System
Nationwide Children's Hospital
OhioHealth
Ohio Association of Community Health Centers
Ohio Department of Mental Health and Addiction Services
Ohio Opioid Education Alliance
PrimaryOne Health
Reynoldsburg Police Department
Safe Point
SOAR Columbus
Southeast Healthcare
Stonewall Columbus
The Ohio State University College of Dentistry
The Ohio State University Wexner Medical Center
The P.E.E.R. Center
The Refuge
True Love Ministries
UMADAOP of Franklin County
Victory Ministries
Whitehall Fire Department and EMS
Woodhaven Treatment Center



The Columbus and Franklin County Addiction Plan is a collaborative community effort led by Columbus Public Health to address the opiate crisis in central Ohio. Through targeted interventions and innovative programs, the plan works to decrease overdoses, overdose deaths and the spread of infectious diseases. Learn more at www.columbus.gov/CFCAP.