

### Pathfinders Teen Group

Last Monday of the month, 6-7:30 p.m.

OhioHealth Hospice  
Kobacker House - 800 McConnell Dr., Columbus OH 43214  
614-533-6060

www.ohiohealth.com

Ongoing grief support group for teens (aged 13-18) who have lost a loved one. Call to preregister. ♦ ● ▲ ♥ ✨

### Stepping Stones

3rd Saturday of the month, 9-11:30 a.m.

OhioHealth Hospice  
Kobacker House - 800 McConnell Dr., Columbus, OH 43214  
614-533-6060

www.ohiohealth.com

This ongoing grief support program for children (aged 6-12) includes discussion and hands-on activities. Call to preregister or to discuss services for grieving children under 5. ♦ ● ▲ ✨

## Support in Pregnancy or at Delivery

### Now I Lay Me Down to Sleep

614-352-9487 (Felicia Williams, Area Coordinator)

www.nowilaymedowntosleep.org

A nonprofit that provides free remembrance photography for parents suffering the loss of a baby. Photographers can be requested 24 hours a day by calling area coordinator or completing an online form. ♦ ● ♥

### Sufficient Grace Ministries

419-278-7640

sufficientgraceministries.org

A Christian nonprofit offering perinatal hospice services to families faced with either a known life-limiting diagnosis or an unexpected pregnancy loss. Support and resources may be provided throughout the pregnancy, during delivery and after loss by "comfort doulas." These trained support companions can help with birth planning, memory-making, remembrance photography, funeral planning and peer-led grief support. ♦ ★ ♥

- ♦ Free
- No religious affiliation
- ★ Faith-based support
- ▣ Interpreter services available upon request
- ▲ Programming for youth
- ♥ Support for pregnancy loss
- ▼ Support for infant death
- ✨ Support for sibling loss

#### Meeting schedules are subject to change.

Please contact organizing group to confirm meeting time, date and location.

## Web Resources

### African American Faith-Based Bereavement Initiative (AAFBB)

nccc.georgetown.edu/AAFBB/index.html

### BabyWill for a SIDS Free Future

www.babywill.org

### Back in His Arms Again

backinhisarmsagain.com

### Center for Loss in Multiple Birth (CLIMB)

www.climb-support.org

### Centering Corporation

www.centering.org

### Children of Jannah

childrenofjannah.com

### Compassionate Friends

www.compassionatefriends.org

### Connecting Our Paths Eternally (COPE)

www.copefoundation.org

### Cornerstone of Hope

cornerstoneofhope.org

### First Candle

www.firstcandle.org

### Glow in the Woods

www.glowinthewoods.com

### Grieve Out Loud

grieveoutloud.org

### Helping After Neonatal Death (HAND)

www.handonline.org

### March of Dimes

www.marchofdimes.org  
www.marchofdimes.org/catalog

### MISSFoundation

www.missfoundation.org

### Pregnancy Loss and Infant Death Alliance (PLIDA)

www.plida.org

### Share Pregnancy and Infant Loss Support, Inc.

www.nationalshare.org

### Star Legacy Foundation

starlegacyfoundation.org

### Baby 1st Network

www.baby1stnetwork.org

## Other Community Resources

You also can contact your local funeral home, family doctor, or religious community for additional support.

## Franklin County

### Fetal-Infant Mortality Review (FIMR)

FIMR is part of a community-wide effort to decrease fetal and infant mortality in Franklin County. By reviewing fetal and infant deaths and listening to the unique stories of those who've lost a child, we learn about our community's strengths and its needs. As a community, we try to answer the questions, "Why are babies dying?" and "What can we do about it?"

Thank you to the grieving families who have shared their experiences with the FIMR program. Your children, and their stories, are very important to us.

Contact us if you have questions, to set up a bereavement visit, or to share your story with the FIMR program.

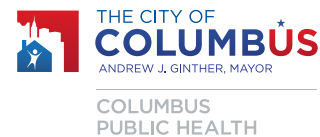
Lauren Rose-Cohen, RN  
Fetal-Infant Mortality Review (FIMR) Coordinator  
614-645-6537  
larose-cohen@columbus.gov  
www.columbus.gov/FIMR

### Bereavement Services at Columbus Public Health

Columbus Public Health offers a bereavement visit to all Franklin County parents grieving the loss of a pregnancy or the death of an infant. We also can help you find free, confidential services to support your family during this difficult time.

### Nondiscrimination Policy

No officer, employee, or agent of the city shall deny equal access to city services, or equal opportunity in employment and promotion, or the benefits thereof, to any person on the basis of race, sex, sexual orientation, gender identity or expression, color, religion, ancestry, national origin, age, disability, family or military status, or any other status that is protected by federal, state, or local law or ordinance.



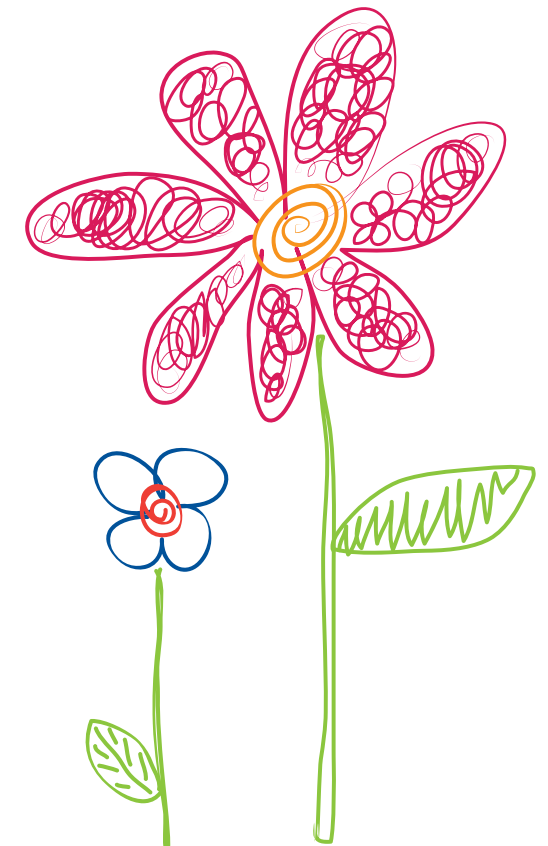
Franklin County Fetal-Infant Mortality Review (FIMR)  
240 Parsons Ave., Columbus, OH 43215  
www.publichealth.columbus.gov

12/2017

# Pregnancy & Infant Loss Grief Resources

Coping with the death of a child may be the hardest thing you'll ever do.

**You don't have to do it alone.**



## Hospice Grief Supports

### Mount Carmel Hospice & Palliative Care

1144 Dublin Rd., Columbus, OH 43215  
614-234-0200

[www.mountcarmelhealth.com/grief-loss](http://www.mountcarmelhealth.com/grief-loss)

Grief counseling for individuals and families as well as grief support groups, educational programs and referrals. Full list of services can be found on the website under "Grief and Loss Support Groups." Christian-affiliated; all are welcome.

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### OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus, OH 43214  
614-533-6060

[www.ohiohealth.com](http://www.ohiohealth.com)

One-time and ongoing classes for people facing grief, including "Moving through Grief with Yoga," "Expressing Loss through the Arts," and "A Mourning Walk in the Afternoon." Full list of services can be found online.

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### Wexner Heritage Village - Zusman Hospice

1151 College Ave., Columbus, OH 43209  
614-231-4900 x1170

[whv.org/Healthcare/zusman-hospice/](http://whv.org/Healthcare/zusman-hospice/)

Please call to see what services are best for you. Jewish-affiliated; all are welcome.

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### Fernside

4360 Cooper Rd. - Suite 100, Cincinnati, OH 45242  
513-246-9140

[www.fernside.org](http://www.fernside.org)

A Cincinnati-based, nonprofit affiliated with Hospice of Cincinnati offering support and advocacy to grieving children and their parents or guardians. Services include general grief groups for children & teens, summer camp, teen retreat, phone consultations, and a resource library.

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## Pregnancy & Infant Loss Support

### Alive in My Heart

[info@aliveinmyheart.org](mailto:info@aliveinmyheart.org)  
[aliveinmyheart.org](http://aliveinmyheart.org)

A Columbus-based nonprofit that supports families impacted by pregnancy and infant loss by connecting them to each other and community resources. See website for information on quarterly events.

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### At a Loss Grief Group

**1st & 3rd Tuesdays of the month, 6-7:30 p.m.**

Syntero Dublin Counseling Center  
299 Cramer Creek Court, Dublin, OH 43017

614-889-5722 x118

[info@dublincounselingcenter.org](mailto:info@dublincounselingcenter.org)

[www.syntero.org/](http://www.syntero.org/)

A free support group for parents who have experienced the death of a child. Private counseling billed to Medicaid, private insurance, or paid for on a sliding fee scale (based on available funds). Call prior to attending group.

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### Compassionate Friends Grief Group

**2nd Tuesday of the month, 7-9 p.m.**

The Compassionate Friends, Central OH Chapter  
Ascension Lutheran Church

1479 Morse Rd., Columbus, OH 43229

614-882-8986

[www.tfcolumbus.org](http://www.tfcolumbus.org)

A peer-led, self-help organization offering support, friendship, understanding, and hope to families grieving the death of a child of any age, from any cause.

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### Pregnancy & Infant Loss Support Group

Fly Barber Lyfe - 1011 E. Livingston Ave., Columbus, OH 43205

614-504-3265 (Destiny Moody)

A free grief group running in 8 week sessions. Call for dates and times.

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### Pregnancy & Infant Loss Support Group

**1st Tuesday of the month, 7-9 p.m.**

OhioHealth Hospice  
Kobacker House - 800 McConnell Dr., Columbus, OH 43214

614-566-5377

[www.ohiohealth.com](http://www.ohiohealth.com)

A support group for parents who have lost a baby before, during or in the first year after birth.

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### Seasons for Healing Family Grief Group

**2nd Thursday of the month (except Dec.), 6:30-8 p.m.**

Nationwide Children's Hospital  
Meeting location at the Center for Family Safety & Healing  
655 E. Livingston Ave., Columbus, OH 43205

614-722-5250

[www.nationwidechildrens.org/pastoral-care](http://www.nationwidechildrens.org/pastoral-care)

A bereavement program for parents whose child has died.

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## General Grief Groups & Other Supports

### Adult Hope & Healing Grief Support Group

**Meets once weekly for 10 weeks; call for schedule.**

Cornerstone of Hope - A Center for Grieving Children, Teens & Adults  
1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220  
614-824-4285

[www.cornerstoneofhope.org](http://www.cornerstoneofhope.org)

A general weekly grief group for those coping with the loss of a loved one. Grief groups for children and teens vary. Call for details. Remembrance workshops several times a year. Private counseling also available for \$40. Christian-affiliated; all are welcome.

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### Men and Grief

**1st Monday of the month, 7-8:30 p.m.**

OhioHealth Hospice  
Kobacker House - 800 McConnell Dr., Columbus OH 43214  
614-533-6060

[www.ohiohealth.com](http://www.ohiohealth.com)

This twice monthly general group for men explores the ways men can cope with grief. Call to preregister.

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### Muslim Family Services of Ohio

614-470-2848

[www.ohiomfs.org](http://www.ohiomfs.org)

Social service support and case management for Muslim families. Can be contacted to facilitate burial in an Islamic cemetery.

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### Netcare Crisis Hotline

**Open 24/7**

199 South Central Ave., Columbus, OH 43223

741 East Broad St., Columbus, OH 43205

614-276-CARE (2273)

1-888-276-CARE (2273)

A licensed clinician directs callers with mental illness and/or alcohol/drug addiction to the most appropriate support resources. Hotline and walk-in support available 24 hours/day, 365 days/year.

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### Perinatal Outreach & Encouragement for Moms (POEM)

**Call or visit the website for date and location details.**

614-315-8989

[www.mhafc.org](http://www.mhafc.org)

Support to women with pregnancy or postpartum depression (PPD) or anxiety. Offers peer-based support and refers to private counselors who accept Medicaid, private insurance, or payment on a sliding-fee scale and to pro bono counseling.

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### Pro Bono Counseling

Mental Health America Franklin County  
2323 W. Fifth Ave. - Suite 160, Columbus, OH 43204  
614-884-7227

[mhafc.org/get-help/pro-bono-counseling/](http://mhafc.org/get-help/pro-bono-counseling/)

Links licensed mental health professionals with those who need free short-term counseling (12 sessions or less). You may qualify if you are uninsured, underinsured, unable to receive public or private help, unable to pay minimum sliding-fee scales, or unemployed. A brief application can be completed online or over the phone.

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## Grief Resources for Kids & Teens

### Bereavement Camps

Cornerstone of Hope (Christian-affiliated; all are welcome.)  
A Center for Grieving Children, Teens and Adults  
1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220  
614-824-4285

[www.cornerstoneofhope.org/fullpage/camps-and-retreats](http://www.cornerstoneofhope.org/fullpage/camps-and-retreats)

**Camp Erin:** Free 3-day overnight camp for kids aged 8-17 combines high energy summer activities with age-appropriate grief support & education. Call for dates.

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**Camp Memory:** Free 3-day day camp helps children aged 6-13 share their grief in fun and creative ways. Call for dates.

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### Evergreen Program

**2 evenings per month from September-May, 6-7:30 p.m.**

Mount Carmel Hospice & Palliative Care  
1144 Dublin Rd., Columbus, OH 43215

614-234-0200

[www.mountcarmelhealth.com/grief-loss](http://www.mountcarmelhealth.com/grief-loss)

Ongoing grief support for school-aged children (aged 6-high school). Adults meet separately to discuss their own grief and how to parent grieving children. Call for schedule, to preregister or to learn about services for grieving children under 5. Christian-affiliated; all are welcome.

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### Expressive Arts Youth Grief Support Group

**Meets once weekly for 8 weeks; call for schedule.**

Cornerstone of Hope - A Center for Grieving Children, Teens and Adults  
1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220  
614-824-4285

[www.cornerstoneofhope.org/](http://www.cornerstoneofhope.org/)

This group is designed to help grieving teens aged 13+ express their feelings through the arts. This group runs concurrently with the Adult Hope and Healing Grief Support Group. Christian-affiliated; all are welcome.

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- ◆ Free
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- ★ Faith-based support
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- ◆ Support for pregnancy loss
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- \* Support for sibling loss

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