

Expressive Arts Youth Grief Support Group

Meets once weekly for eight weeks; call for schedule.

Cornerstone of Hope - A Center for Grieving Children, Teens and Adults
1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220
614-824-4285

www.cornerstoneofhope.org/

This group is designed to help grieving teens aged 13+ express their feelings through the arts. This group runs concurrently with the Adult Hope and Healing Grief Support Group. Christian-affiliated; all are welcome. ♦ ★ ▲ *

Stepping Stones

3rd Saturday of the month, 9-11:30 a.m.

OhioHealth Hospice
Kobacker House - 800 McConnell Dr., Columbus, OH 43214
614-533-6060
www.ohiohealth.com

This ongoing grief support program for children (aged 6-12) includes discussion and hands-on activities. Call to preregister or to discuss services for grieving children under 5. ♦ ● ▲ *

Support in Pregnancy or at Delivery

Now I Lay Me Down to Sleep

614-352-9487 (Felicia Williams, Area Coordinator)
www.nowilaymedowntosleep.org

A nonprofit that provides free remembrance photography for parents suffering the loss of a baby. Photographers can be requested 24 hours a day by calling area coordinator or completing an online form. ♦ ● ● ♥

Sufficient Grace Ministries

419-278-7640

www.sufficientgraceministries.org

A Christian nonprofit offering perinatal hospice services to families faced with either a known life-limiting diagnosis or an unexpected pregnancy loss. Support and resources may be provided throughout the pregnancy, during delivery and after loss by "comfort doulas." These trained support companions can help with birth planning, memory-making, remembrance photography, funeral planning and peer-led grief support. ♦ ★ ♥ ♥

- ♦ Free
- No religious affiliation
- ★ Faith-based support
- ▣ Interpreter services available upon request
- ▲ Programming for youth
- ♥ Support for pregnancy loss
- ♥ Support for infant death
- ★ Support for sibling loss

Meeting schedules are subject to change.

Please contact organizing group to confirm meeting time, date and location.

Web Resources

African American Faith-Based Bereavement Initiative (AAFBBi)

nccc.georgetown.edu/AAFBBi/index.html

BabyWill for a SIDS Free Future

www.babywill.org

Back in His Arms Again

backinhisarmsagain.com

Center for Loss in Multiple Birth (CLIMB)

www.climb-support.org

Centering Corporation

www.centering.org

Children of Jannah

childrenofjannah.com

Compassionate Friends

www.compassionatefriends.org

Connecting Our Paths Eternally (COPE)

www.copefoundation.org

Cornerstone of Hope

cornerstoneofhope.org

First Candle

www.firstcandle.org

Glow in the Woods

www.glowinthewoods.com

Helping After Neonatal Death (HAND)

www.handonline.org

March of Dimes

www.marchofdimes.org
www.marchofdimes.org/catalog

MISSFoundation

www.missfoundation.org

Pregnancy Loss and Infant Death Alliance (PLIDA)

www.plida.org

Share Pregnancy and Infant Loss Support, Inc.

www.nationalshare.org

Star Legacy Foundation - Ohio Chapter

starlegacyfoundation.org/ohio-chapter

Baby 1st Network

www.baby1stnetwork.org

Other Community Resources

You also can contact your local funeral home, family doctor, or religious community for additional support.

Franklin County

Fetal-Infant Mortality Review (FIMR)

FIMR is part of a community-wide effort to decrease fetal and infant mortality in Franklin County. By reviewing fetal and infant deaths and listening to the unique stories of those who've lost a child, we learn about our community's strengths and its needs. As a community, we try to answer the questions, "Why are babies dying?" and "What can we do about it?"

Thank you to the grieving families who have shared their experiences with the FIMR program. Your children, and their stories, are very important to us.

Contact us if you have questions, to set up a bereavement visit or to share your story with the FIMR program.

Kemhorn Gentes, BSN, RN
Fetal-Infant Mortality Review (FIMR) Coordinator
614-645-6537
kegentes@columbus.gov
www.columbus.gov/FIMR

Bereavement Services at Columbus Public Health

Columbus Public Health offers a bereavement visit to all Franklin County parents grieving the loss of a pregnancy or the death of an infant. We also can help you find free, confidential services to support your family during this difficult time.

Nondiscrimination Policy

No officer, employee or agent of the city shall deny equal access to city services, or equal opportunity in employment and promotion, or the benefits thereof, to any person on the basis of race, sex, sexual orientation, gender identity or expression, color, religion, ancestry, national origin, age, disability, family or military status, or any other status that is protected by federal, state or local law or ordinance.



COLUMBUS PUBLIC HEALTH

Franklin County Fetal-Infant Mortality Review (FIMR)
240 Parsons Ave., Columbus, OH 43215
www.publichealth.columbus.gov

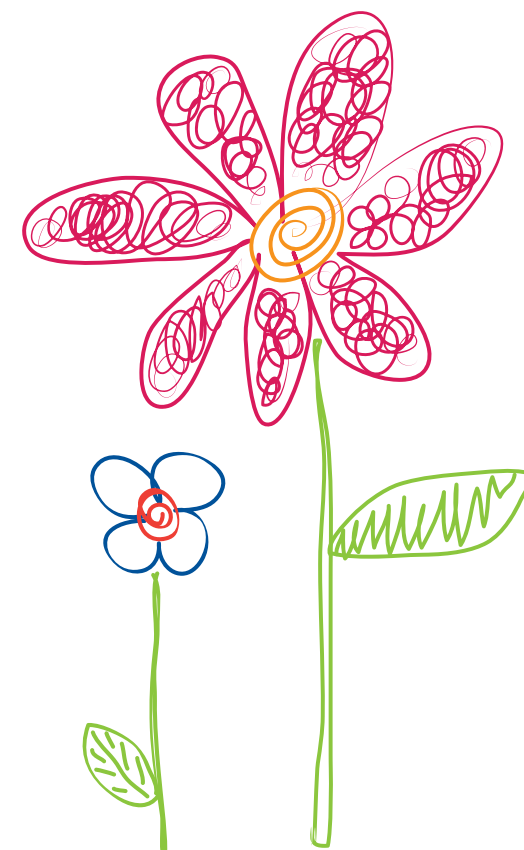
12/2018

Pregnancy & Infant Loss

Grief Resources

Coping with the death of a child may be the hardest thing you'll ever do.

You don't have to do it alone.



Hospice Grief Supports

Mount Carmel Hospice & Palliative Care

1144 Dublin Rd., Columbus, OH 43215

614-234-0200

www.mountcarmelhealth.com/grief-loss

Grief counseling for individuals and families as well as grief support groups, educational programs and referrals. Full list of services can be found on the website under "Grief and Loss Support Groups." All are welcome. ♦ ★ ■ ▲ ♥

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus, OH 43214

614-533-6060

www.ohiohealth.com

One-time and ongoing classes for people facing grief, including "Moving through Grief with Yoga," "Expressing Loss through the Arts," and "A Mourning Walk in the Afternoon." Full list of services can be found online. ♦ ● ■ ▲ ♥

Fernside

4360 Cooper Rd. - Suite 100, Cincinnati, OH 45242

513-246-9140

www.fernside.org

A Cincinnati-based, nonprofit affiliated with Hospice of Cincinnati offering support and advocacy to grieving children and their parents or guardians. Services include general grief groups for children and teens, summer camp, teen retreat, phone consultations and a resource library. ♦ ▲ ♥

Pregnancy & Infant Loss Support

Alive in My Heart

info@aliveinmyheart.org

aliveinmyheart.org

A Columbus-based nonprofit that supports families impacted by pregnancy and infant loss by connecting them to each other and community resources. See website for information on quarterly events. ♦ ● ♥

At a Loss Grief Group

1st & 3rd Tuesdays of the month, 6-7:30 p.m.

Syntero Dublin Counseling Center

299 Cramer Creek Court, Dublin, OH 43017

614-889-5722 x118

info@dublincounselingcenter.org

www.syntero.org/

A free support group for parents who have experienced the death of a child of any age. Private counseling is also available, billed to Medicaid, private insurance, or paid for on a sliding-fee scale (based on available funds). Call prior to attending group. ♦ ● ♥

Compassionate Friends Grief Group

2nd Tuesday of the month, 7-9 p.m.

The Compassionate Friends, Central OH Chapter

Ascension Lutheran Church

1479 Morse Rd., Columbus, OH 43229

614-882-8986

www.tfcolumbus.org

A peer-led, self-help organization offering support, friendship, understanding and hope to families grieving the death of a child of any age, from any cause. ♦ ● ♥

Pregnancy & Infant Loss Support Group

1st Tuesday of the month, 7-9 p.m.

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus, OH 43214

614-566-5377

www.ohiohealth.com

A support group for parents who have lost a baby before, during or in the first year after birth. ♦ ● ■ ♥

Seasons for Healing Family Grief Group

2nd Thursday of the month (except Dec.), 6:30-8 p.m.

Nationwide Children's Hospital

Meeting location at the Center for Family Safety & Healing

655 E. Livingston Ave., Columbus, OH 43205

614-722-5250

www.nationwidechildrens.org/pastoral-care

A bereavement program for parents whose child has died.

♦ ● ■ ♥

General Grief Groups & Other Support

Adult Hope & Healing Grief Support Group

Meets once weekly for 10 weeks; call for schedule.

Cornerstone of Hope - A Center for Grieving Children, Teens & Adults

1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220

614-824-4285

www.cornerstoneofhope.org

A general weekly grief group for those coping with the loss of a loved one. Grief groups for children and teens vary. Call for details. Remembrance workshops several times a year. Private counseling also available for \$40. Christian-affiliated; all are welcome. ♦ ★ ♥

Hope Counseling Center, LLC

Mondays, 10 a.m.-7 p.m.

Tuesdays, Wednesdays & Thursdays, 10 a.m.-3 p.m.

Closed Fridays & weekends

Center of Hope

3964 E. Main St., Columbus, OH 43213

614-252-2500 x207

www.victorycoh.org

Grief and other mental health counseling services provided by licensed professional counselors and clinical interns. Fees for services can be paid through covered insurances, by the individual, or according to financial hardship adjustments. Christian-affiliated; all are welcome. ★ ♥ ♣

Men and Grief

1st Monday of the month, 7-8:30 p.m.

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus OH 43214

614-533-6060

www.ohiohealth.com

This twice-monthly, general group for men explores the ways men can cope with grief. Call to preregister. ♦ ● ■ ♥

Muslim Family Services of Ohio

614-470-2848

www.ohiomfs.org

Social service support and case management for Muslim families. Can be contacted to facilitate burial in an Islamic cemetery. ♦ ★ ■ ♥

Netcare Crisis Hotline

Open 24/7

199 South Central Ave., Columbus, OH 43223

741 East Broad St., Columbus, OH 43205

614-276-CARE (2273)

1-888-276-CARE (2273)

A licensed clinician directs callers with mental illness and/or alcohol/drug addiction to the most appropriate support resources. Hotline and walk-in support available 24 hours/day, 365 days/year. ♦ ● ♥

General Grief Groups & Other Support, continued

Perinatal Outreach & Encouragement for Moms (POEM)

Call or visit the website for date and location details.

614-315-8989

www.mhafc.org

Support to women with pregnancy or postpartum depression (PPD) or anxiety. Offers peer-based support and refers to private counselors who accept Medicaid, private insurance or payment on a sliding-fee scale and to pro bono counseling. ♦ ● ♥

Pro Bono Counseling

Mental Health America Franklin County

2323 W. Fifth Ave. - Suite 160, Columbus, OH 43204

614-884-7227

mha.org/get-help/pro-bono-counseling/

Links licensed mental health professionals with those who need free, short-term counseling (12 sessions or less). You may qualify if you are uninsured, underinsured, unable to receive public or private help, unable to pay minimum sliding-fee scales, or unemployed. A brief application can be completed online or over the phone. ♦ ● ▲ ♥

Grief Resources for Kids & Teens

Bereavement Camps

Cornerstone of Hope - A Center for Grieving Children, Teens and Adults

1550 Old Henderson Rd. - Suite E-262, Columbus, OH 43220

614-824-4285

www.cornerstoneofhope.org/fullpage/camps-and-retreats

Camp Erin: Free, three-day overnight camp for kids aged 8-17 that combines high-energy summer activities with age-appropriate grief support and education. Call for dates. Christian-affiliated; all are welcome. ♦ ★ ♣

Camp Memory: Free, three-day day camp helps children aged 6-13 share their grief in fun and creative ways. Call for dates. Christian-affiliated; all are welcome. ♦ ★ ▲ ♣

Evergreen Program

Two evenings per month, September-May, 6-7:30 p.m.

Mount Carmel Hospice & Palliative Care

1144 Dublin Rd., Columbus, OH 43215

614-234-0200

www.mountcarmelhealth.com/grief-loss

Ongoing grief support for school-aged children (aged 6-high school). Adults meet separately to discuss their own grief and how to parent grieving children. Call for schedule, to preregister or to learn about services for grieving children under 5. All are welcome. ♦ ★ ■ ♣

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