

Grief Resources for Kids & Families, continued

Evergreen Program

2nd Thursday of the month from September-May, 6-7:30pm

Mount Carmel Hospice & Palliative Care
1144 Dublin Rd., Columbus, OH 43215

Phone: 614-234-0237 or 614-234-0200

Web: www.mountcarmelhealth.com/grief-loss

Ongoing grief support for school-aged children (aged 6-high school). Adults meet separately to discuss their own grief and how to parent grieving children. Call to preregister or to learn about services for grieving children under 5. ♦ ✝ ▲ ▲ ♥

Expressive Arts Youth Grief Support Group

Meets once weekly for 8 weeks, call for schedule

Cornerstone of Hope -
A Center for Grieving Children, Teens and Adults
1550 Old Henderson Rd., Suite E-262 Columbus, OH 43220
Phone: 614-824-4285

Web: www.cornerstoneofhope.org/

This group is designed to help grieving teens aged 13+ express their feelings through the arts. This group runs concurrently with the Adult Hope and Healing Grief Support Group. ♦ ✝ ▲ ▲ ♥

Pathfinders Teen Group

Last Monday of the month, 6-7:30pm

OhioHealth Hospice
Kobacker House - 800 McConnell Dr., Columbus OH 43214
Phone: 614-533-6060

Ongoing grief support group for teens (aged 13-18) who have lost a loved one. Call to preregister. ♦ ● ▲ ▲ ♥

Stepping Stones

3rd Saturday of the month, 9-11:30am

OhioHealth Hospice
Kobacker House - 800 McConnell Dr., Columbus, OH 43214
Phone: 614-533-6060

This ongoing grief support program for children (aged 6-12) includes discussion and hands-on activities. Adult group is available from 9-10:30am. Call to preregister or to discuss services for grieving children under 5. ♦ ● ▲ ▲ ♥

Web Resources

African American Faith-Based Bereavement Initiative (AAFBB)

nccc.georgetown.edu/AAFBB/modules/Introduction/index.html

BabyWill for a SIDS Free Future

www.babywill.org

Back in His Arms Again

backinhisarmsagain.com

Center for Loss in Multiple Birth (CLIMB)

www.climb-support.org

Centering Corporation

www.centering.org

CJ Foundation for SIDS

www.cjsids.org

Connecting Our Paths Eternally (COPE)

www.copefoundation.org

Cornerstone of Hope

cornerstoneofhope.org

First Candle

www.firstcandle.org

Glow in the Woods

www.glowinthewoods.com

Grieve Out Loud

grieveoutloud.org

Helping After Neonatal Death (HAND)

www.handonline.org

March of Dimes

www.marchofdimes.org
www.marchofdimes.org/catalog

MISSFoundation

www.missfoundation.org

Pregnancy Loss and Infant Death Alliance (PLIDA)

www.plida.org

Share Pregnancy and Infant Loss Support, Inc.

www.nationalshare.org

Star Legacy Foundation

starlegacyfoundation.org

Sudden Infant Death (SID) Network of Ohio

www.sidsohio.org

Other Community Resources

You can also contact your local funeral home, family doctor, or religious community for additional support.

Franklin County Fetal-Infant Mortality Review (FIMR)

FIMR is part of a community-wide effort to decrease fetal and infant mortality in Franklin County. By reviewing fetal and infant deaths and by listening to the unique stories of those who've lost a child, we learn about our community's strengths and its needs. And as a community, we try to answer the questions, "Why are babies dying? What can we do about it?"

Thank you to those grieving families who have already shared their experiences with the FIMR program. Your children, and their stories, are very important to us.

Contact us anytime if you have questions, to set up a bereavement visit, or to share your story with the FIMR program.

Lauren Rose-Cohen, RN
Fetal-Infant Mortality Review (FIMR) Coordinator
614-645-6537
lrosecohen@columbus.gov
www.columbus.gov/FIMR

Bereavement Services at Columbus Public Health

Columbus Public Health offers a bereavement visit to all Franklin County parents grieving the loss of a pregnancy or the death of an infant. If interested, we can help you find free, confidential services to support your family during this difficult time.

Nondiscrimination Policy

No officer, employee, or agent of the city shall deny equal access to city services, or equal opportunity in employment and promotion, or the benefits thereof, to any person on the basis of race, sex, sexual orientation, gender identity or expression, color, religion, ancestry, national origin, age, disability, family or military status, or any other status that is protected by federal, state, or local law or ordinance.



COLUMBUS
PUBLIC HEALTH

Franklin County Fetal-Infant Mortality Review (FIMR)
240 Parsons Ave, Columbus, OH 43215
www.publichealth.columbus.gov

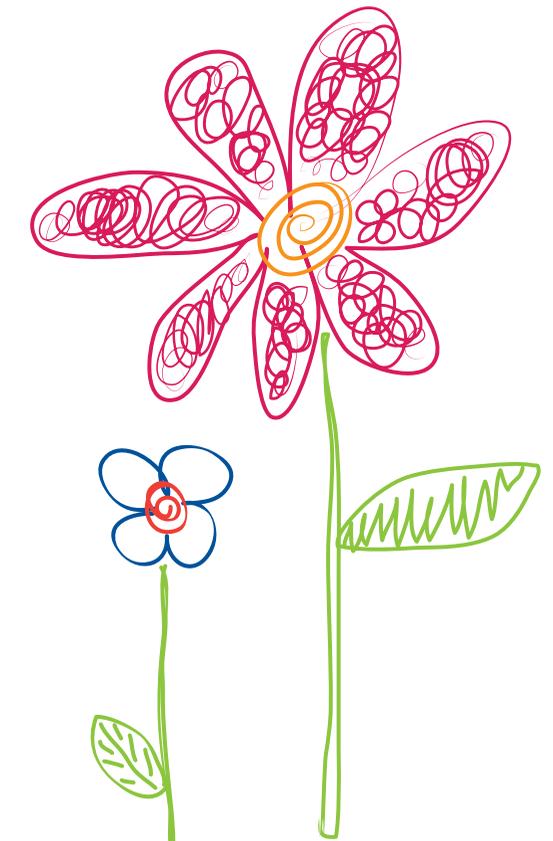
7/2016

Pregnancy & Infant Loss

Grief Resources

Coping with the death of a child may be the hardest thing you'll ever do.

You don't have to do it alone.



- ♦ Free
- No religious affiliation
- ✝ Christian affiliated; though people of all faiths or no-faith are welcome
- ☆ Jewish affiliated; though people of all faiths or no-faith are welcome
- ▣ Interpreter services available upon request
- ▲ Programming for youth
- ♥ Pregnancy loss support program
- ♥ Infant death support program

Meeting schedules are subject to change.

Please contact organizing group to confirm meeting time, date and location.

Hospice Grief Supports

Mount Carmel Hospice & Palliative Care

1144 Dublin Rd., Columbus, OH 43215

Phone: 614-234-0200

Web: www.mountcarmelhealth.com/grief-loss

Grief counseling for individuals and families as well as grief support groups, educational programs and referrals. Full list of services can be found on the web site under "Grief and Loss Support Groups." ♦ ✝ □ ▲ ♡

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus, OH 43214

Phone: 614-533-6060

Web: www.ohiohealth.com/griefsupportclasses/

One-time and ongoing classes for people facing grief, including "Moving through Grief with Yoga," "Expressing Loss through the Arts," "Grief and Anger," "A Mourning Walk in the Afternoon," and "Journaling through Grief." Full list of services can be found on the web site. ♦ ● □ ▲ ♡

Wexner Heritage Village - Zusman Hospice

1151 College Ave., Columbus, OH 43209

Phone: 614-559-0350

Web: whv.org/Healthcare/zusman-hospice/

Grief programming such as art therapy for children, teens and adults, "coffee talk" with a hospice chaplain, and individual short-term counseling. Full list of programs can be found on the web site under "Bereavement Services." ♦ ✨ ▲ ♡

Fernside

4360 Cooper Rd., Suite 100, Cincinnati, OH 45242

Phone: 513-246-9140

Web: www.fernside.org

A Cincinnati-based, non-profit affiliated with Hospice of Cincinnati offering support and advocacy to grieving children and their parents or guardians. Services include grief groups for children & teens, summer camp, teen retreat, phone consultations, and a resource library. ♦ ▲ ♡

Pregnancy & Infant Loss Support Groups

"At a Loss" Grief Group

1st & 3rd Tuesday of the month, 6-7:30pm

Syntero Dublin Counseling Center
299 Cramer Creek Court, Dublin, OH 43017

Phone: 614-889-5722

Email: info@dublincounselingcenter.org

Web: www.syntero.org/

A free support group for parents who have experienced the death of a child. Private counseling billed to Medicaid, private insurance, or paid for on a sliding fee scale (based on available funds) also available. ♦ ● ♡

Compassionate Friends Grief Group

2nd Tuesday of the month, 7-9pm

The Compassionate Friends, Central OH Chapter
Ascension Lutheran Church

1479 Morse Rd., Columbus, OH 43229

Phone: 614-882-8986

Web: www.compassionatefriends.org

A peer-led, self-help organization offering support, friendship, understanding, and hope to families grieving the death of a child of any age, from any cause. ♦ ● ♡

"Pregnancy After Loss" Support Group

3rd Wednesday of the month, 7-8:30pm

5625 N. High St., Worthington, OH 43085

Phone: 740-971-8264

Email: dnbmccann@frontier.com

A peer-led support group for expectant women (and their families/friends) who have experienced a past pregnancy or infant loss. ♦ ✝ □ ♡

"Pregnancy & Infant Loss" Support Group

1st Tuesday of the month, 7-9pm

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus, OH 43214

Phone: 614-566-5377

A support group for parents who have lost a baby before, during, or in the first year after birth. ♦ ● □ ♡

"Seasons for Healing" Family Grief Group

2nd Thursday of the month, 6:30-8pm

Nationwide Children's Hospital

Meeting location at the Center for Family Safety & Healing
655 E. Livingston Ave., Columbus, OH 43205

Phone: 614-722-5250

A bereavement program for parents whose child has died.

♦ ● □ ♡

General Grief Groups & Other Supports

Adult Hope & Healing Grief Support Group

Meets once weekly for 10 weeks, call for schedule

Cornerstone of Hope -

A Center for Grieving Children, Teens & Adults

1550 Old Henderson Rd., Suite E-262 Columbus, OH 43220

Phone: 614-824-4285

Web: www.cornerstoneofhope.org

A general weekly grief group for those coping with the loss of a loved one; teens & adults meet at the same time in separate rooms. Remembrance workshops several times a year. Private counseling, paid for on a sliding fee scale (\$10-\$60), also available. ♦ ✝ ♡

Bagel Bunch: Expressing Emotions, Stages of Loss and Taking Care of Yourself

1st Wednesday of the month, 11:30am-12:30pm

Wexner Heritage Village, Creekside at the Village

2200 Welcome Place, Columbus, OH 43209

Phone: 614-559-0350

Web: whv.org

Bagels and a professionally run support group in a comfortable and comforting setting. ♦ ✨

Men and Grief

1st and 3rd Monday of the month, 7-8:30pm

OhioHealth Hospice

Kobacker House - 800 McConnell Dr., Columbus OH 43214

Phone: 614-533-6060

Web: www.ohiohealth.com/griefsupportclasses/

This twice monthly general group for men explores the ways men can cope with grief. Call to preregister. ♦ ● □ ♡

Netcare Crisis Hotline

Open 24/7

199 South Central Ave. Columbus, OH 43223

741 East Broad St., Columbus, OH 43205

Phone: 614-276-CARE (2273) If in crisis, press "2."

Phone: 1-888-276-CARE (2273) If in crisis, press "2."

A licensed clinician directs callers with mental illness and/or alcohol/drug addiction to the most appropriate support resources. Hotline and walk-in support available 24 hours/day, 365 days/year. ♦ ● ♡



Perinatal Outreach & Encouragement for Moms (POEM)

2nd Saturday of the month, 10am-12pm

Meeting location at Syntero Dublin Counseling Center
299 Cramer Creek Court, Dublin, OH 43017

4th Tuesday of the month, 6:30-8:30pm

Meeting location at Columbus Birth and Parenting
6649 N. High St., Suite LL7, Columbus, OH 43085

Support Line: 614-315-8989

Web: www.mhafc.org

Support to women with pregnancy or postpartum depression (PPD) or anxiety. Offers peer-based support and refers to private counselors who accept Medicaid, private insurance, or payment on a sliding-fee scale and to Pro Bono Counseling. ♦ ● ♡

Pro Bono Counseling

Mental Health America Franklin County

2323 W. Fifth Ave., Suite 160, Columbus, OH 43204

Phone: 614-884-7227

Web: mhafc.org/get-help/pro-bono-counseling/

This program links licensed mental health professionals with those who need free short-term counseling (12 sessions or less). You may qualify if you are uninsured, underinsured, unable to receive public or private help, unable to pay minimum sliding-fee scales, or unemployed. A brief application can be completed online or over the phone. ♦ ● ▲ ♡

Grief Resources for Kids & Families

Camp Erin

Call for dates

Cornerstone of Hope

P. O. Box 31555, Independence, OH 44131

Phone: 216-236-5003

Web: cornerstoneofhope.org/site/page/camps-and-retreats

This free, three-day bereavement camp for kids aged 8-17 combines high energy summer activities with age-appropriate grief support & education. ♦ ✝ ▲ ♡

Camp Memory

Last week in June

Cornerstone of Hope -

A Center for Grieving Children, Teens and Adults

1550 Old Henderson Rd., Suite E-262 Columbus, OH 43220

Phone: 614-824-4285

Web: www.cornerstoneofhope.org/site/page/campsandretreats

This free 1/2 day (3 days) camp helps children aged 6-13 share their grief in fun and creative ways. ♦ ✝ ▲ ♡

- ♦ Free
- No religious affiliation
- ✝ Christian affiliated; though people of all faiths or no-faith are welcome
- ✨ Jewish affiliated; though people of all faiths or no-faith are welcome
- Interpreter services available upon request
- ▲ Programming for youth
- ♡ Pregnancy loss support program
- ♡ Infant death support program

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