

INSTITUTE FOR ACTIVE LIVING



Get Moving,
Get Active,
Get Healthy!



THE CITY OF
COLUMBUS

MICHAEL B. COLEMAN, MAYOR

COLUMBUS
PUBLIC HEALTH

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WHAT WE DO

Our mission is to reduce and prevent childhood obesity, particularly in low income children who are disproportionately impacted by poor health. We work with neighborhoods to increase access to healthy food and create more opportunities for physical activity.

INITIATIVES

Healthy Food

- Columbus Public Health's Farmers Markets

Bike Promotion and Safety

- Ohio Women's Bicycling Summit

Neighborhood Pride

- Supports healthy and active neighborhoods

10/2013

GET ACTIVE COLUMBUS

The Institute for Active Living creates a more active, healthy city:

- Provides support and resources to more than 100 community gardens
- Directs programs including Kids Cycle Columbus, which allows kids to earn their own bike
- Educates families on bike safety and Columbus' Bike Share Program, CoGo
- www.getactivecolumbus.com is a tool that links families to opportunities to be active in their own neighborhoods



GET INVOLVED

You can help, whether you're part of a community organization ready to make healthier neighborhoods or a donor able to help support Active Living. We currently engage more than 50 area partners, and would love to add you to our list!

We can work together to make Columbus a more active, vibrant city.

Contact us today for more information:

Institute for Active Living
Columbus Public Health
240 Parsons Ave, Columbus, OH 43215

Director: Barb Seckler
bjseckler@columbus.gov
www.getactivecolumbus.gov

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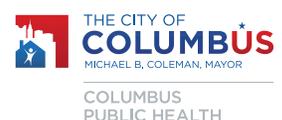
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