

# Medication-Assisted Treatment (MAT)

“Medication-Assisted Treatment saves lives while increasing the chances a person will remain in treatment and learn the skills and build the networks necessary for long-term recovery.” – Michael Botticelli, National drug control policy.

## What is MAT?

MAT pairs non-drug therapies, such as counseling or cognitive behavioral therapy, with an FDA-Approved medication to treat Opioid Use Disorder. Here at Columbus Public Health, we offer 2 of the 3 FDA approved medications, Buprenorphine (Suboxone) & Naltrexone (Vivitrol). Each of the medications differs in the way it works to relieve the symptoms of opioid withdrawal and/or block the euphoric effects of the drugs. Medication treatment plans will be patient specific and created by both the patient and the prescriber.

## What you should know...

CPH will have 2 APRN's available two half days per week to provide services here in the Alcohol & Drug Services Department. The MAT clinic hours & Medical Assistant are available Monday-Friday 9am-5pm.

Once we reach capacity for the number of clients we can serve we will assist individuals in identifying other options.

## Requirements?

Clients of the MAT program at CPH will need to **be actively participating** in our Treatment program. You will be referred (if you wish to be) to the MAT program at the time of your assessment (performed by one of our licensed counselors).

No insurance? No problem! MAT Services here at CPH are offered for free for our **active clients** who qualify.

If you have any questions or concerns, please call our **MAT office at (614) 645-0479** and we will be happy to assist you.

\*Hours of the APRN MAT availability are subject to change.