GENERAL DIRECTIONS FOR CLEANING & DISINFECTING

• Soak contaminated surfaces, as directed
• Disinfect bathrooms, diaper areas, and food preparation surfaces daily
• Disinfect toys, tabletops, and high chairs more frequently than usual (at least twice daily)
• Dishwasher-safe toys can be disinfected in a commercial dishwasher that has a dry cycle or a final rinse that exceeds 115°F for 20 minutes or 122°F for 5 minutes or 162°F for 1 minute
• Cloth toys may be washed and heat-dried for 30 minutes on the highest clothes dryer heat setting

CLEANING & DISINFECTING FOR SHIGELLOSIS

Shigella can be cleaned with routine cleaning agents (marked “disinfectant”) or a bleach solution.

To prepare a bleach solution:
1. Mix ¼ cup bleach to 1 gallon water (or 1 tablespoon of bleach to 1 quart water).
2. Mix well.
3. Mix the solution daily; discard after 24 hours.
4. Keep in a dark bottle or a dark place since light deactivates the bleach and label the container.

Directions for cleaning:
1. Remove as much organic material as possible.
2. Clean with soap and water; let dry.

Directions for disinfecting:
1. Soak contaminated surfaces with bleach solution or disinfectant for 2 minutes.