Upset stomach?
It may be more than that.

Columbus is having an outbreak of Shigella, a germ that causes a diarrhea illness that can lead to dehydration and hospitalization. It spreads easily and is most common among 2 – 4 year olds who are not fully toilet-trained, their family members, child care providers and playmates.

What To Look For
• Diarrhea
• Fever
• Stomach Cramps
• Nausea or Vomiting

What You Can Do To Stop It
• Wash hands often, especially after going to the bathroom or changing diapers, before eating and before making food or drinks.
• Stay home when sick.
• See a medical provider for testing and diagnosis.

Learn More
• www.publichealth.columbus.gov