Why you need a DOCTOR

Your primary care doctor is your partner in helping you get and stay healthy.

A doctor helps with:

**Preventative Care**
- You don’t have to be sick to see a doctor! Your doctor follows preventative care screens that are guided by your age.
- This helps you make lifestyle changes now to do your part in avoiding health conditions.

**Early Diagnosis of Health Conditions**
- Doctors will help identify risk factors or signs of health conditions early before they become worse or even possibly life threatening.
- Many health issues are not detectible until it’s too late- this means you might feel fine.
- Early diagnosis is important for conditions like diabetes, hypertension, and cancer.

**Maintaining Your Health**
- Treatment of illnesses you currently have.
- Help with mapping out next steps in your treatment including working with specialists.

You can find lists of local healthcare resources and healthcare providers on our website at [www.publichealth.columbus.gov](http://www.publichealth.columbus.gov) or call 645-6450 and ask for the information to be mailed to you.