

BROAD STREET FOOD PANTRY



Walking is a great way to keep your body at a healthy weight! Physical activity is important for good health and can prevent or reduce obesity. The US Surgeon General recommends 60 minutes of physical activity for children and 30 minutes for adults, each day.

PEDESTRIAN AND BIKE SAFETY

- Bicycles should ride in the direction of traffic.
- Bicyclist over 10 years old should ride on the street and not on sidewalks. Bicyclists have the same rights and responsibilities as motorists.
- All bicyclists should wear a helmet and children under the age 18 are required to wear a helmet.
- Pedestrians (people walking) should walk on sidewalks or walk facing traffic.
- Pedestrians should cross the street at traffic signals, crosswalks or at an intersection.
- At an intersection with a pedestrian signal, cross the street when the signal shows "WALK" or a symbol of a walking person. Wait if the sign shows or is flashing "DON'T WALK" or a symbol of an open hand.
- You are less visible in the dark and when wearing dark clothing, so be extra careful!

IMPORTANT CONTACT INFORMATION

- Broad Street Food Pantry: 614-221-6552
- Complaint for dangerous or rabid animal: 614-645-6134
- For more information about walking map: 614-645-1260
- All other concerns about streets, sidewalks, safety, or housing: 614-645-3111

HEALTHY PLACES PROGRAM

