Background
The Columbus CARE (Community, Action, Resilience, Empowerment) Coalition is comprised of a variety of partners and stakeholders who have a common mission to support trauma informed and responsive work in Columbus. Formed in 2016, CARE has become part of Mayor Ginther’s Comprehensive Neighborhood Safety Strategy and works to build an infrastructure for rapid response to trauma and to increase capacity for resilience. The CARE Coalition developed and administered a community survey in its pilot neighborhoods of Hilltop and Linden to inform its ongoing and future work.

Survey Objectives
• Establish baseline metrics of residents’ perceptions of crime, safety, trauma, trust, and personal resilience.
• Fill a crucial data gap to better understand the needs of these neighborhoods and implement interventions that treat trauma and violence as local public health issues.
• Inform and guide CARE Coalition activities and programs in Hilltop and Linden.

Survey Methods
• CARE staff and coalition members reviewed literature of existing approaches and instruments for measuring trauma and resilience at the local level. The final survey tool included both newly developed questions and those adapted from existing instruments.
• Respondents were recruited using convenience and snowball sampling, with trained surveyors administering the survey at community events and popular local venues from July-October 2018.
• Surveys were collected in person with informed consent. Incentives were not given and no identifying information was collected. Survey results were confidential.
• Adults (age 18+) residing in Hilltop (ZIP codes: 43204, 43222, 43223, 43228) and Linden (ZIP codes: 43201, 43202, 43211, 43214, 43219, 43224, 43229, 43231) were eligible.

Respondent Demographics
Total number of respondents - 305
Hilltop - 154 respondents
• 50% of respondents resided in the primary ZIP code (43204).
• 48% of respondents were female.
• 35% of respondents were Black/African American.
• 21% of respondents had less than a high school education.
• 84% of respondents had an annual household income below $40,000.

Linden - 151 respondents
• 78% of respondents resided in the primary ZIP codes (43211, 43224).
• 75% of respondents were female.
• 76% of respondents were Black/African American.
• 16% of respondents had less than a high school education.
• 63% of Linden respondents had an annual household income below $40,000.
Survey Highlights

Trust in Community Groups

Respondents living in Hilltop and Linden place the most trust in individuals from their places of worship and in healthcare professionals.

- Continued partnerships with religious and healthcare organizations are essential to the future success of CARE.

Dealing with Crime

Linden respondents felt police were best suited to deal with crime in their neighborhood, while Hilltop respondents felt that community residents were best suited.

- CARE must consider each neighborhood’s unique values when implementing trauma-responsive initiatives.

Trauma & Resilience

The majority of respondents from both Linden and Hilltop reported normal resilience. A greater percentage of respondents living in Hilltop had low resilience, despite similar experiences with trauma among respondents from each neighborhood.

- Survey results reaffirmed the need for the CARE Coalition to provide services that build resilience.

“Somewhat” or “A Lot” of Trust in Community Groups

<table>
<thead>
<tr>
<th>People in your neighborhood</th>
<th>People at your church or place of worship</th>
<th>Police in your local community</th>
<th>Local government</th>
<th>Healthcare professionals</th>
<th>Community social service providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hilltop</td>
<td>65.3%</td>
<td>64.4%</td>
<td>44.0%</td>
<td>34.0%</td>
<td>65.5%</td>
</tr>
<tr>
<td>Linden</td>
<td>66.1%</td>
<td>67.9%</td>
<td>45.0%</td>
<td>34.0%</td>
<td>84.1%</td>
</tr>
</tbody>
</table>

Trauma Among Respondents

<table>
<thead>
<tr>
<th>Percent of respondents who:</th>
<th>All</th>
<th>Hilltop</th>
<th>Linden</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have ever experienced trauma</td>
<td>78.5%</td>
<td>78.8%</td>
<td>78.2%</td>
</tr>
<tr>
<td>Of those who have experienced trauma:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Experienced trauma as a child</td>
<td>70.9%</td>
<td>70.0%</td>
<td>72.0%</td>
</tr>
<tr>
<td>Experienced trauma within the past year</td>
<td>32.5%</td>
<td>44.5%</td>
<td>20.3%</td>
</tr>
</tbody>
</table>

Resilience

<table>
<thead>
<tr>
<th>Brief Resilience Scale Scores (BRS)</th>
<th>All</th>
<th>Hilltop</th>
<th>Linden</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean Score</td>
<td>3.5</td>
<td>3.3</td>
<td>3.7</td>
</tr>
<tr>
<td>Median Score</td>
<td>3.7</td>
<td>3.3</td>
<td>3.8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Brief Resilience Scale Categories</th>
<th>Low Resilience (&lt;3.0)</th>
<th>Normal Resilience (3.0-4.3)</th>
<th>High Resilience (4.3+)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent</td>
<td>18.9%</td>
<td>65.9%</td>
<td>15.2%</td>
</tr>
<tr>
<td>Percentage of respondents</td>
<td>28.0%</td>
<td>57.3%</td>
<td>14.7%</td>
</tr>
<tr>
<td>Population segment</td>
<td>9.6%</td>
<td>74.7%</td>
<td>15.8%</td>
</tr>
</tbody>
</table>

Interpreting the Scale: BRS scores range from 1 (low resilience) to 5 (high resilience). Studies to validate the BRS found that when given to a large, psychologically diverse population, the average resilience score was 3.7.3

Notes:
- When considering the above survey results, it is important to note that the data reflect the views only of those who responded to the survey, not all residents of the pilot neighborhoods.
- The Ohio Department of Health Institutional Review Board and the Columbus Public Health Research Review Committee approved the study.

Sources/Definitions:
1. Convenience and snowball sampling involve recruiting respondents who are easily accessible to surveyors, i.e. through their social networks or at highly-trafficked community venues.
2. Trauma was defined as a deeply distressing or disturbing experience.
4. Scores were calculated only for respondents who answered all six of the scale’s questions.