

COLUMBUS AQUATICS CENTER



1160 HUNTER AVENUE, COLUMBUS, OHIO 43201 | 614-645-6122
<http://columbus.gov/Aquatics>

OPEN SWIM SCHEDULE

| | |
|----------------|--------------|
| Tuesday | 12 - 3:30 PM |
| Wednesday | 12 - 3:30 PM |
| Thursday | 12 - 3:30 PM |
| Friday Morning | 9 AM - 12 PM |
| Friday Evening | 7 - 9:30 PM |
| Saturday | 2 - 5 PM |

REQUIREMENTS

Anyone 6 years and older must have a leisure card, which can be purchased for \$1.

DAILY ADMISSION: \$1 per person | **ANNUAL ADMISSION:** Adults under 50 - \$20
Adults over 50 - \$15, Family of 4 - \$45

NOTICE

Beginning October 29, open swim will end at 3:30p.m., to accommodate Centennial High School Swimming and Diving Team practice.



THE CITY OF
COLUMBUS
RECREATION AND PARKS

SESSION INFORMATION

| | | |
|-------------------------------|------------------------------|--|
| Winter 1 Registration: Dec. 2 | Saturdays Jan. 4 – Feb. 8 | Tuesdays & Thursdays Jan. 7 – Jan. 30 |
| Winter 2 Registration: Jan. 6 | Feb 15 – Mar. 21 | Feb. 4 – Feb. 27 |
| Winter 3 Registration: Feb. 3 | See Spring 1 | Mar. 3 – Mar. 26 |
| Spring 1 Registration: Mar. 2 | Mar. 28 – May 9 | Mar. 31 – Apr. 30 |

SWIMMING LESSONS

Columbus Recreation and Parks Department offers affordable swimming lessons taught by American Red Cross Water Safety Instructors. All classes are 40 minutes, with the exception of Infant Toddler Lessons which are 30 minutes.

Class Fees: \$40 for residents and \$50 for non-residents. | PLAY scholarships are available to help cover \$20 in fees for those who demonstrate financial need by producing: Copy of Medicaid/Care Source/Molina Health card or copy of ADC/OWF card.



| AGE RANGE | SATURDAY MORNING | TUESDAY & THURSDAY |
|--|-------------------------------------|--|
| Infant & Toddler 6 months – 3 years | 9:30 AM, 10:10 AM, 12:25 PM | 10:30 AM |
| Pre-School 3-5 years | 10 AM, 10:45 AM, 11:30 AM, 12:15 PM | 10:15 AM, 2:30 PM, 4:30 PM, 5:15 PM |
| School Age 6-14 years | 10 AM, 10:45 AM, 11:30 AM, 12:15 PM | 5:15 PM |
| Adult (15 years & Up) | 1 PM | 11:15 AM, Tuesdays Only Winter 1: Jan. 7 – Feb. 11 Winter 2: Feb. 18 – Mar. 24 |

WATER AEROBICS

The water offers a unique workout environment that is low impact but also high resistance making it an excellent option for a variety of fitness needs including therapeutic, strength and flexibility.

We offer a variety of affordable fitness programs which fall under three main categories: **Water Aerobics Programs, Adult Lap Swimming** and **Youth Lap Swimming and Diving.**



| PROGRAMS | DESCRIPTION | SCHEDULE/FEE |
|--|--|--|
| Morning Adult Dates: Jan. 7 - Mar. 13 | Medium intensity for all areas of the body. Class begins at 15 after the hour and runs for 45 minutes. | Tuesday, Thursday & Friday: 9 - 10 AM Fee: \$25 Resident, \$30 Non-resident, \$3 Drop-in |
| Evening Adult Dates: Jan. 7 - Mar. 12 | | Tuesday & Thursday: 6 - 7 PM Fee: \$25 Resident, \$30 Non-resident, \$3 Drop-in |
| <hr/> 50+ Water Aerobics Session 3: Jan. 6 - Feb. 19 Session 4: Feb. 24 - Apr. 1 | <hr/> Low resistance, low impact program that stretches all areas of the body. Registration required on the day of class. | <hr/> Monday & Wednesday: 10 - 11 AM Fee: \$25 per session, or \$3 Drop-in |
| <hr/> Deep Water Aerobics Monday Session 1: Jan. 6 - Mar. 23 No class on Jan 20, 2020 MLK Jr. Holiday No class on Feb 17, 2020 President's Day Holiday | <hr/> Deep water exercises in the diving well. This aerobics class is a high resistance, high effort program that stretches and works all areas of the body. | <hr/> Mondays: 11 AM - 12 PM Fee: \$25 Resident or \$30 Non-resident \$3 Drop-in |
| <hr/> Deep Water Aerobics Wednesday Session 1: Jan. 8 - Mar. 11 | | <hr/> Wednesdays: 11 AM - 12 PM Fee: \$25 Resident or \$30 Non-resident \$3 Drop-in |

LAP SWIMMING PROGRAMS

| PROGRAMS | DESCRIPTION | SCHEDULE/FEE |
|---|--|---|
| Morning Masters Swim Dates: Jan. 7 – Mar. 12 | Masters are for earlier risers or after work lap swimmers who are looking to get in some yardage. Follow one of the workouts provided or make your own. This program is geared towards all levels of fitness lap swimmers. | Tuesdays & Thursdays: 6:30 – 10 AM Fee: \$40 Resident or \$50 Non-resident |
| Evening Masters Swim Dates: Jan. 8 – Mar. 13 | | Wednesdays & Fridays: 6 – 7 PM Fee: \$40 Resident or \$50 Non-resident |
| Stroke Clinic (Ages: 6-18) Dates: Jan. 8 – Mar. 13 | This class is for competitive swimmers who want to stay in shape or improve stroke technique. Participants must be able to demonstrate skills equivalent to Level 4 of the Red Cross Learn-to-Swim Program. | Wednesdays & Fridays 5 – 6 PM Fee: \$40 Resident, or \$50 Non-resident |
| Beginner Diving Clinic (Ages: 8-18) Dates: | Learn the basics of springboard diving. Participants must be able to tread water for 1 minutes, swim 25 yards and swim in deep water. | Tuesdays & Thursdays: 6:15 - 7 PM Fee: \$40 resident, or \$50 Non-resident |
| Intermediate Diving Clinic Dates: | Learn fundamentals of basic and competitive diving, and advanced positions including reverse, inward and twist dives. | Wednesdays & Fridays: 6:15 – 7 PM Fee: \$40 resident, or \$50 Non-resident |

IMPORTANT DATES

Thursday & Friday, Nov. 28-29 | Thanksgiving – Facility closed
Saturday, Nov. 30 | No lessons. Open swim from 2-5 PM
Monday, Dec. 2 | Winter 1 registration begins (January 2020 lessons & programs)
Tuesday & Wednesday, Dec. 24-25 | Christmas holiday – Facility closed
Tuesday & Wednesday, Dec. 31-Jan. 1, 2020 | New Year’s Holiday – Facility closed
Monday, Jan. 6 | Winter 2 registration begins (February 2020 lessons)
Friday, Jan. 17 | Closed 7pm-9:30pm Open Swim for GHHS Swim Meet
Monday, Jan. 20 | Closed for Martin Luther King Jr. Holiday
Saturday, Feb 1 | No Open Swim closed for CCS Swimming & Diving Championship
Monday, Feb. 3 | Winter 3 registration begins (Early March 2020 Tu/Th lessons)
Monday, Feb. 17 | Closed for President’s Day Holiday
Monday, Mar. 2 | Spring 1 registration begins (Mar./April 2020 lessons & programs)
Monday, Apr. 6 | Spring 2 registration begins (May 2020 Tu/Th lessons)
Saturday, Apr. 11| Spring Egg Dive: Ages 3-17, starting at 2pm. Open Swim will follow.