CARRIAGE PLACE RECREATION CENTER YOUTH SOCCER LEAGUES GUIDELINES, REGULATIONS, RULES

THE CITY OF COLUMBUS
MICHAEL B. COLEMAN, MAYOR
RECREATION AND PARKS DEPARTMENT

All leagues are designed with 3 goals: For the players to have fun, learn, and want to continue playing the sport. With this in mind, our guidelines, regulations, & rules are geared to achieve these goals. All participants (players, coaches, spectators) are fully expected to play within the guidelines, regulations, & rules set. This is a recreational soccer league, so please respect each other and your opponent and let the players play!

Spectator Guidelines:

A. All spectators must remain in the designated seating area, away from the goals and the players' side of the field.
B. Please DO NOT coach from the sideline. It can be confusing for the children when hearing instructions from both sides of the field.
C. Please refrain from yelling comments at the officials. The officials are in place for the children's safety and to help develop the game.
D. All participants (players, coaches, spectators) are expected to show good sportsmanship at all times. Negative comments directed at any participant will not be tolerated and the offender may be asked to leave the field/park if this is not followed!
E. There is no smoking allowed on or near the fields of play!

Player Equipment Guidelines:

A. All players must have shin guards on during games. Shin guards are to be worn underneath the socks.
B. All players must have their jerseys tucked in (best as possible due to uniform and/or child size) and shorts pulled to waist high.
C. Cleats are optional but recommended. Cleats must be soccer cleats, not base-ball or football cleats.
D. Players will not be allowed to wear jewelry at any time while on the field. This **includes** beads or beaded jewelry in the hair. Players may wear only soft, cloth-like material to hold their hair up during warm-ups & games.
E. Players may wear a headband as long as it is made of soft, cloth-like material and is on their head only.
F. Players may wear sweatbands on their arms as long as they are at the elbow or higher.
G. Jackets or coats must be worn under the jersey. Hats and gloves are permitted in cold weather.

LEAGUE WIDE REGULATIONS

A. All players are required to play an equal amount of time per game. No player will be allowed to play more than 3 quarters per game unless there is a roster shortage game day.
B. There is no slide tackling.
C. There is no substituting a kicker in to take a penalty kick or corner kick.
D. Players must be rotated in their positions every game. If they played offense one quarter then they will play defense their next time up to play.
E. **6-7 yr. & 8-10 yr. League**: No player can score more than 2 goals per half. If a player has scored 2 goals in one half, they have to be moved to defense.
F. We do not keep score, however if you find that your scoring more goals than the opponent, It's imperative to pull those players back to defense and move others up front.
G. **6-7 yr. & 8-10 yr. League**: No player can be goalie for more than one half per game.
H. The clock will only stop for end of quarter/half, player injury.

I. There is no overtime.
J. In case of inclement weather, coaches will be notified at least 1 hour prior to their game. Coaches will need to contact their players to inform them of any cancellations or delays. It is up to the center staff to make these decisions and they will be made with safety as our number 1 priority!
K. **All officials' decisions are final.**

Roster Size and On-Field Play Format

4-5 YR. LEAGUE:
Roster size will be 10 maximum. Each game will be played 5-on-5 **NO GOALIE**!

6-7 YR. LEAGUE:
Roster size will be 14 maximum. Each game will be played 7-on-7 including the goalie.

8-10 YR. LEAGUE:
Roster size will be 14 maximum. Each game will be played 7-on-7 including the goalie.

Game Lengths and Ball Size

4-5 YR. LEAGUE
All games will be played in four (7) minute quarters with a 3 minute halftime. There will be a brief break of one minute in between quarters to switch up the team. **Ball size #3.**

6-7 YR. LEAGUE
All games will be played in four (8) minute quarters with a 3 minute halftime. There will be a brief break of one minute in between quarters to switch up the team. **Ball size #3.**

8-10 YR. LEAGUE
All games will be played in two 20-minute HALVES with a 3 minute halftime. **Ball size #4**

COACHES:
A. One coach per team in the 4-5 yr. league may be on the field during the game. However, please do not position yourselves in front of the goal, beside the goal or behind the goal. Try to stay out of the middle of game play as much as possible.
B. Coaches for the 6-7 and 8-10 yr. leagues must stay in their designated coaching areas and are not permitted on the field.

RULES OF THE GAME

4-5 YR. LEAGUE

A. No Goalie- Must keep at least 2 players back on defense. The 2 defenders cannot cross mid-field.
B. ONLY In-Direct Kicks (ball kicked must touch another player before it can go into the goal).
C. Opposing players must be at least 5 yards from the ball on goal kicks, kick-ins, corner kicks, and free kicks.
D. No off-sides.
E. No overtime, running clock (only stops for player injury).
F. No score is kept.
G. Coaches should develop a rotation system to give each player an equal amount of playing time. This also allows players the chance to play different positions throughout the game and season.

6-7 YR. LEAGUE

A. Defenders cannot cross mid-field.
B. ONLY In-Direct Kicks (ball kicked must touch another player before it can go into the goal).
C. Opposing players must be at least 5 yards from the ball on goal kicks, kick-ins, corner kicks, and free kicks.
D. Goalies may take as many steps as needed to clear the ball out of the goal box. They must release the ball while in the goal box.
E. No off-sides.
F. No overtime, running clock (only stops for player injury).
G. No score is kept.
H. Coaches should develop a rotation system to give each player an equal amount of playing time. This also allows players the chance to play different positions throughout the game and season.

8-10 YR. LEAGUE

A. Defenders cannot cross mid-field.
B. ONLY In-Direct Kicks (ball kicked must touch another player before it can go into the goal).
C. Opposing players must be at least 5 yards from the ball on goal kicks, kick-ins, corner kicks, and free kicks.
D. Goalies may take as many steps as needed to clear the ball out of the goal box. They must release the ball while in the goal box.
E. No off-sides.
F. No overtime, running clock (only stops for player injury).
G. No score is kept.
H. Coaches should develop a rotation system to give each player an equal amount of playing time. This also allows players the chance to play different positions throughout the game and season.

****REMEMBER THE REASON WE ARE HERE: THE KIDS! MAKE IT FUN FOR THEM AND YOU WILL HAVE AN OUTSTANDING SEASON! ****

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