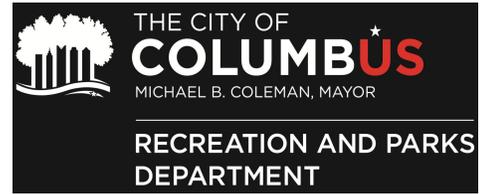


CARRIAGE PLACE RECREATION CENTER YOUTH BASKETBALL LEAGUES GUIDELINES, REGULATIONS, RULES



All leagues are designed with 3 goals: For the players to have fun, learn, and want to continue playing the sport. With this in mind, our guidelines, regulations, & rules are geared to achieve these goals. All participants (players, coaches, spectators) are fully expected to play within the guidelines, regulations, & rules set. This is a recreational basketball league, so please respect each other and your opponent and let the players play!

GUIDELINES

- A. All players must have their jerseys tucked in and shorts pulled to waist high.
- B. All players must have basketball shoes on during warm-up and games.
- C. All players must play in each game. Each league will have certain rules for this, please see below.
- D. All participants (players, coaches, spectators) are expected to show good sportsmanship at all times. Negative comments directed at any participant will not be tolerated and the offender may be asked to leave the gymnasium and/or building if this is not followed!

REGULATIONS

- A. Players will not be allowed to wear jewelry at any time while on the court (warm-ups & games).
- B. Players may wear a headband as long as it is made of soft, cloth-like material and is on their head. If at any time a player has a headband on his/her neck, they will be asked to put it on their head.
- C. Players cannot wear any other type of headgear. Players may wear only soft, cloth-like material to hold their hair up during warm-ups & games. No hard material will be allowed!
- D. Players may wear sweatbands on their arms as long as they are at the elbow or higher.
- E. Only the head coach may stand at anytime during a game. All others will be expected to stay seated during play.
- F. Only the head coach or his/her designee may speak to a referee about the game.

RULES

A. 6-7 YR. CO-ED LEAGUE:

1. All games will be played in four 6-minute quarters. The clock will stop in the last 30 seconds of each quarter, timeouts, player injury only!
2. All players are required to play 2 full quarters each game. In the event a team does not have 10 players, no player will be allowed to play more than 3 quarters per game.
3. There will be no substituting. The first 5 will play the 1st and 3rd quarters and the second 5 will play the 2nd and 4th quarters.
4. There will be no over-time in this league.
5. Each team will get two 60 second timeouts per half, no carry-over!
6. Defense: Man-to-Man only! No defense is to be played outside the 3-point arc. There is no double-teaming at anytime during the game.
7. Fast breaks are not allowed! Once the offensive team has the ball, it cannot be brought past half-court until all 5 defenders have crossed half-court.

B. 8-9 YR. CO-ED LEAGUE:

1. All games will be played in four 6-minute quarters. The clock will stop in the last 30 seconds of each quarter, timeouts, free throws, player injury only!
2. All players are required to play 2 full quarters each game. In the event a team does not have 10 players, no player will be allowed to play more than 3 quarters.
3. There will be no substituting. The first 5 will play the 1st and 3rd quarters and the second 5 will play the 2nd and 4th quarters.
4. There will be no over-time in this league.
5. Each team will get two 60-second timeouts per half, no carry-over!
6. Defense: Man-to-Man only! No defense is to be played until half court. Double-teams will be allowed in the lane area only!
7. Fast breaks are not allowed! Once the offensive team has the ball, it cannot be brought past half-court until all 5 defenders have crossed half-court. EXCEPTION: THE LAST 30 SECONDS OF THE GAME, FAST BREAKS AND FULL COURT PRESSING WILL BE ALLOWED!

C. 10-11 YR. CO-ED LEAGUE:

1. All games will be played four 7-minute quarters. The clock will stop in the last 30 seconds of each quarter, timeouts, free throws, player injury only!
2. All players are required to play 2 full quarters each game. In the event a team does not have 10 players, no player will be allowed to play more than 3 quarters.
3. There will be no substituting. The first 5 will play the 1st and 3rd quarters and the second 5 will play the 2nd and 4th quarters.
4. Overtime: One 3-minute overtime only. Clock operates like the last 3 minutes of regulation.

5. Each team will get two 60-second timeouts per half, no carry-over. Each team will receive one extra time-out for overtime.
6. Teams may play any defense they desire, with pressing allowed full court. Once a team is leading by 15 points or more, they may not press until half court.
7. Fast breaks are allowed.

D. GENERAL RULES:

1. All games will play under OHSAA rules unless noted above.
2. In the event of inclement weather, the Carriage Place Recreation Center has final say in whether games will be played. If in doubt, call you coach, as center staff will notify them with any cancellations.
3. Carriage Place and the Columbus Recreation & Parks Department is an equal opportunity provider!
4. **Remember, we are here for the children and them only! Please stay positive in your actions while at practice and games, and let them play!**

**Carriage Place Recreation Center
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www.columbusrecreparks.com

www.activenet.active.com/columbusrecreparks



THE CITY OF
COLUMBUS

MICHAEL B. COLEMAN, MAYOR

**RECREATION AND PARKS
DEPARTMENT**