



**Fall**  
**Session 2 2014**

**Monday**

8:00-9:30 Walking Group  
 9:00-12:00 Mosaics & Beading  
 9:00-12:00 Intro to Watercolors!  
 10:00-11:00 Beginner Line Dance  
 10:00-12:00 Computer for Beginners  
 11:00-12:00 Learn to Play Piano!!  
 12:00-12:45 Yoga w/Adam (toning)  
 1:00-3:00 Creative Sewing  
 1:00-3:30 Chair Volleyball  
 1:00-4:00 Woodworking!

**Tuesday**

8:00-9:30 Walking Group  
 9:00-9:30 Stand-Up Beach Volleyball  
 9:00-1:00 Quilting  
 10:00-12:00 Senior stretching & fitness!  
 10:00-11:00 Pickleball (indoor tennis)  
 11:00-12:00 Zumba (new)  
 11:00-1:00 Coffee & Watercolor  
 12:00-12:45 Tai-Chi for fun and fitness!  
 12:30-2:30 Progressive Euchre  
 12:30-3:00 Adult Basketball  
 1:00-2:30 Chorus  
 1:00-3:00 Ceramics  
 1:30-4:30 Sewing (50+)  
 4:45-5:45 Teenage weight lifting  
 5:00-6:30 Kids Fashion Club  
 5:30-8:00 Boxing  
 6:30-8:00 Cheer!  
 6:00-8:00 Basketball Practice  
 6:30-8:30 Family Ceramics

**Wednesday**

8:00-9:30 Walking Group  
 9:00-11:00 Express Yourself Painting  
 9:00-11:30 Canasta! & New Card Games  
 9:00-1:00 Service Circle  
 10:00-11:00 Clogging Practice  
 10:00-12:00 Computer for Beginners  
 11:30-12:00 Wii Jeopardy Challenge!  
 12:00-1:00 Belly Dancing Class  
 1:00-3:00 Knitting/Crocheting  
 1:00-2:00 Beginner Spanish/Tutorial  
 1:00-2:30 Crochet  
 2:00-3:00 Spanish Class (Continuing)  
 3:30-5:00 Seasonal Arts/Crafts  
 3:00-4:00 Theatre Class (Acting!!)  
 5:00-6:00 Indoor Soccer Practice  
 5:30-8:00 Boxing  
 6:00-7:30 Girl Scouts  
 6:00-8:00 Basketball Practice  
 6:00-8:00 Wrestling  
 6:30-8:30 Girls 3 on 3 League  
 7:00-8:30 Adult Fitness

**Thursday**

8:00-9:30 Walking Group  
 9:00-9:30 Stand Up Beach Volleyball  
 9:00-9:30 Dodge Diet Club!  
 9:30-10:00 Pickleball (indoor tennis)  
 10:00-10:50 Shuffleboard  
 10:00-12:00 Senior Stretching & Fitness!  
 11:00-12:00 Zumba (new)  
 11:00-12:00 Bingo  
 11:00-1:00 You sew fine!  
 12:00-1:00 Pokeno  
 1:00-2:30 Tripoley!!  
 1:00-3:00 Chair Volleyball  
 1:30-3:30 Painting & Poetry (New!)  
 4:45-5:45 Teenage Weight Lifting  
 5:00-6:30 Act-up Drama  
 5:30-8:00 Boxing  
 6:00-8:00 Basketball Practice  
 6:30-8:00 Cheer!

**Friday**

8:00-9:30 Walking Group  
 9:00-11:00 Recycle Art!  
 10:00-10:45 Yoga w/Adam (Easy stretch)  
 10:00-12:00 Ceramics  
 1:00-3:00 Woodworking (call for avail.)  
 1:00-2:30 Line Dance!  
 1:00-3:00 Mixed Media Arts  
 1:00-4:00 Sewing  
 3:30-5:00 Ceramics  
 5:30-8:00 Boxing  
 6:00-9:00 Basketball Games  
 6:30-8:00 Family Night Activities  
 7:00-8:30 Adult fitness



**Saturday**

8:00-10:00 Wrestling  
 10:00-12:00 Everything Fitness (Y/A)  
 10:00-12:00 Cheer!  
 10:00-1:00 Boxing  
 11:30-12:30 ASP Karate  
 12:00-4:00 Basketball Games  
 12:00-5:45 Pinochle  
 1:00-4:00 Tripoley

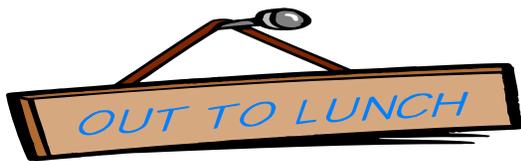


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## Dodge Memberships

**50+ Memberships:** For anyone over age 50, the prorated annual member fee is \$5 (You will receive monthly newsletters regarding upcoming events, trips, and programs at Dodge and other Columbus Rec. & Park 50+ centers)

**FALL HOLIDAY CLOSURES:  
NOV. 27TH - THANKSGIVING  
DECEMBER 25TH - CHRISTMAS**



Join us for lunch at our Canteen!  
Operating Hrs: Mon-Fri, 11:00-12:15  
(Tuesday 11:30-12:30)

### Dodge Boxing Program:

Available to students 8 years and up



#### Boxing Fees:

Adults (18 and older): \$35 per session

Professionals: \$50 per session

Anyone wishing to join Dodge's Boxing Team must pay a \$60 yearly fee.

Those under 18 must have coach supervision to access boxing & fitness rooms.

## Leisure Cards

The Columbus Recreation & Parks Department requires Leisure Cards be used to gain entry to facilities and to register for classes.

Cards are \$1 and are good for 1 year.



\*\*\*\*\* **Fitness Passes** \*\*\*\*\*

To use the fitness room you will need to purchase a fitness membership for each session. Session Fees: \$15

*50+ Members receive a discount rate of \$10 per session*



# Dodge Recreation Center

667 Sullivant Ave.

(614) 645-3176 or (614) 645-8151

[www.columbusrecparks.com](http://www.columbusrecparks.com)



**Fall II SESSION:**

**Nov 3rd-Dec 19th**

**(Registration Week: Oct. 27-31)**

**Hours of Operation:**

**Monday: 8am-4:45pm**

**Tuesday-Friday : 8am-8:45pm**

**Saturday: 9am-5:45pm**

**Winter Registration:**

**Jan 5th-Jan 10th**



