

Douglas Community Center

1250 Windsor Ave. Columbus, OH 43211
(614) 645-7407
Center Manager: Manuel Clarke



2016 Fall (1) Program Session
Registration: Begins August 29, 2016
Session: September 7 - October 22, 2016

Hours of Operation:

Sunday - Closed
Monday - Closed
Tuesday - 12:00pm to 9:00pm
Wednesday - 3:00pm to 9:00pm
Thursday - 12:00pm to 9:00pm
Friday - 12:00pm to 9:00pm
Saturday - 9:00am to 6:00pm

Visit Us:

WWW.COLUMBUSRECPARKS.COM

Register for classes:

[APM.ACTIVECOMMUNITIES.COM/
COLUMBUSRECPARKS](http://APM.ACTIVECOMMUNITIES.COM/COLUMBUSRECPARKS)



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT



This institute is an equal opportunity provider and employer.

TUESDAY

Time	Course #	Course	Age	Room	Cost
12:30p-8:30p	40849	Adult Weightlifting	18 & Up	Weight Room	
1:00p-2:00p	40578	Walking Club	18 & Up	Gym/ Malony Park	
3:30p-4:20p	40580	Homework Help	6-18	Computer Room	
4:30p-5:30p	XXXXX	FREE AFTERSCHOOL MEAL	6-18	Multi-Purpose Room	
5:30p-6:30p	40575	Basic Fitness/ Exercise	16 & Up	Multi-Purpose Room	
5:30p-8:30p	40572	Boxing	8 & Up	Boxing Room	
5:30p-6:30p	40573	Boxing (Kids) P.L.A.Y Grant Eligible	6-18	Boxing Room	\$20
5:40p-6:30p	40581	Arts & Crafts	6-12	Art Room	
6:30p-7:30p	40574	Teen Weightlifting	13-19	Weight Room	

WEDNESDAY

3:30p-8:30p	40849	Adult Weightlifting	18 & Up	Weight Room	
4:30p-6:20p	40689	Ceramics	8 & Up	Art Room	
4:30p-5:30p	XXXXX	FREE AFTERSCHOOL MEAL	6-18	Multi-Purpose Room	
5:30p-8:30p	40572	Boxing	8 & Up	Boxing Room	
6:00p-7:15p	40677	Double Dutch (Jump Rope)	6-12	Multi-Purpose Room	
6:00p-7:30p	40589	Girls R Us	7-17	Multi-Purpose Room	
6:30p-7:30p	40591	K.I.D.S. Soccer	5-6	Gym	
7:30p-8:30p	40592	K.I.D.S. Soccer	7-9	Gym	

THURSDAY

12:30p-8:30p	40849	Adult Weightlifting	18 & Up	Weight Room	
1:00p-2:00p	40578	Walking Club	18& Up	Gym/ Malony Park	
3:30p-4:30p	40576	Kids Elementary Fitness/ Exercise	6-12	Gym	
3:30p-4:20p	40580	Homework Help	6-18	Computer Room	
4:30p-5:30p	XXXXX	FREE AFTERSCHOOL MEAL	6-18	Multi-Purpose Room	
5:30p-6:30p	40575	Basic Fitness/ Exercise	16 & Up	Multi-Purpose Room	
5:30p-8:30p	40572	Boxing	8 & Up	Boxing Room	
5:30p-6:30p	40573	Boxing (Kids) P.L.A.Y Grant Eligible	6-18	Boxing Room	\$20
5:40p-6:30p	40581	Arts & Crafts	6-12	Art Room	
6:00p-7:30p	40589	Girls R US	7-17	Multi-Purpose Room	
6:30p-7:30p	40574	Teen Weightlifting	13-19	Weight Room	

FRIDAY

Time	Course #	Course	Age	Room	Cost
12:30p-8:30p	40849	Adult Weightlifting	18 & Up	Weight Room	
2:30p-3:30p	40585	Baby N Me	3-6	Multi-Purpose Room	
4:30p-5:30p	XXXXX	FREE AFTERSCHOOL MEAL	6-18	Multi-Purpose Room	
5:30p-8:30p	40572	Boxing	8 & Up	Boxing Room	

SATURDAY

9:15a-5:30p	40849	Adult Weightlifting	18 & Up	Weight Room	
9:15a-10:15a	40578	Walking Club	18 & Up	Gym/ Malony Park	
9:15a-12:00p	40678	Adult Open Gym Basketball	16 & Up	Gym	
9:00a-12:00p	40591	Soccer (Game Days, Exact times TBD)	5-6	3 Creeks Park	
9:00a-12:00p	40592	Soccer (Game Days, Exact times TBD)	7-9	3 Creeks Park	
12:30p-3:00p	40577	Adult Bicycle Club	16 & Up	Riding Trails TBD	
3:00p-5:45p	40572	Boxing	8 & Up	Boxing Room	
4:00p-4:30p	40570	(Pre K) Tae Kwon Do	3-10	Multi-Purpose Room	\$25
4:30p-5:00p	40571	Tae Kwon Do (Beginner)	12 & Up	Multi-Purpose Room	\$25

Douglas Community Recreation Center Staff

Manney Clarke– Center Manager

Wesley Russell–Recreation Supervisor

Destiny Wade– Recreation Leader

Vonzell Johnson– Head Boxing

ISA Instructors

Calvin Clark– Boxing Coach

Scott Green– Tai Kwon Do

CHA After School Meal Program

CHA After School Meal Program is a program that aims to enrich the lives of its participants by feeding them a wholesome meal.

Tuesday-Friday 4:30pm-5:30pm USDA is an equal opportunity provider

Hello
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Important Center Rules and Information

- ◆ To ensure the safety of all who enter Douglas Community Center, every participant must have a current leisure card/be entered into our ActiveNet system.
- ◆ All participants must sign in as they enter the building.
- ◆ Everyone must be enrolled in a program or class and actively be engaged in the activities for that program/class.
- ◆ No Loitering.
- ◆ Children 12 and under will be asked to leave at 6pm who need to walk home and are not enrolled in a program.
- ◆ All participants under the age of 18 years old are not permitted into the Fitness Center unless accompanied by a staff member or parent who has completed a Fitness Waiver.

P. L. A. Y. Grant Information

Private Leisure Assistance for Youth sponsors kids ages 17 and under from financially limited families. P.L.A.Y. can be used on any fee based class and pays up to \$20.00 for indoor season classes.

Leisure Card Policy

Everyone 6 and older MUST have a leisure card to participate and enter the facility. Cost is \$1.00

Additional rules while using Saint Stephens Comm. House

- ◆ All participants must have ID
- ◆ Ages 6 to 18 need a leisure card .
- ◆ 8 and up need a state ID or a valid drivers license. No Exceptions!

ATTENTION!!!!

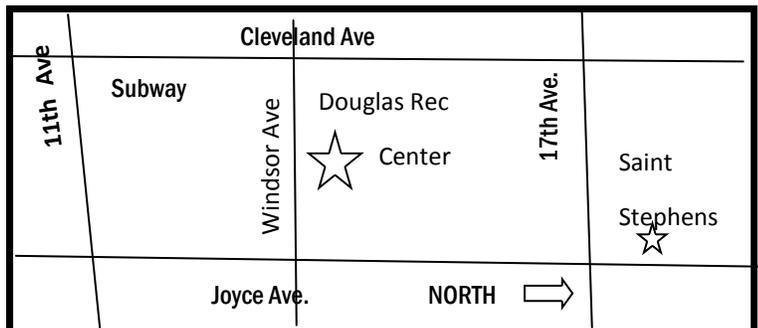
PLEASE HELP SPONSOR YOUR COLUMBUS, OHIO TOURNAMENT BOXERS. LULA PEARL BOXING HAS YOUNG BOXERS THAT NEED YOUR HELP SO THEY CAN COMPETE IN THE NATIONAL SILVER GLOVES TOURNAMENT, THE NATIONAL GOLDEN GLOVES TOURNAMENT, THE JUNIOR OLYMPICS, AND OTHER OUT OF STATE TOURNAMENTS.

DEMAND FERGUSON, AGE 16- OHIO STATE FAIR CHAMPION

EDUARDO DOMINGUEZ, AGE 16- SILVER GLOVES CHAMPION

EDGAR DOMINGUEZ, AGE 16- ARNOLD CLASSIC CHAMPION

JOAO COTA, AGE 11- CITY TOURNAMENT



Hello South Linden Area and neighbors.

Douglas Community Recreation Center is reopened and refreshed!

Stop by and engage in programming.

You are welcome to volunteer to help in a number of ways.

You can sponsor a participant, a program, or an event.

Please continue to support your community recreation Center.